

## EVENT INFORMATION

EVENT: Frazzle  
DATE: Sunday 1<sup>st</sup> September 2024

ENTRY DETAILS:	<p><b>PRE-ENTRY PREFERRED</b> By SATURDAY 31<sup>st</sup> August at 4:59pm</p> <p>ENTER ON THE DAY FROM 9:00 – 11:00 AM</p>
----------------	---

START TIMES: 9.30 – 11.30 AM  
COURSES CLOSE: 1:00 PM  
You need to be back at the assembly area by this time, whether or not you complete the course

### COURSES AVAILABLE:

COURSE	LENGTH	CLIMB	Navigation
<b>H1</b>	9.3 km	440m	Hard
<b>H2</b>	7.7 km	375m	Hard
<b>H3</b>	5.6 km	220 m	Hard
<b>H4</b>	3.6 km	140 m	Hard
<b>H5</b>	2.2 km	65 m	Hard
<b>M</b>	3.9 km	150 m	Moderate
<b>E</b>	2.5 km	80 m	Easy
<b>VE</b>	2.2 km	60 m	Very Easy

### COURSE NOTES:

START: The Start for all courses is in the Assembly area.

MAP: The scale for all H courses is 1:10,000. Contour interval is 5m. Standard A4 100gsm paper will be used for all courses except H1 and H2 where A3 will be used. ziplock map bags will be available at the Start.

COURSE INFORMATION: The terrain is a mix of gully/spur, granite outcrops and rock formations with mostly good running, but including some areas of thicker vegetation with mixed visibility. Water will be provided on the H1, H2, H3, H4 and M courses and is at a control point.

FINISH: Is adjacent to the Assembly area.