

# **ACT Middle Distance Championships**

### Saturday 24<sup>th</sup> August 2024

## 2024 ACT League #11 2024 NSW State League #14

Location: Wild Deer Sands (Birkenburn)

**Directions:** From the centre of Bungendore head east on the Kings Highway for 12 km. Entry to the property is on the north side at the crest of a rise, signposted with 'KIA-ORA STUD WAGYU'. If travelling from Braidwood towards Bungendore take extra care turning across the east bound traffic lane into the property. You might find it easier to continue west past the turnoff and find a safer place to turn around and head back in the easterly direction.

Once inside the property follow the dirt farm track north for about 3 km and close any gates that you open. Please respect the biosecurity in place – do not enter any of the farm paddocks. As you get closer to the event area there will be signs for the assembly and parking.

When leaving the property, take extra care turning onto the Kings Highway. It is safer to turn left towards Braidwood and then find a safe place to turn around to head back towards Bungendore.

**Emergency Contacts:** All competitors are to ensure that their Emergency Contact details are correctly recorded in Eventor.

Restrictions: NO PETS

**Assembly & Parking:** The assembly is in the middle of the competition area. Parking will be on the track just beyond the assembly area. The assembly area will be the same for both days.

**Toilets:** Portaloo toilets will be provided on the track adjacent to the Assembly Area.

**Out of Bounds:** The bush areas surrounding the assembly area and parking are out of bounds to all competitors.

Map: Wild Deer Sands 1:10000, 5m intervals. Map last updated in 2022.

**Water:** Water will be provided on the Hard and Moderate courses. Water will NOT be provided at the Start or at the Finish.

Whistles: It is mandatory for competitors to carry a whistle.

**Starts:** Queuing starts between 11:00am and 1.00pm. There are no allocated start times. The Start is 300m level walk from the assembly.

Start Procedure: 1 minute start interval.

-3 min: Enter Start box.
-2 min: Collect control descriptions.
-1 min: Move to map box.
Punch Start

Control Descriptions: Will be printed on the map and available separately.

**Electronic Punching:** SPORTident electronic punching system will be used. You must clear and check your SI card before starting. Clear/Check will be at the pre-Start. If an SI unit fails, punch in the reserve boxes on the map using the back-up punch on the control stand. Inform an official immediately upon finishing.

Finish: The Finish is in the Assembly area. You must punch the Finish control.

**Map Collection:** There will be no map collection. Don't show your map to other competitors until they have finished.

**Course Closure:** Courses close at 2.30pm. You MUST report to the finish by 2.30pm, whether you have finished your course or not.

**Safety Bearing:** North or south to the main track through the middle of the map then back to assembly.

**Results:** Will be posted to Eventor and the OACT website. One or two bar mobile phone coverage is available throughout most of the event area.

Presentations: Presentations will be held as soon as possible from 2.00pm.

**Catering:** There will be Blue Lightning catering at the event, providing cakes, soup, tea, coffee and soft-drinks. Please support our Juniors.

**Course Setter Notes:** The terrain is regrown eucalypt on old sand-mining, with numerous knolls, depressions, log piles and termite mounds. Careful navigation will be required. There are a few tracks on the map. Some are a little overgrown but visible. Since the last mapping vegetation is generally a bit heavier. A lot of the map is quite flat – so take care!

### **Courses/Classes:**

Course	Classes	Indicative Length	Climb	Difficulty
1	M21A, M20A, M35A, M40A	5.5	105	Hard
2	M45A, W21A, M16A	4.7	95	Hard
3	M50A, M55A, W20A, W35A, W40A, M20AS, M21AS	3.9	75	Hard
4	M60A, M65A, W16A, W45A, W50A, M35AS, W21AS	3.4	70	Hard
5	M70A, W55A, W60A, M45AS, W35AS	2.8	50	Hard
6	M75A, W65A, W70A, M55AS, M65AS, W20AS, W45AS, W55AS	2.5	35	Hard
7	M80A, M85A, M90A, M95A, W75A, W80A, W85A, W65AS	1.8	25	Hard
8	M14A, M Junior B, M Open B	3.4	80	Moderate
9	W14A, W Junior B, W Open B	2.9	55	Moderate
10	M12A, W12A, M/W Junior Easy, M/W Open Easy	2.7	45	Easy
11	M10A, W10A, M/W Junior Very Easy, M/W Open Very Easy, M/W10 Novice	1.9	25	Very Easy

#### Entry Fees: (GST included):

Adult Member (21 years and older)	\$30
Junior Member (20 years old and younger)	\$15
Sub-Junior (10 years and younger)	Free
Family Member – max paid per event	\$80
Adult Non-Member	\$40
Junior Non-Member	\$25
Sub-Junior (10 years and younger)	Free
Family Non-Member:	\$110

Family fees are based on the three most expensive entry fees in an eligible family; Eventor works this out.

Entry on the Day will not be available. Enter here: eventor.orienteering.asn.au/Events/Show/19549

Entries Close: At 11:59pm on Friday 16<sup>th</sup> August 2024

