

# **ACT Long Distance Championships**

## Sunday 25th August 2024

## 2024 ACT League #12 2024 NSW State League #15

Location: Birkenburn Farm

**Directions:** From the centre of Bungendore head east on the Kings Highway for 12 km. Entry to the property is on the north side at the crest of a rise, signposted with 'KIA-ORA STUD WAGYU'. If travelling from Braidwood towards Bungendore take extra care turning across the east bound traffic lane into the property. You might find it easier to continue west past the turnoff and find a safer place to turn around and head back in the easterly direction.

Once inside the property follow the dirt farm track north for about 3 km and close any gates that you open. Please respect the biosecurity in place – do not enter any of the farm paddocks. As you get closer to the event area there will be signs for the turnoff to parking.

When leaving the property, take extra care turning onto the Kings Highway. It is safer to turn left towards Braidwood and then find a safe place to turn around to head back towards Bungendore.

**Emergency Contacts:** All competitors are to ensure that their Emergency Contact details are correctly recorded in Eventor.

**Restrictions:** NO PETS

**Parking:** Follow directions to the parking area. Park as directed.

**Assembly Area:** 200–900m walk from parking along a main track with no climb.

**Toilets:** Portaloo toilets will be provided on the track adjacent to the Assembly Area.

**Out of Bounds:** The bush areas to the East, North and West surrounding the Assembly Area are out of bounds to all competitors before their race. When walking from the Parking to the Assembly Area and the Assembly Area to the Start, you must stay on the main track.

Map: Birkenburn, 1:10000, 5m intervals. Map last update in 2022.

**Water:** Water will be provided on the Hard and Moderate courses. Water will NOT be provided at the Start or at the Finish.

Whistles: Mandatory for competitors to carry a whistle.

**Starts:** Queuing starts between 10:00am and 12.00pm. There are no allocated start times. Distance from the Assembly Area to the Start is to be confirmed. However, expected to be approximately 500m walk with no climb.

Start Procedure: 1 minute start interval.

-3 min: Enter start box.

-2 min: Collect control descriptions.

-1 min: Move to map box.

Punch start

Control Descriptions: Will be printed on the map and available separately.

**Electronic Punching:** SPORTident electronic punching system will be used. You must clear and check your SI card before starting. Clear/check will be at the pre-start. If an SI unit fails, punch in the reserve boxes on the map using the back-up punch on the control stand. Inform an official immediately upon finishing.

**Finish:** The Finish is in the Assembly area. You MUST punch the Finish control.

**Map Collection:** There will be no map collection. Don't show your map to other competitors until they have finished.

**Course Closure:** Courses close at 2.00pm. You MUST report to the finish by 2.00pm, whether you have finished your course or not.

**Safety Bearing:** East to the farm paddocks then South to the main track.

**Results:** Will be posted to Eventor and the OACT website. One or two bar mobile phone coverage is available throughout most of the event area.

**Presentations:** Presentations will be held as soon as possible from 1.30pm.

**Catering:** There will be Blue Lightning catering at the event, providing cakes, soup, tea, coffee and soft-drinks. Please support our Juniors.

#### **Course Setter Notes:**

The terrain in the northern and western sections of map is typical spur gully with significant outcrops of rock. In these areas it is mostly fast running with some patches of thicker scrub. Further south and to the east the terrain is regrown eucalypt on old sand-mining, with numerous knolls, depressions, log poles, wombat holes, termite mounds and areas of bracken. Careful navigation will be required. There are very few tracks and fences on the map.

**Easy & Very Easy Courses:** These courses will include a couple of taped routes.

### Courses/Classes:

Course	Classes	Indicative	Indicative	Difficulty
		Length (km)	Climb (m)	
1	M21A	12.5	280	Hard
2	M20A, M35A	9.8	260	Hard
3	W21A, M40A, M45A	8.4	240	Hard
4	W35A, M16A, M50A	6.5	200	Hard
5	W20A, W40A, W45A, M55A, M60A, M21AS	5.8	180	Hard
6	W50A, W55A, W21AS, M65A, M70A, M20AS,	4.8	160	Hard
	M35AS, M45AS			
7	W16A, W60A, W65A, W20AS, W35AS, W45AS,	3.9	120	Hard
	M75A, M55AS			
8	W70A, W75A, W80A, W85A, W55AS, W65AS,	2.9	70	Hard
	M80A, M85A, M90A, M65AS, M Open A, W			
	Open A			
9	M14A, M Junior B, M Open B	4.2	130	Moderate
10	W14A, W Junior B, W Open B	3.3	100	Moderate
11	M12A, W12A, M/W Junior Easy, M/W Open Easy	2.7	35	Easy
12	M10A, W10A, M/W Junior Very Easy, M/W	2.2	20	Very Easy
	Open Very Easy, M/W10 Novice			

### **Entry Fees:** (GST included):

Adults Member (21 years and older)	\$30
Junior Member (20 years old and younger)	\$15
Sub-Junior (10 years and younger)	Free
Family Member – max paid per event	\$80
Adult Non-Member	\$40
Junior Non-Member	\$25
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Sub-Junior (10 years and younger)	Free

Family fees are based on the three most expensive entry fees in an eligible family and Eventor works this out.

Entry on the Day will NOT be available. Enter here: <a href="eventor.orienteering.asn.au/Events/Show/19550">eventor.orienteering.asn.au/Events/Show/19550</a>

Entries Close: At 11:59pm on Friday 16th August 2024

