



# AUSTRALIAN 3 DAYS ORIENTEERING EASTER 2025

LODDON SHIRE, VIC



# BULLETIN 1

v02

## Introduction

Welcome to the 2025 Australian 3 Days Orienteering Carnival. Our aim is to provide an enjoyable experience for all orienteers with high quality maps and courses, encompassing mining, granite, and spur gully terrain.

This carnival is being held in Victoria's Loddon Shire, an area that will be familiar to many orienteers for Kooyoora, the location of WOC 1985 and WMOC 2002.

Loddon Shire has plenty to see and do, so allow some time to take in the region's diverse places and activities.

Stay on for the Victorian Short, Middle and Long-distance championships over ANZAC weekend, on three more great new maps.

## Contact details

Website: <https://aus3days2025.orienteering.asn.au/>

Entries: [Eventor](#)

Enquiries: [easter2025@vicorienteering.asn.au](mailto:easter2025@vicorienteering.asn.au)  
or phone either  
Margi Freemantle - 0428 618 848  
Julie Flynn - 0429 496 422

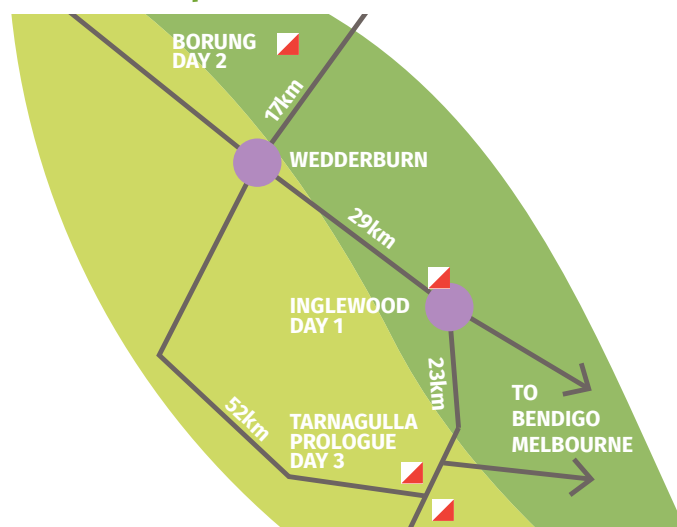
## Central organising team

Joint Organisers:  
Margi Freemantle, Julie Flynn

## Technical:

Neil Barr, Chris Norwood  
Ted van Geldermalsen

## Location map



Link to locations on [Google map](#).



The Australian 3 Days carnival acknowledges and pays respect to the traditional owners, the Dja Dja Wurrung people, whose country we are on and extend our respect to their Elders, both past and present.

## Program

### Friday 18 April NOL Prologue & Public Sprint incl Family Teams Race (Forest Sprint)

Location	Tarnagulla
Map	Tappit Hen (Dredge and sluice mining)
Planner	Aislinn Prendergast
Controller	Ted van Geldermalsen
First start times	NOL Prologue - 12:00 noon Public Sprint - 1:30 pm

### Saturday 19 April Day 1 Australian 3 Day NOL Middle Distance & WRE

Location	Inglewood
Map	Psalm Singing Gully (Reef mining in Mallee landscape)
Planner	Clare Brownridge
Controller	Neil Barr / Chris Norwood (WRE)

### Sunday 20 April Day 2 Australian 3 Day NOL Long Distance & WRE

Location	Mt Egbert, Borung
Map	The Granites (Granite)
Planner	Bruce Arthur
Controller	Ted van Geldermalsen

### Monday 21 April Day 3 Australian 3 Day NOL Relay Distance

Location	Tarnagulla
Map	Poverty Reef (Spur gully with reef mining)
Planner	James Robertson
Controller	Chris Norwood

## Victorian Championships weekend

In addition to the Australian 3 Days carnival, three Victorian Championships competitions will be held at nearby locations on the long weekend that follows immediately after Easter:

Fri 25 Apr (ANZAC day)	<b>Victorian Short Distance Champs</b> Andersons Diggings, Dunolly (2 short races with chasing start for race 2)
Sat 26 Apr	<b>Victorian Middle Distance Champs</b> Wehla Hill, near Kooyoora
Sun 27 Apr	<b>Victorian Long Distance Champs</b> Mount Korong

Informal training at Kooyoora will be offered during the week between Easter and ANZAC weekends.

