

## **EVENT INFORMATION**

**EVENT:** WA Long Distance MTB Orienteering Championships

Dwellingup

DATE: Sunday 18 August, 2024

ENTRY DETAILS: PRE-ENTRY REQUIRED FOR CHAMPIONSHIP CLASSES

ENTRIES CLOSE Thursday 15 August at 23:59 WST

Enter on the day available for non-championship classes, 9:00-10:30 am

**START TIMES:** 9.30 – 10.30 AM. Championship classes will have allocated start

times. Other courses starts from 10am.

COURSES CLOSE: 1:00 PM

You need to be back at the assembly area by this time, whether or not

you complete the course.

LOCATION: Marinup Park, south side of Banksiadale Rd, Dwellingup

COURSE SETTER: Veronika Kubinova

ORGANISER: Duncan Sullivan 0418907613

### **COURSES AVAILABLE:**

COURSE	Approx LENGTH	Classes
1	33 km	M21
2	24 km	W21, M20, M40, M50
3	21 km	W20, W40, W50, M60, M16 Long (non-championship)
4	15 km	W16, W60, W70, M70
5	11 km	M14, W14 Short (non-Championship)
Score	90 MIN	NON-CHAMPIONSHIP

# **TERRAIN:**

Flat to undulating Jarrah/Marri forest and bauxite mining revegetation, mostly fast to medium gravel roads, and fast to medium mountain bike single tracks of easy to moderate difficulty. A few less distinct old vehicle tracks with reduced speed due to forest debris and somewhat overgrown undergrowth. Area includes an old golf course, the fairway surface is firm with low grass providing fast to medium riding

# MAP

- MARRINUP 1;15 000, 5m contours, A3 paper course 1 and 2, score, other courses approx. 30x30
- Updated to ISMTBOM 2022v3 standards.
- Fieldwork and drawing Duncan Sullivan 2016-2024. Original map 'Cart Before the Horse?' 2016 Australian Middle-Distance Championships.







START: ?

approx. 200 m from assembly area across Del Park Road. From 0930. Start interval 2 minute.

#### **START PROCEDURE:**

- Arrive at the start at least 6 minutes before your start time.
- Clear and Check your SI unit prior to entering the start.
- -3 minutes: Name check, SI clear and check.
- -2 minutes: Move forward to map table. Each course map will be upside down in a tray
  with the course number on the tray. Ensure that you line up next to the
  correct map tray. Final instructions (if any).
- -1 minutes: Pick up your map, fix to map board and prepare to start. It is the athlete's responsibility to collect the correct map.
- 0 minutes: Start from stationary position, one foot on ground. If you need more time to plan your route to the first control, move away from the start tent to the edge of the track so later riders can pass.

### **COURSE NOTES:**

- Course s1 and 2 will cross Pinjarra Williams Road near the township early in the course
- Courses 1 and 2 will cross the railway. Only cross at mapped crossing points, marked in the
  terrain with tape only where there is no track across the railway. Crossing will likely require
  dismount except where a track crossing is present. The tourist train departs Dwellingup at
  10.30 heading west through the map.
- All courses cross Del Park Rd in the latter portion of the course, take care.
- Apart from the Score course, all courses are line courses. You must visit controls in the order specified on the map.
- You must ride on mapped roads and tracks, or areas mapped as rideable with the symbols below ONLY. Riding through forest is otherwise prohibited

open land riding permitted forest riding permitted rough open permitted



# **PUNCHING**

All courses will use SI Air controls

#### **FACILITIES**

Public toilets, showers and Café nearby on the south side of the railway. Other Cafes, shop, hotel in town, and wineries nearby

# **BRING**

Mountain bike preferred (other types allowed), helmet, water bottle or hydration pack, tools spares. SI Air tag and map board if you have, or they can be borrowed for the event.



