



Multi Terrain Bike Orienteers

“Sensational Singles”, Redland Bay

Sunday 11th October, 2015



Special Rules for this Event

- Riding across ‘open land’ (yellow area symbol) is permitted for this event
- Mobile phones, including smartphones, may be carried for **emergency use only**. They must not be visible whilst riding and are obviously not to be used during the event for navigation. If in doubt about your device ask the Organiser.
- GPS enabled devices may be used during the event, provided they don’t display a map or breadcrumb trail. If in doubt about your device ask the Organiser.
- You can go under, through or over closed gates, shown as obstacles on the map.
- You cannot cross **any** fence line though, only at the marked gates.

Important Points

- Rego Opens @ 7:30am.

Score 2hr

- Registration closes at 08:10am.
- Briefing at Start area is at 08:15am. Carrying hydration is required to start.
- Map given 08:20am.
- Start at 08:30am. Finish time is 10:30am.

Recreational (1hr Score)

- Registration closes at 09:30am.
- Briefing is at the start area, at 09:35am. Carrying hydration is required to start.
- Map given at 09:40am.
- Start at 09:45am. Finish time is 10:45am.

Line Orienteering Courses

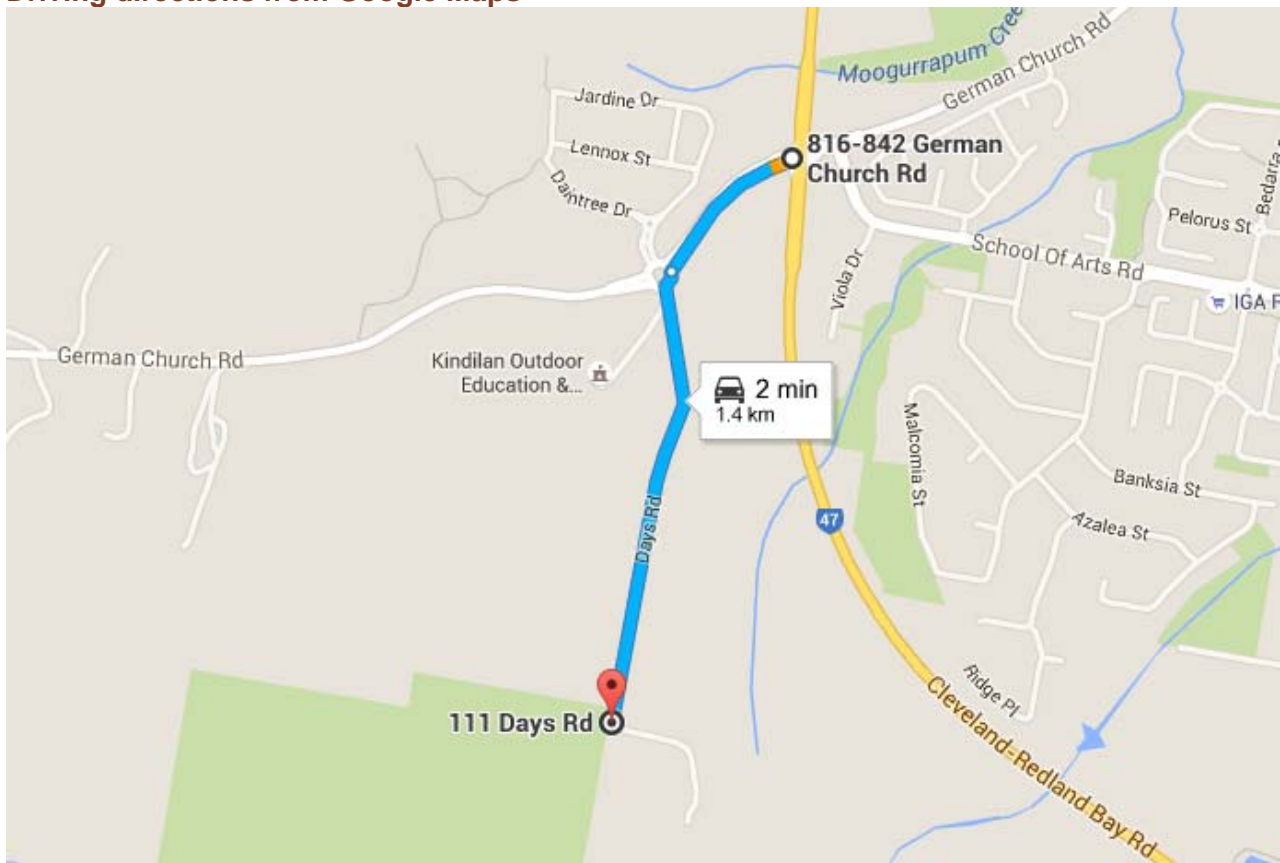
- You can START between 08:35am & 09:35am.
- Other events start either side of this start envelope.

