

# 2024 Queensland Orienteering Long Distance Championships

## PROGRAM

### Stanthorpe

21 and 22 September 2024



## PROGRAM OF ACTIVITIES

Sat 21 September - Day 1		Sun 22 September - Day 2	
11:00 am	Info tent opens	8:00 am	Info tent opens
11.00 am - 4:00 pm	Coffee and snacks available for sale	9:00 am - 1:30 pm	Food, drinks, coffee available for sale
12:30 pm	First official starts	9:00 am	First official starts
		1.00 pm	Presentations
4.30 pm	Course closure	1.30pm	Course closure

## INQUIRIES

### Email

[qldchamps24@oq.asn.au](mailto:qldchamps24@oq.asn.au)

### Phone

Liz Bourne – (07) 4683 6374 or 0477 059 063 (during event only)

Entry inquiries should be directed to Rob Crosato – Ph 0427107148

## KEY PERSONNEL

<b>Organiser</b>	Liz Bourne
<b>Controller</b>	Murray Haines
<b>Course setters</b>	Day 1 – Cam Schubert Day 2 – Stuart Watt
<b>Administration/ Entries</b>	Rob Crosato

Our Championship logo features the rufous bettong *Aepyprymnus rufescens* which has a stronghold in the Dalveen area. They build grass shelters and when startled hop away close to the ground. You may see some on your run so try not to stand on one!

## ACKNOWLEDGEMENTS

We acknowledge the Traditional Custodians of the land on which this event is being held and pay our respects to their Elders past and present.

This event would not have been possible without the co-operation and assistance of the owners of *Mountain Park*, the Todd family.

Orienteering Queensland gratefully acknowledges the support provided by the Queensland Government Active Industry Base Fund to create the maps used for this event. The assistance of the Southern Downs Regional Council in providing a Community Grant to support this event is also gratefully acknowledged.

## WELCOME

### From the Orienteering Queensland President

*On behalf of Orienteering Queensland, I would like to welcome all participants to the Queensland Long Distance Championship in Stanthorpe. A special welcome to those who have travelled from overseas and interstate to enjoy navigating in this iconic Stanthorpe granite.*

*Others have trodden this area before us, and we acknowledge the traditional custodians of the land on which our events are taking place, the Kambuwal people, and pay our respects to their elders, past, present and emerging.*

*We also thank the Todd family for permission to use their property for orienteering and for the wonderful assistance they have provided to the organisers.*

*We are grateful to Geoff Peck for his work in creating a new map for this event: Mountain Park.*

*A well run and successful event depends on a great deal of work from the organizing clubs, in this case Bullecourt Boulder Bounders and Range Runners Orienteering Clubs, and I would like to thank them, and in particular the event team of Liz Bourne, Murray Haines, Cam Schubert and Stuart Watt, who have worked tirelessly to bring you high quality events.*

*Wishing you a weekend of adventures with the right mix of challenge and enjoyment in splendid terrain.*

Peter Effenev  
President, Orienteering Queensland



### From the Mayor of the Southern Downs Regional Council

As Mayor of the Southern Downs, I extend a warm welcome to all competitors in the *Queensland Long Distance Orienteering Championships along with your family, friends and supporters.*

*The committee and volunteers of the Bullecourt Boulder Bounders and Range Runners Orienteering clubs have made this event possible, and its success is thanks to their commitment, enthusiasm and hard work. Thank you for giving your time so generously to events that benefit our whole community. I am pleased that our Council has been able to support this event through our Community Grants program.*

*The Southern Downs, situated at the southern end of the Darling Downs region, has a population of over 37,000 people and spans an area of 7,108 square kilometres. Our beautiful Granite Belt country, strewn with boulders and wildflowers, offers a perfect backdrop for orienteering events. The terrain is unique and challenging, and as Queensland's High Country with altitudes reaching 1000 metres above sea level our climate suits outdoor competitions year round.*

