

#### **BULLETIN 2**

## **2024 VICTORIAN MTBO CHAMPIONSHIPS**

**NATIONAL MTBO SERIES – ROUND 2** 

**SATURDAY 31 AUGUST & SUNDAY 1 SEPTEMBER** 

**WHROO** 





The 2024 Victorian Sprint and Long Distance MTBO Championships will be held at Whroo (near Rushworth) on the weekend of 31 August and 1 September. These Championships will also be a round of the 2024 National MTBO Series.

The events are organised by Bayside Kangaroos Orienteers with grateful assistance from Eureka Orienteers and some members of other clubs.

Both events will use the *Balaclava Hill* map which was last used in 2013. It has been updated to the current ISMTBOM specifications. A copy of the previous map is available on Eventor. Thanks to Nillumbik Emus for the use of this map.

There is also a warm-up Maprun event at nearby Rushworth available on Friday afternoon and/or Saturday morning.



These events are being held on the lands of the Taungurung people and we wish to acknowledge them as Traditional Owners. We would also like to pay respects to their Elders, past and present, and Aboriginal Elders of other communities who may be here today.

A message from the Taungurung Land and Waters council: Taungurung have a deep spiritual relationship with the land, and we ask that whilst enjoying the beautiful country you respect the plants and animals residing on our land. We send our regards and best wishes to the organisers, participants and spectators for a safe, successful and enjoyable Orienteering event.

#### LOCATION

Both events will run from the same assembly area at Whroo.

**Directions from Melbourne:** Take the Hume Highway towards Seymour and then the Goulburn Valley Highway towards Shepparton.

You then have a choice of a gravel route to Whroo via Nagambie or sealed highway via Murchison and Rushworth.

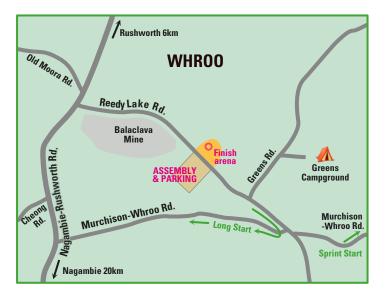
The gravel route via Nagambie: On the Goulburn Valley Hwy head into Nagambie. Just before you reach town turn left on Vickers Rd C344. After 4km turn right onto the Nagambie-Rushworth Rd for 21km to Reedy Lake Road, Whroo. Turn right and drive for 650m to the assembly area. Park in the car park on the right as directed.

The sealed route via Rushworth: Take the Goulburn Valley Hwy towards Shepparton, by-pass Nagambie. Exit the Hwy to Murchison on the C357. Drive through Murchison towards Rushworth on the C345. From Rushworth, turn south on to High St then Nagambie-Rushworth Road for 6km to Whroo. Turn left onto Reedy Lake Rd. Drive 650m to the assembly area. Park in the car park on the right.

**Toilets:** Drop toilets in the parking area at Whroo or head into Rushworth and the public toilets at the old railway station.

Food and refreshments available 6km away in Rushworth. A couple of cafés and a bakery, plus a nice ice cream shop.

The finish arena is the same for both events. Clubs are welcome to erect club tents on the grass above the finish chute.



#### **START LISTS**

Start lists for each event will be posted on Eventor on 27 August.

#### REGISTRATION

**Check-in at registration** to confirm your SIAC number with the official or to collect your hire SIAC.

Our Registration team will also be competing. Please come to registration only at the following times:

Saturday ...... 12:00-1:00pm Sunday ...... 9:00-10:00am

#### **ENTRY ON THE DAY**

EOD entries may be possible on courses 2, 3, 4, and 5 in Recreation Classes only, subject to map availability. Fees will be an extra \$5 over the standard fee.

#### **PUNCHING SYSTEM**

We will be using the SPORTident Active Card (SIAC) system – the contactless timing system. We will be using BS11 control boxes that have a range of 1.5 metres. *These units will only work with a SIAC.* 

More details on how the SIAC punching system operates: www.sportident.com/news/385-fast-faster-siac.html

**BATTERY CHECK:** check the condition of your SIAC's battery using the "battery check" box at Registration.

If you would like to check how old your SIAC battery is before the weekend, use this website: https://www.sportident.com/siacservice/

#### **NATIONAL MTBO SERIES**

These Victorian Championships comprise the second round of the 2024 National MTBO Series.