DIRECTIONS

If using a GPS, enter 111 Days Road, Redland Bay, as your destination.

Else, Navigate to Cleveland-Redland Bay Road, and turn West on to German Church Road. After 400m take the first exit on to Days Road (dirt). Travel 1km to the end of Days Road.

Driving directions from Google Maps



PARKING

Please park **ONLY** on the Eastern side of Days Road (the side you drive in on). There are large trucks that require access to the Chook Farm at the end of Days Road 24/7. Hence the need to ensure there is a **clear thoroughfare** here at all times. There will be signs in trees on the Western side of Days Road to remind you.

REGISTRATION

The Registration tent will be open from **7:30am**.

All competitors are required to go to Registration to check in, make any outstanding payments. If you requested a hire SI stick, this will be issued at registration. For newcomers, basic instruction will also be available from club members at registration.

A small quantity of MTBO club map boards will also be available for hire at registration for \$5 (free for MTBO Club members). It makes a big difference to holding the map on your bike.

COURSES

Today's courses have been designed by Malcolm Brown.



Course	Controls	Distance	Climb	Classes
Recreational	20	1hr max		Recreational. Must return to the finish by 10.45am.
Score 2hr	26	2hr max		Score. Must return to the finish by 10:30am.
1	17	30.1km	760m	Men Open, Women Open Long, Open A
2	14	26.6km	660m	Women Open, Men 40-49, Men 17-20
3	10	21.8km	590m	Men 50-59, Women 40-49, Open B
4	10	19.4km	440m	Men 60-69, Women 50-59, Women 17-20
5	9	17.4km	340m	Men 70+, Women 60+, Men 14-16, Women 14-16, Open C

For the Recreational and Score class, there will be a number of controls on the map that may be visited in any order. The aim is to accumulate the maximum number of points and return within the given time limit by visiting the most controls. Each control has a different number of points.

Points values are in the brackets after the Control ID number e.g. 31(100)

For a rider to get maximum points they have to visit all of the 26 controls in the score or 20 controls in the recreational. In the event that more than one rider visits all the controls, the winner will be the rider that returns in the quickest time.

Ten (10) points will be deducted for each minute, or part of minute after the course finish time up to the time the rider punches a "Finish" control. Riders finishing more than 30 minutes after the course finish time will have all points deducted. There are no extra points for finishing before the finish time.

Lucky "Sensational Singles" got rescheduled as the Redland Track Park have been working very hard on upgrading tracks and paths for the Bayview Blast. So, all courses are bigger and better!

START

Ensure you have checked in at the registration desk before proceeding to the start area.

This event has multiple start windows.

1. Score 2hr starts at 8:30am.
2. Sequential start between 8:35am and 9:35am for all line orienteering courses.
3. Recreational (1hr score) starts at 9:45am.

If you miss the Mass start for the score courses, don't panic, we'll start you when you get there. However, the finish time does not alter.

MASS Start

To ensure the Score and Recreational courses start on-time, riders must be in the starting area at the times outlined in the "Important Points" section.

Riders within the starting area will be given a final briefing on the course and given the map (face down). Riders will be given 1 minute to peruse the map and attach it to their map board. The organiser will indicate when the start time has been reached and riders may then leave any time after that. There is no requirement to leave the area immediately. You may choose to spend 10 minutes deciding on which route to follow as long as you don't block other riders.

Riders registering/starting late may be required to wait until the start area has cleared before they will be allocated a map and can start.

There will not be a start control to punch as the computer has the start time registered for each rider. Following the start signal from the organiser, you can proceed to the control of your choice.