*If you still have energy after the competition, visit the striking rock formations of Girraween National Park with walks ranging from easy strolls to day-long mountain climbs. Or take a short journey across the New South Wales border to Bald Rock National Park in neighbouring Tenterfield Shire.*

*Unwind after a day of exertion with one of our local wines. The Granite Belt is Queensland's Wine Country, Australia's highest altitude wine region, boasting approximately 305 hectares of vineyards. The "Strange Bird" wine trail will introduce you to lesser known wine varieties that are rarer to find in Australia, being less than 1% of Australia's vines. These wine varieties are rarely found in bottleshops, so visit the cellar doors of our small wineries using the Strange Bird Trail map available at the Stanthorpe Visitor Information Centre or on the Southern Downs and Granite Belt app.*

*Round out your visit with a tour through some of our charming small towns like Dalveen, Wallangarra, Glen Aplin, Amiens, The Summit and Applethorpe with their community halls and historic buildings.*

*I hope you enjoy your visit to the region and savor the warm welcome from our Southern Downs community.*

Cr Melissa Hamilton  
Mayor  
Southern Downs Regional Council



This project has been assisted by Grants to Community funding from the Southern Downs Regional Council

## EVENT INFORMATION

### Directions

From Warwick and further north, travel south on the New England Highway for 40km before turning left into Dalveen. Go past the store and turn left into Pine Crescent and then immediately left into the Old Stanthorpe Road. Follow for 3km before turning left into a paddock and park as directed. Be careful of kangaroos along this road, especially early and late in the day.

From Stanthorpe and further south, travel north on the New England Highway for 20km to Dalveen. Veer left off the highway and follow the road around before it passes through a tunnel under the highway. Turn right into Pine Crescent at Jim Mitchel Park and then immediately left into the Old Stanthorpe Road and follow directions as above.

### Assembly area

The assembly area will be common for both days and will be adjacent to the parking. Parents are warned that there is a steep gorge north of the assembly area so children should be supervised at all times.

### Information

The Information Tent will be open from:

- 11:00am on Day 1 – Saturday 21 September; and
- 8:00am on Day 2 – Sunday 22 September.

Competitors who have pre-entered are not required to visit the information tent prior to starting. However, information will be available there on start times and the hire of SI sticks and compasses. Any lost property will also be returned there.

Details of Enter on the Day courses will also be available here.

### Catering

A coffee cart will be at the assembly area on both days and the St Joseph's School Parents and Friends will be providing snacks on Day 1 and lunch food on Day 2.

### Facilities

Bush toilets and a urinal will be provided near the Assembly Area. There is a public toilet in Jim Mitchell park in Dalveen. To assist the organisers, please bring along your own water supplies. Water on Day 1 will be placed at designated control sites as shown on the control descriptions and along tracks for Day 2 as shown on the maps.

### Social Dinner on Saturday night

A social dinner will be held on Saturday 21 September, starting at 6:00pm at the Stanthorpe RSL on the corner of Marsh and Corundum, There will be reserved tables set aside for orienteers so you can socialize with your club members and friends.

We requested those interested in coming along to the RSL to indicate their interest as part of entering on Eventor.

### Enter on the Day courses

Limited Enter on the Day courses will be available on both Saturday and Sunday of an Open Hard (Course 6), Open Moderate (Course 9), Open Easy (Course 10) and Open Very Easy (Course 11) standard. Entrants to these courses will not have Championship status and will not be eligible for awards.

### EOD Registrations:

Register at the Registration tent on Saturday from 1pm and you may start between 1.30 – 2pm. Report to the “Late Start” official at the start. On Sunday, register from 9am and you may start between 10.00 – 10.30am.

### General Enquiries

All comments, queries about results or complaints will be dealt with at the Information Tent. **Please do not disturb the officials in the Finish tent.**

### Safety

Whistles must be carried by all competitors but should only be used in cases of severe injury where assistance is required. Whistles will be available for sale at the Information tent. The distress signal is six short blasts repeated at short intervals. If you hear such a signal, you are required to abandon your course and give assistance. Where vehicle or medical assistance is required, this should be reported to the Information tent as soon as possible.