The other rounds are:

- The QLD MTBO Championships 24-25 August
- The NSW MTBO Championships 12 & 14 October
- The Australian MTBO Championships 18-20 October, ACT

For full description, see: <a href="https://orienteering.asn.au/index.php/national-mtbo-series/">https://orienteering.asn.au/index.php/national-mtbo-series/</a>

#### **RULES**

These events will be conducted in accordance with the <u>Orienteering Australia Competition Rules for MTBO</u> <u>Championship Events</u>

#### **Rules 26 and 27: Complaints and Protests**

The details of the complaint and any action that you believe should be taken by the organisers on that matter, should be put in writing and handed in to the Registration desk (or if Registration has closed, to an official at the finish.) Complaints (or subsequent protests) should be made as soon as possible.

A jury pool will be selected from available competitors.

#### THE START

Many thanks to Eureka Orienteers who will run the starts for both championship events.



#### **Start procedure:**

Please line up in start order as your start time approaches.

The clock at the front of the first start box viewed from the Pre-Start area, will display 'the Start Time for those with that allocated time now being called up'. E.g. if your start time is 11:00 then this will be the time displayed on that clock when you must present yourself to the Start Official. (There will be a second clock actually on the start line — showing the time of those actually starting.)

At each event, the call up will be 4 minutes prior to your start time.

At -4 min	Name and SIAC number check. SI CLEAR box. Move into the first box.
At -3 min	Move into the second box.  SI CHECK box – turns your SIAC on SI TEST box – confirms your SIAC is working
At -2 min	Move forward to stand at the maps.
At -1 min	Take your map and immediately move forward to the start line. Arrange your map on your map board.
At start time	GO on the 6 <sup>th</sup> beep of the clock. (there is no Start Punch).

The start triangle for both events is at the map handout.

#### **Late Starters**

The officials at the Start and Finish are not authorised to change a rider's start time. Riders who arrive at the start later than 4 minutes before their allocated start time must report to the Start Official. If possible, the rider will be directed into the correct start box and start normally. Otherwise, the rider will proceed through the late start process and start at the next available half start interval – however, their start will be recorded as per their official allocated start time. If they believe the Event Organiser caused their late start, they should make a request to Registration or to an official at the Download after they finish for consideration.

Volunteers have access to the Late Start process without penalty if they are unable to ride at their allocated start time due to volunteering duties.

#### **FINISH**

There will be a flying finish timing beacon in place at each event. **Ride between the two finish banners**, which will be approximately 3 metres apart, and your SIAC will beep and record your finish time. The finish control also turns off your SIAC. Make your way to the results tent to download.

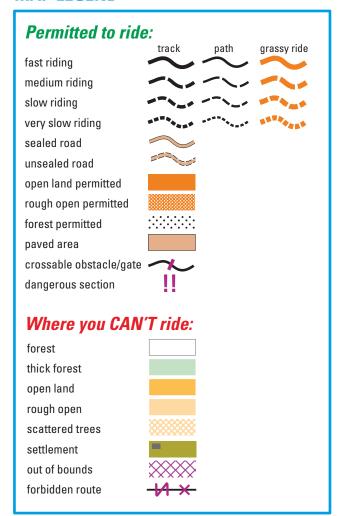
In case of SIAC failure, use the manual punch on each control to punch your map. Register your finish by inserting your SIAC into the separate 'standard' SI box at the finish.

#### SAFETY AND COURTESY

The hazards you may encounter will vary over the weekend. Vehicles on the main forest roads, 4WD and motor bikes on other trails, and cyclists and walkers on the smaller tracks. And of course other competitors! There are the usual hazards of bush cycling, loose gravel, deep ruts and pot holes. Please observe the rules of the road, keep left of approaching vehicles/bikes, give warning to other cyclists/walkers when passing, downhill cyclists give way to uphill, and ride within your abilities.

There will be a small first aid kit and certified First Aiders available at the event. For emergencies, call 000.

#### **MAP LEGEND**



Note: this legend is printed here at 150%

#### **NOTE NEW SYMBOLS**

Please make note of these two new MTBO symbols being used at these championships.

## 715 Continuing point



Shows the continuing point after a map change or flip.

502.1 Unpaved road



Illustrates a wide gravel (or unpaved) road.