Tip: You can start the Score course after the Mass Start time. You just get a bit less time to complete it. You can go to as many controls as you like and then come back to the finish, before the course close time, if you like. i.e. if it gets hot/wet or a volcanic eruption occurs ;-)

NORMAL Starts

The classes in the Line Orienteering Courses do not have pre-allocated start times. You may start at any time between 8:35am and 9:35am.

Lanes will be set up with signage to match the course you've entered, to ensure you collect the correct map. Please ensure you're in the right lane. If you want to change course you must do it at rego not the start line, to ensure there is a spare map and your entry in the timing computer has been updated.

Two (2) minutes before your start time you will be called to move forward to start line. At one minute you can collect the map for your course and fix it to your map board etc. You can also start to read the map, while doing this. After the minute expires and at the GO signal, you must immediately punch the "START" control unit and must move away from the start area immediately, even if you want to look at your map some more before riding away, as there will be riders behind you wanting to start. Your timing starts from when you punch the "START" control unit.

Tip: we use a pre-recorded announcement to give you last minute warnings and safety instruction before you get your map, so listen carefully!

FINISH

Riders must punch a "Finish" SI control to end their event and record a finish time. After punching the finish control, proceed to the download desk to download your results and receive your time. Riders who finish more than 30 minutes after the official course closure time will be disqualified. Times will be posted as soon as possible after riders complete their course

For safety reasons, all riders must report to the finish and then the download tent to indicate they have returned safely, irrespective of what time they return, to avoid search and rescue procedures.

DO NOT GO HOME WITHOUT DOWNLOADING.

MAPS

All maps - Contours 5 m, size A3 **Map Scale:** 1:15,000

TERRAIN

Bayview Conservation Reserve has a network of fire trails and single tracks through native forest.

The majority of terrain is a mildly undulating area of natural bushland. It has a number of dirt tracks and single paths that are fairly hard-packed and dry. There are some challenging sections due to gradient and surface conditions. The tracks are shown with a rideability (speed) grading. Any 'Rough Open Land' areas can be ridden across. These areas are shaded in yellow on the map.

MAP NOTES

The position of the Start triangle on the map is where you receive your map.

As this a mountain bike park, many tracks have log rollovers. These have not been shown on the map due to the number of them.

Creek crossings on tracks and paths may have water that you are permitted to ride through.

Not all fences have been shown on the map. Any locked gates that you are permitted to cross have been shown on the map with the purple 'obstruction' symbol.

On this map, the tracks are shown with a rideability grading. This equates to the maximum speed of an elite rider in either direction.

Open land is shown as yellow shading. These areas can be ridden on.

Open land with scattered trees is shown on the map with a yellow dotted symbol. These areas can be ridden on.

All roads have been graded for their rideable speeds with this plant growth taken into consideration. Open land (yellow) areas marked on the map, are an allowable route choice for this event and will be rough and slow.

Areas of Native forest are shown as white areas on the map and are out of bounds and can't be ridden on.

Tracks and paths may have ruts and holes due to water damage. Ride to the conditions.

COURSE CLOSE

Score course closes at 10:30am. Penalty points apply after that time for each minute you're late after that.

Recreational course closes at 10:45am. Penalty points apply after that time for each minute you're late after that.

All other courses close at 12 noon.

If you have not finished your course at this time, you must abandon your course and return to the Finish and then the Download Desk.

FACILITIES

Victoria Point Scouts will be running a sausage sizzle, and selling soft-drinks. Please support them as they are trying to send some of their boys interstate in 2016. Sniff them out when you finish!

Port-a-loo will be available near the Registration/Download tent.









Please bring your own drinking water supplies for your ride.

OUT OF BOUNDS

These areas are marked on the map with a regular striped purple pattern. You are not to ride through any of these areas or on any road or track within the Forbidden Route symbol. See the Symbol legend below for examples. You must stay on marked tracks on the map and remain with your bike at all times. No shortcutting through the native bush area is allowed.

TRACK GRADING

The maps have been prepared to the IOF standard for MTBO maps with the exception that we are using the Australian 2 x 4 track grading system, briefly explained below. If you are unsure about the track grading system, study the map legends available at registration. If you have any questions, please ask of our helpers.

	fast	medium	slow	difficult
Bitumen road				
Dirt roads				
Dirt tracks				
Overgrown				

Fast – little or no restriction to the speed which a rider can attain. Generally these are tracks that would be suitable for a standard 2WD vehicle. Roads shown as a wide full line, and tracks as a narrower full line.