Please report overdue competitors to the Information tent – DO NOT organise your own search. In the event of an emergency, the event organiser should be contacted, via the Information tent.

Snakes are unlikely to be encountered during bush orienteering events. They will generally move away if they sense you coming. Should you be unlucky enough to be bitten, blow your whistle to attract assistance and stay still. If possible, the bitten limb should be immobilised by firm strapping to prevent the venom from travelling to other parts of the body.

If first aid is required, report to the First Aid tent for assistance.

Mobile phone reception is reasonable in this area. If information/assistance is required during the event, contact the organiser, Liz Bourne, on 0477 059 063.

## PRESENTATION OF AWARDS

Awards will be presented to all place-getters at approximately 1pm on the Sunday, using the combined times from both days of competition.

## Restrictions

We would ask that you respect the land and try to keep disturbance to a minimum. Please leave gates as you find them and avoid damaging fences if you climb over/under them. There will be cattle on the properties so try and avoid disturbing them, especially cows with young calves.

In keeping with Orienteering Queensland policies, competitors are requested to abide by our rules of **no smoking, fires, or littering** at the event (this includes in the Assembly Area). Well behaved dogs will be allowed near their owner's car but not off leash.

## TECHNICAL INFORMATION

### Competition Rules

The competition rules of Orienteering Australia shall apply to the Championships. A copy of these rules will be available for perusal at the Information Tent. In particular, competitors are reminded that controls must be visited in the order shown on the course and that talking to, collaborating with or distracting other competitors during the competition is not permitted.

### GPS Devices

Competitors are reminded that you may not use or carry telecommunication equipment between entering the pre-start area and reaching the finish in a race. GPS devices with no visible display or audible signal may be carried.

### Control Descriptions

Individual international control descriptions for each course will be provided to competitors at the pre-start at each event with those for the Moderate, Easy and Very Easy standard courses being in English. Control descriptions will also be printed on the front of the maps. For all Hard navigation courses, international control descriptions, only, will be used on the maps. English descriptions will be provided on the maps for all Moderate, Easy and Very Easy courses. An international control description sheet will be available for viewing at the

Information tent together with the master control list for each day so if you are uncertain of what a symbol means, please check before you go to the start.

## Control Stands

Standard blank control flags will be suspended from T bar stands with an SI unit and punch. The control identification number will be on the top of these units. Please note that some controls will be in close proximity to others. It is the competitor's responsibility to **CHECK** the number to ensure they are at the right control.

## Sportident Electronic Timing System

The Sportident electronic timing system will be used for the Championships. SI Air will be enabled for the event. There will be a unit at the start to turn on SI Air.

All competitors should remember to bring their SI stick with them and ensure that they use the same one on each day. Family groups should take particular care not to mix their sticks as this will create major administrative problems for the Finish team at the event. Please check the details on the Start List to ensure we have your correct SI number recorded. If there is an error, please email [qldchamps24@oq.asn.au](mailto:qldchamps24@oq.asn.au) or call 0427107148 as soon as possible, prior to the Championships.

For those competitors who are hiring an SI stick, you can collect these at the Information tent. Please remember to return your hired stick after Day 2. If you lose your own stick during the event, replacement sticks may be hired at a cost of \$2 per day from the Information tent. If a hired stick is lost, the competitor will be charged its full replacement cost of \$40, so please make certain it is attached with a piece of string or elastic.

### Clear and Check

It is important to remember to "clear" and "check" your SI stick prior to each event, to delete previous event information stored on it. "Clear" and "Check" units will be positioned at the pre-start area on each day.