Organising Club: Bayside Kangaroos

Organiser: Carolyn Cusworth Course setter: Peter Cusworth Event Advisor: Kathy Liley (YV)

Map: Whroo Goldfields
Location: WHR00

**Scale:** 1:7500 **Contours:** 5m **Map Size:** SRA4 (225 320 mm)

**Course Closes** at 3:30 pm **Start triangle** is at the start

**To the Start:** Follow pink tapes east from the assembly area down Reedy Lake Road, slight left on to Murchison-Whroo Road to the start. 1.3km flat riding.

Expected winning time - minutes	Sprint	
M/W16 and under	15 - 20	
M/W20	16 - 20	
M/W21-Open, M/W40 and over	20 - 25	

Course	Sprint Championship classes	Other classes	Dist km	Climb m	No of controls
1	M21		8.4	145	15
2	W21, M20, M40, M50	Rec 2, e-Bike 2	7.2	120	13
3	W20, W40, M16, M60	Rec 3	5.5	125	11
4	W16, W50, W60, M14, M70,	Rec 4, e-Bike 4	4.6	100	12
5	W12, W14, W70, W80, M12, M80	Rec 5	3.3	75	10

**Warm-up** along Reedy Lake Road and Murchison-Whroo Road. All other roads and tracks in this area are strictly Out-Of-Bounds!

**Terrain notes:** The map area is a fairly open native forest with many vehicle tracks ranging from well-used to some seldom used and less distinct tracks. The Sprint event uses a more complex part of the map and has had many years of mining activity with some erosion.

It is generally fairly flat but there are a number of short hills in and around the former mining areas and a couple of small dams.

PLEASE NOTE the whole Whroo map area is still embargoed after the Sprint race – ie you are NOT PERMITTED to re-enter the map area after the Sprint race.

## 2024 VICTORIAN MTBO CHAMPIONSHIP — LONG DISTANCE Sunday 1 September — from 10:00am

Organising Club: Bayside Kangaroos

Organiser: Carolyn Cusworth
Course setter: Peter Cusworth
Event Advisor: Kathy Liley (YV)

Map: Balaclava Hill Location: Whroo

**Scale:** 1:15 000 **Contours:** 5m **Map Size:** A3 (297mm x 420mm)

Course 1, 2 and 3 will have a double-sided map. Courses 4, 5 and 6 a single map.

**Start triangle** is at the start **Course Closes** at 2:00pm

**To the Start:** Follow pink tapes east from the assembly area down Reedy Lake Road, turn sharp right across some open land to Murchison-Whroo Road. Continue to follow tapes to the Long start. 1.4km flat riding.

Expected winning time - minutes	Long	
M/W16 and under	70 - 75	
M/W20	84 - 92	
M/W21-Open, M/W40 and over	105 - 115	

Cours	Long Distance Championship classes	Other classes	Dist km	Climb m	No of controls
1	M21		33.0	330	22
2	W21, M20, M40, M50	Rec 2, e-Bike 2	29.1	295	17
3	W20, W40, M16, M60	Rec 3	26.7	335	18
4	W16, W50, W60, M14, M70	Rec 4, e-Bike 4	22.9	265	16
5	W14, W70, M80	Rec 5	15.2	225	13
6	W12, W80, M12		11.2	140	11

**Warm-up** area is along Reedy Lake Road and Murchison-Whroo Road as per route to start. All other roads and tracks in this area are strictly Out-Of-Bounds!

**Terrain notes:** The map area is a fairly open native forest with many vehicle tracks ranging from well-used to some seldom used and less distinct tracks. It would be worth taking care on your distance estimation to make sure you don't miss some track junctions.

There are some MTB single tracks plus some trail bike tracks. It is generally a fairly flat and fast area for riding with some short hills to climb on some courses.

All riders will cross the Nagambie-Rushworth Rd once during their course riding along it for a short distance. This gravel road is usually quiet and any vehicles should be travelling at or below the speed limit through Whroo, but please look and take care when entering and crossing.