Medium – generally good riding with some reduction in speed and a requirement to keep an eye on where you are going to avoid obstacles such as potholes, rocks, ruts, sand, vegetation etc. Generally these are tracks that would be suitable for a light 4WD vehicle. Roads shown with a wide line and a long dash and tracks with a narrower line and a long dash.

Slow – sufficient obstacles to require the rider to pick lines to avoid obstacles. Consistently potholed, rocky, rutted, vegetated or sandy. Skilled, fit riders should be able to ride almost always. Less skilled and fit riders may have to dismount. Roads shown with a wide line and a short dash and tracks with a narrower line and short dash.

Difficult – a technical track/path which may require the rider to dismount. Skilled, fit riders may be able to ride without dismounting.

Overgrown – track existed at some earlier stage to a standard indicated by the black line symbol, but may be obscured by plant growth.

Map Protection:

You may decide to bring your own plastic map bag just in case it rains.

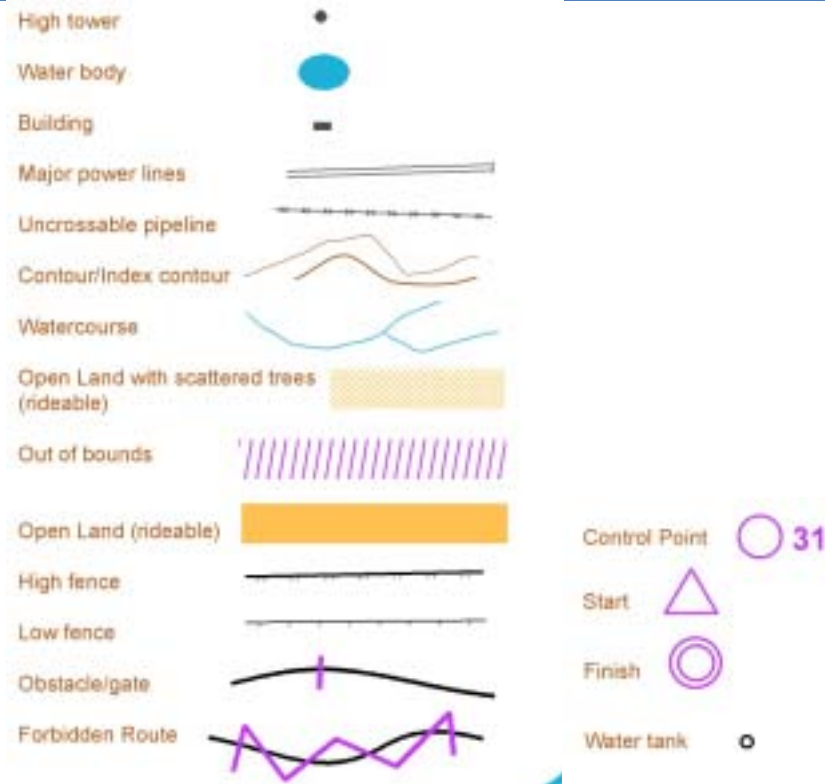
SAFETY WARNINGS

Hazards on this course may include: fence crossing points, creek crossings without bridges, fallen trees, washouts, potholes, termite mounds, rocks, long grass, log rollovers, and native wildlife. Please keep alert and ride to the conditions.

You must obey all road rules, and you are fully responsible for your own safety.

Mobile phone coverage in the area is good. For life threatening situations call 000, otherwise call the mobile number on your map.

MAP SYMBOLS



WATER

There is a small water tank at the Assembly Area but should not be relied on to provide you with water. Please bring your own water supplies for during and after the event.

SAFETY

The emergency contact at the Assembly Area is Malcolm Brown 0400443642.

If you encounter an injured rider, you **MUST** abandon your course and render whatever assistance you can. Send another rider back to Registration for assistance, if possible. You will be permitted to re start from your last control preceding your abandonment. A first-aid kit will be available in the assembly area for emergencies. There will also be a trained first-aider in the assembly area.