### SI use on the Course

If an SI unit at a control malfunctions and does not "beep" or "flash" when the stick is inserted, the competitor must use the punch on the stand to mark one of the three reserve boxes printed on their map. Failure to do this will result in a DNF being recorded. If you need to use a punch at any control, please advise the Finish officials as they will need to take your map at the completion of your course.

## Map Presentation

Maps for the Championships are being printed on Pretex paper which is waterproof and tearproof.

## START INFORMATION

### Start Times

Start times have been randomly distributed. To maximise the participation of volunteers, they have been allocated special start times to allow them to fulfil their official duties before or after they compete. Request for changes to start times cannot be considered unless there are exceptional circumstances.

### M/W10 N Courses

Shadowing is permitted on this course. Entrants may start at any vacant time during the start window but “shadows” must have completed their course first. Report to the “Late Start” official at the start. Shadowed runners will use a punch start so will not need to start at published start times.

### Start Procedure

A pre-start clock will be displayed at the entry to the pre-start and you should enter the pre-start when your allocated start time appears on this clock. This will be six (6) minutes before your official start time.

The procedure will be:

- 6 minutes ahead of allocated start time, enter the pre-start, Your name, the last two numbers on your SI stick and whether your SI stick has been cleared will be checked by officials, so please ensure your stick is clearly visible and that it has been cleared. Only competitors missing from the pre-start area will be called by name.
- 4 minutes ahead of start: Collect your control descriptions.
- 2 minute ahead of start: Stand at correct map box which will be marked with the course number and age classes. The starter will give any special instructions. Check that the map is the correct one for your course by looking at the number on the top right hand corner on the back of the map. If you do not appear to have the correct map, please immediately draw this to the attention of the start official.  
**Please ensure that you only pick up one map.**
- Start at the final beep on the clock. Pick up your map, punch the start unit and follow tapes to the start triangle marked on your map. A stand with a blank control flag with **no** SI unit will be placed at this location.

## Late Starts

Competitors who miss their allotted start time on any day should report to the pre-start officials who will direct them to the Late Start Official. They will be started as soon as possible but will be regarded as having started at the time stated on the official start list, unless the organisers are at fault.

## FINISH INFORMATION

### Finish Procedure

After visiting the last control, each competitor must navigate to the Finish banner where there will be multiple units on stands. Follow the taped route to the download in the Finish Tent. Your SI stick will be read to record your course details and elapsed time and a print out of your split times will be made available. If you have had to use the traditional punch boxes on your map because of a unit failure, please notify Finish officials so they can take your map and verify the punch marks. If you are using a rental SI-stick and this is your last event, please return the SI-stick to the Finish Tent after completing the downloading process.

You must report to the Finish even if you have not completed your course. At the course closure time, you must return to the Finish as soon as possible or a search will be mounted for you. Go to the Finish control and proceed up the Finish chute. If injury prevents you from doing this, please ensure that you return to the Assembly Area and report to the Information Tent. The officials here will pass the information on to the Finish team. Any complaints or comments about the course should be made to officials at the Information tent. **Please do not disturb the Finish team.**

### Map Return

As the maps for Day 1 and Day 2 do not cover the same area, competitors may keep their Day 1 map. However in the spirit of fairness, do not show it to others who are yet to start.

Maps for people who did not start will be available for collection from the Information Tent after the last starts on both days.

### Results Display

Live results results will be available on your Smartphone. The links to live results are on the Eventor page, and a QR code will be available at Rego. Periodically progressive results will be printed and posted near the Information tent for those who do not have access to the live results. They will be posted online on Eventor as soon as possible after the event concludes.

## Complaints and Protests

Any complaint shall be made in writing to the organiser within 15 minutes of the result being posted. Forms for this will be available in the Information Tent. A complaint is adjudicated by the organiser. The complainant shall be informed about the decision immediately. If the complainant is still dissatisfied, they may lodge a formal protest, in writing to a jury appointed by the organiser and approved by the controller. The controller will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final. There is no fee for lodging a complaint or protest.