## Embargoes

Embargoed areas for the 2025 Australian 3 Days and Victorian Championships are listed at <https://aus3days2025.orienteering.asn.au/embargoes/>

## Previous maps

Previous maps of the carnival areas are available at: <https://aus3days2025.orienteering.asn.au/previous-maps/>

## World ranking events

The W21E and M21E competitions on Day 1 and Day 2 of the Australian 3 Days are world ranking events (WRE).

Date	19 April 2025	20 April 2025
Format	Middle distance	Long Distance
Map	Psalm Singing Gully	The Granites
Scale	1:10,000	1:10,000
Contours	2.5m	5m

## WRE Entries:

All WRE entries and payments should be made on-line via Orienteering Australia's online entry system, Eventor. To enter, you need to be registered with Australian Eventor, inclusive of your competitor IOF ID number, and have a login and password.

## WRE entry deadline:

Sunday 30 March 2025, 11:59 pm, Australian Eastern Daylight Time (AEDT)

## IOF Event Advisors:

Day 1 WRE: Chris Norwood

Day 2 WRE: Ted van Geldermalsen

## Competition rules

The Australian 3 Days competition is being run in accordance with the Orienteering Australia [Competition Rules](#) for foot orienteering. All participants must comply with the rules. The relevant IOF Foot Orienteering Competition Rules will also apply for WREs and will take precedence over the OA rules for elite competitors.

## Timing system

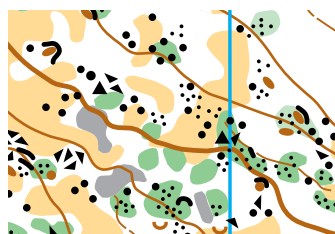
Sportident Air (SIAC) – Older model Sportident cards with physical punching will work too.



Prologue



Day 1



Day 2



Day 3

## Competition format and course / class details

### Australian 3 Days

The Australian 3 Days is a multi-day competition with results based on total times of all three days. All days have allocated start times.

NOL / Elite classes will have different winning times each day as specified in OA Rule 16.10. Day 3 will be a chasing start.

Non-elite classes will have equal winning times for all three days, 20% shorter than the Long Distance winning times specified in OA Rule 16.9.

### NOL Prologue and Public Sprint

The NOL Prologue and Public Sprint is a standalone individual forest sprint competition.

The NOL / Elite courses (1 and 2) are planned for 12 – 15 minute winning times for M/W21E. All competitors in NOL / Elite classes will have allocated start times.

Public sprint competitors may enter any of the four courses. All courses will have queuing starts.

This event includes a **family teams race** for teams of three from the same family. Teams must have one runner on each of Course 1, Course 2 and Course 4. Results are based on total times of the three team members.

### NOL Prologue & Public Sprint incl Family Teams Race

Course	Class	Navigation	Indicative course dist. (km)
1	M21E, M20E, M18A, Long	Hard	2.9
2	W21E, W20E, W18A, Medium	Hard	2.5
3	Short Hard (not for Family Teams Race)	Hard	1.8
4	Easy	Easy	1.5

### Australian 3 Days

Course	Class	Navigation	Indicative course dist. (km)		
			Day 1	Day 2	Day 3
1	M21E	Hard	5.2	14.8	8.9
2	W21E	Hard	4.3	12.1	7.3
3	M20E	Hard	4.0	11.3	8.3
4	W20E	Hard	3.1	8.6	6.3
5	M35A, M40A	Hard	8.0	8.0	9.0
6	M45A, W35A, M18A	Hard	7.0	7.0	8.0
7	W40A, M50A	Hard	6.3	6.3	7.2
8	W18A, W45A, M16A	Hard	5.5	5.5	6.4
9	M55A	Hard	5.2	5.2	5.9
10	W50A, M60A, W21AS, M20AS	Hard	4.7	4.7	5.4
11	W16A, M65A	Hard	4.4	4.4	5.0
12	W55A, M70A, M35AS	Hard	4.0	4.0	4.6
13	W60A, M75A, M45AS	Hard	3.5	3.5	4.1
14	W65A, W20AS, W35AS	Hard	3.1	3.1	3.6
15	W70A, W45AS	Hard	2.8	2.8	3.3
16	W75A, M80A, M55AS	Hard	2.4	2.4	2.7
17	W55AS, M65AS	Hard	2.1	2.1	2.3
18	W80A, M85A, W65AS	Hard	1.6	1.6	1.8
19	W85A, W90A, M90A	Hard	1.0	1.0	1.1
20	M14A, M Open B, M Junior B	Moderate	3.2	3.2	3.7
21	W14A, W Open B, W Junior B	Moderate	2.7	2.7	3.1
22	W12A, M12A, Open Easy, M/W14B	Easy	2.5	2.5	2.5
23	W10A, M10A, Open Very Easy, M/W10 Novice	Very Easy	2.0	2.0	2.0
Sledge	Sledge (21AS Open)	Hard	5.9	5.9	6.6
M21Sport	M21 Sport	Hard	4.0	8.8	6.4
W21Sport	W21 Sport	Hard	3.1	7.0	5.0
M20Sport	M20 Sport	Hard	3.1	7.0	5.9
W20Sport	W20 Sport	Hard	2.4	5.2	4.1