RULES

http://www.mtbo.com.au/mtbo_rules.pdf

International Orienteering Federation MTBO rules shall apply to this event. These can be found on the MTBO Club page here:- [Rules](#) All competitors are urged to read and understand these rules. Some key items include:

- All competitors must wear bike helmets.
- Competitors must stay on the tracks marked on the competition map. If terrain or road conditions force the rider to dismount, they must carry the bike on a marked track. No off-road shortcuts through the bush are permitted.
- Competitors in age based classes must visit the control sites **in sequential order**. Check the control number on the marker is the same as the one on your map before punching.
- Competitors must not become separated from their bike during a competition, unless through injury or mechanical failure.
- Courtesy and sensible behaviour are expected when mountain bike riders encounter walkers, runners, horseback riders, land-owners, forestry workers, or logging vehicles during an event.
- Competitors and officials must avoid disturbing local flora, fauna and stock at the event and respect the local environment.
- Practice and observe the rules of the road – keep to the left on roads and tracks.
- Approach all track/road crossings, corners and hillcrests with caution.
- Ride defensively and in control at all times.
- Give way to faster riders wishing to pass on narrow tracks
- Riders going downhill should give way to riders going uphill
- Calling out to other riders, sharing information about control locations, or seeking assistance with regards to your location, will bring instant disqualification. If you see or hear any of this behaviour, report this to the organiser.
- Give assistance to injured competitors on the course. Organisers may give a restart or organiser points for the rider who gave assistance.

EVENT TIMING

This event will be using the SPORTident Electronic timing system. SI sticks are hired for a small fee. Lost hire sticks will incur a replacement charge of \$40.00.

Control Stands and Flags:

Orange and white control flags will be suspended from pickets with a SPORTident unit and manual punch device. The control identification number will be the SportIdent unit on the top of the stand. This will match up with the control number on the map.

Clear & Check:

It is important to remember to “clear” and “check” your SI stick prior to each event, to delete previous event information stored on it. Special “Clear” and “Check” units will be positioned in the pre-start area of each event. It is the competitor’s responsibility to ensure that they have the correct SPORTident stick and that it is cleared of previous race data before they start. If you do not clear your SI stick it may not have enough memory to record all you controls.

SI use on the Course:

If a SPORTident unit at a control malfunctions and does not “beep” or “flash” when the stick is inserted, the competitor must use the punch at the control to mark one of the boxes printed on the plastic strip distributed to all competitors. If you lose your strip, punch on the map instead. Failure to do this will result in a DNF (Did Not Finish) being recorded. If you need to use a punch at any control, please advise the Finish officials as they will need to take your strip or map at the completion of your course, to confirm that you have completed the course. If the SI stick can’t be found any controls it contained can’t be confirmed and no points will be awarded.

PROTESTS

Complaints must be lodged within 15 minutes of the last finisher in any class. Complaints must be made in the first instance verbally with the Event Organiser via the Registration Desk. The Organiser will assess the complaint and make a ruling. If the complainant is still dissatisfied, they may lodge a formal written protest with the Registration Desk. The Event Advisor will then appoint a three person jury to assess the complaint. The Event Advisor will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final.

REGO PLATES

Don't cop a fine on the way to the event by obstructing your rego plate like this guy...



Either relocate your existing one so it can be seen or buy an 'accessory' plate...
<http://www.ppq.com.au/infohub/plateinformation/accessoryplates.aspx>



EVENT RESULTS

Placings, Split Times and Replays will be available on the MTBO Club website and Eventor shortly after the event... www.mtbo.com.au

GPS TRACKING

Why not enhance your experience by tracking yourself around the course using your smartphone or GPS and then uploading the route to Eventor and replay it against others in your class at TheBeatenTrack.org

Simply record your ride from the start line to the finish, either using your GPS device or smartphone app (Strava or My Tracks recommended) and upload the file against your result in Eventor. The MTBO Club Results page will then have a link to TheBeatenTrack which will overlay your ride onto your course map to show a replay of your route against any other that get uploaded. Check out this sample - <http://thebeatentrack.org/map.php?id=2330>

QLD MTBO STATE SERIES POINTS

For all the details of the series visit the [series page](#).

TIP: State Series Points are published on the MTBO Club Results page - www.mtbo.com.au

Anything Else? Contact Craig Steffens 0418871193.