## Day 1 – Saturday 21 September

### Map:

*Mountain Park - The Gorges, 2024*

**Mapper:** Geoff Peck

**Scale:** 1:10,000 for all courses

**Course planner:** Cam Schubert     **Controller:** Murray Haines

### Terrain and Vegetation

Generally open eucalypt forest and grazing land in undulating to steeper slopes. There was thicker vegetation up the slopes but a bushfire in October 2023 reduced much of this although some of what remains might still be scratchy. There are scattered granite outcrops and areas of bare rock. The map is traversed by a steep and rocky creek with the courses set to try and avoid the more difficult sections.

### Warm up areas

The open paddock on the way to the start.

### Out of Bounds

All areas beyond the assembly area and beyond the designated warm up area.

### Starts

Start times will be from 12.30pm. The Day 1 start will be an easy 400m walk east across a slashed paddock from the assembly area.

### Safety Bearing

East to the road..

Course	Standard	Classes	Distance (km)	Climb (m)
1	Hard	M21A	7.3	265
2	Hard	M20A, M35A, W21A	6.5	245
3	Hard	W20A, W35A, M45A	5.1	210
4	Hard	M16A, M21AS, M55A, W45A	4.4	180
5	Hard	W16A, W21AS, W55A, M65A	3.6	140
6	Hard	W65A, M75A, M45+AS, Open Hard	2.4	110
7	Hard	W75A, W85+A, M85+A, W45+AS	2.0	70
8	Moderate	M14A, Men's Open B	2.9	120
9	Moderate	W14A, Women's Open B	1.9	80
10	Easy	W12A, M12A, Open Easy	1.7	
11	Very Easy	M/W10Novice, W10A, M10A, Open V. Easy	1.4	

Courses 1 - 4 will have a map flip with the second part of the course on the back of the first.

### Course closure

Courses will close at 4.30pm.

## Day 2 – Sunday 22 September

### Map

Mountain Park - The Galahs, 2024

**Mapper** Geoff Peck

**Scale:** 1:10,000 for all courses, except for Course 11 which will use a 1:5,000 scale

**Course planner:** Stuart Watt    **Controller:** Murray Haines

### Terrain and Vegetation

Much of the map is open and runnable grazing land and forest with areas of scattered granite. It is generally flat to undulating with some steeper, forested hills. There has been some recent thinning of saplings on some of the hills which will make for slower running in some sections.

There are many fences on this map, most of which are difficult to cross. However optional crossing points have been marked where the fences have been broken.

### Warm up areas

Anywhere in the open areas of the Day 1 map.

### Out of Bounds

All areas across the road beyond the route to the Day 2 start.

### Starts

Start times will be from 9am

The Day 2 start will be an easy 300m walk out of the gate into the assembly area and across the road. Take care of cars when crossing although this road generally does not have a lot of traffic along it.

### Finish

There will be a remote finish across the road from the assembly area. Competitors should finish and then carefully cross the road and return to the assembly area via the entrance gate to download at the Finish tent.

### Safety bearing

West to the road.

Courses will close at 1.00pm.

Course	Standard	Classes	Distance (km)	Climb
1	Hard	M21A	13.8	480m
2	Hard	M20A, M35A, W21A	11	410
3	Hard	W20A, W35A, M45A	8.5	310
4	Hard	M16A, M21AS, M55A, W45A	6.4	250
5	Hard	W16A, W21AS, W55A, M65A	5.2	190
6	Hard	W65A, M75A, M45+AS, Open Hard	4.1	160
7	Hard	W75A, W85+A, M85+A, W45+AS	2.6	90
8	Moderate	M14A, Men's Open B	3.8	135
9	Moderate	W14A, Women's Open B	3.1	120
10	Easy	W12A, M12A, Open Easy	2.7	
11	Very Easy	M/W10Novice, W10A, M10A, Open Very Easy	2.3	

Courses 1 and 2 will have a map flip with the second part of the course on the back of the first.