

Dryandra Woodland (near Narrogin) Saturday July 20th 2013

Courses and Classes available (Distance noted is shortest possible ride)

Course 1: 20 km for

M21

Course 2: 14 km for

W21, M17-20, M40

Course 3: 12 km for

W17-20, W40, M16, M50.

Course 4: 8 km for

W14, W16, W50, W60, W70, M14, M60, M70



Mountain Bike Orienteering Long Championships

Dryandra Woodland (near Narrogin) Sunday July 21st 2013

Courses and Classes available (Distance noted is shortest possible ride)

Course 1: 33 km for

M21

Course 2: 24 km for

W21, M17-20, M40

Course 3: 19 km for

W17-20, W40, M16, M50.

Course 4: 14 km for

W14, W16, W50, W60, W70, M14, M60, M70

How age classes work:

Competitors are divided into classes according to sex, age, course length (and degree of difficulty). Women may compete in men's classes.

Competitors aged 20 or younger belong to each class up to the end of the calendar year in which they reach the given age. They are entitled to compete in older classes up to and including 21.

Competitors aged 21 or older belong to each class from the beginning of the calendar year in which they reach the given age. They are entitled to compete in younger classes down to and including 21.