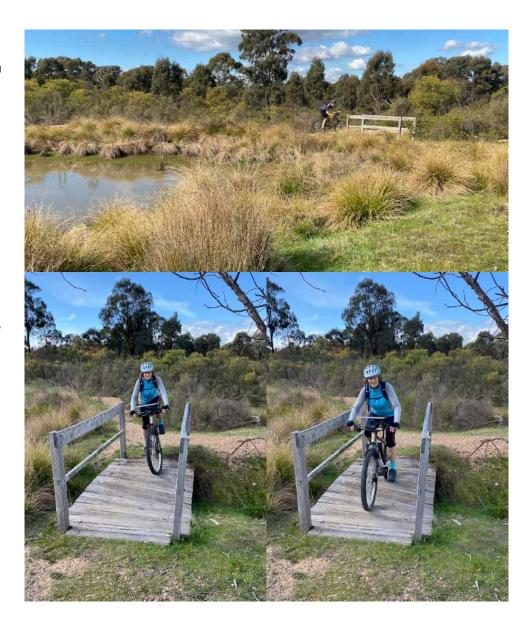
#### THE BRIDGE AT THE FINISH

The finish setup is the same for both events. Competitors will approach the finish area riding downhill on a single track path and then across a small single lane timber bridge and out into an open area to the finish line.

The bridge is about 30 metres before the finish line. It is solid and safe to ride but has dropped down on one side. The bridge has handrails, which you need to avoid clipping your bars on.

We suggest you have a look at the bridge before your ride so you know what is in store. You can even practice riding across it provided there are no riders finishing. Don't head up the track though!

If you have a faster rider behind you coming down the finish track, there is an open grassy area you can let them pass before the track narrows again and goes over the bridge.



## RUSHWORTH "IN A RUSH" WARM-UP EVENT

### Friday 30 August - Saturday 31 August

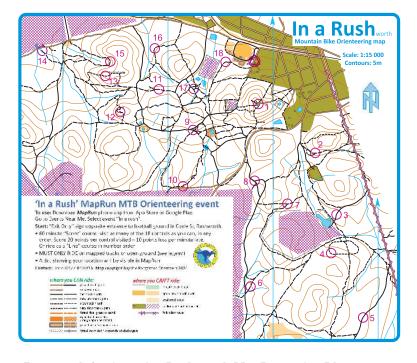
There is a warm-up event on the edge of Rushworth using Maprun phone app technology. Riders can use this event on Friday afternoon or Saturday morning at no cost.

Riders can do it as a 60 minute score course or as a line course taking the controls in number order. There are 18 controls on the map. The tracking dot will stay on at all times to assist with navigation if required.

**Start location is:** "Exit Only" sign opposite the entrance to the football ground in Coyle Street, Rushworth.

The map file can be downloaded from the Sprint event in Eventor, or on **this link here**, so you can print your own map.

Printed maps can also be picked up at *Gus and Ollies Cafe*, 25 High St Rushworth open 8am-2pm Fri and Sat. Staff at the cafe are not able to provide information on the event.



For more info about the *Rushworth MapRun* or the *Dinner*, contact John Gavens on <a href="mailto:jigavens@gmail.com">jigavens@gmail.com</a> or 0427 840 816.

#### DINNER

All riders and their friends and family are invited to come to the Saturday evening dinner at 6.30pm at the Nagambie Rowing Club in Nagambie. Standard a-lacarte menu. Book your place at dinner via the **separate event in Eventor (link here)**. Pay for your meal on the night.

#### **PRESENTATIONS**

Presentations will be made to the first three placegetters in the competition classes as soon as possible after Sunday's long distance event.

#### **ACCOMMODATION**

There is a free camping area at Whroo with drop toilets (see location map — page 2). **NOTE** if you are staying in this camping area you are inside the embargoed area so you **must not** venture outside the camping area and only use the main access road. If you want to have a ride, head to the Rushworth warm-up map.

There is one motel and a hotel in Rushworth which is just 6km from the events. More accommodation options are available at Nagambie which is 20 minutes away and is the location of the Championship Dinner.

#### **EMBARGO**

The EMBARGOED area for these championships is shown here on the map. You can see in more detail on this Google map link.

**PLEASE NOTE** the whole map area is still embargoed after the Sprint race. ie you are NOT PERMITTED to re-enter the map areas after the Sprint race.

# PREVIOUS VICTORIAN MTBO CHAMPIONS

This year's events mark the 27th running of the Victorian MTBO Championships. You can find here a list of the **Previous champions** 

#### **MORE INFORMATION**

For *General enquiries* about the championships, contact Peter Cusworth <a href="mailto:vicmtbo@bigpond.com">vicmtbo@bigpond.com</a> or Ph. 0409 797 023.



One of the locals enjoying the finish arena.