## Entry information

Entries for all events are to be made via [Eventor](#)

[From the calendar tick all events that you wish to enter, then click “enter selected events.” You will then be able to enter all events in one go.]

## Entry Fees

Category	Prologue / Public Sprint	Australian 3 Days - Per Day
Adults	\$36	\$50
Junior (13-20)	\$24	\$32
Sub-Junior (12 & under)	\$18	\$24

SI card hire (normal, not SIAC) - \$10 for all four days.  
Order as a service when entering the Australian 3 Days.

Family maximum fee: Family entry is capped at two adults and one junior, i.e. subsequent juniors are not charged. The family maximum is applied automatically as part of the payment process, as long as all family members enter at the same time and all family members reside at the same address.

## Entry deadlines

Normal Entry: Sunday 30 March 2025, 11:59 pm AEDT

Late Entry: Friday 4 April 2025, 11:59 pm AEDT

Late Entry Fee: Additional \$10 per day

## Eventor contact details

All participants must provide accurate contact details in Eventor in case we need to contact you. Make sure a name and mobile number has also been included in the Emergency Contact field on the same page in Eventor. Check that your SI number in Eventor matches the number of the stick that you intend to use.

## Shadowing

Shadowing is only allowed for children entered in the M/W10 Novice course. Start times are not pre-assigned for this class. Entrants use a punching start and can start at any time after all W10A and M10A competitors have started.

Note: W10A and M10A are championship classes. Competitors in these classes have pre-assigned start times like other A classes and shadowing is not permitted.

## Split start time requests

Email [easter2025@vicorienteering.asn.au](mailto:easter2025@vicorienteering.asn.au) providing the names of competitors requiring split start times for child minding.

Split start time requests close Sunday 30 March 2025, 11:59 pm AEDT.

## NOL team entries

NOL competitors should enter as members of their state team. If you enter as a club member you will not be included in the NOL point score.

## Family teams race entries

To enter the family teams race, first enter all team members in the NOL prologue & public sprint, then nominate your team in the family teams race “event” on [Eventor](#).

For a team in the family teams race to be official, each member of the team must be directly related to each of the other two team members in one of the following categories: spouse or de facto spouse, parent, child, brother, sister, grandparent, grandchild, in laws, adopted child, nephew, niece.

## Changes to entry

Entry changes on Eventor will be possible until the normal entry deadline, Sunday 30 March 2025, 11:59 pm AEDT

## Refund policy

In the event of participant cancellation:

- until 30 March 2025 – 90% refund
- from 31 March 2025 – in exceptional circumstances at the organiser’s discretion

## Carnival O-tops

Keep an eye out for further news about carnival orienteering tops (Bryzos) which you will be able to pre-order on Eventor.

## Transport

There is no public transport available to any of the carnival event locations. Competitors will need to organise their own private transport.

## Accommodation

Easter is a very busy time with a number of high-profile events on in the region so book your accommodation early, especially if you do not want to travel long distances each day.

Loddon Shire: <https://aus3days2025.orienteering.asn.au/accomodation/>

Bendigo: <https://www.bendigoregion.com.au/explore-bendigo/hotels-bendigo>

Other nearby accommodation options include Castlemaine, Maryborough, Dunolly and St Arnaud.

## Carnival camping

Organisers are investigating options for a nominated carnival camp site at a suitable recreation reserve. Watch the website and other media for updates.

