

### 2025 ORIENTEERING WA JUNIOR SUMMER CAMP at Camp Quaranup, Albany.

### CAMP INFORMATION

We have organised a summer orienteering camp with accommodation at Camp Quaranup, Albany. There will be activities on site and nearby 'O' maps for three days and three nights in the January school holidays. These will be led by a team of OWA coaches. All adults, including any parent helpers, staying at the camp are required to have an up-to-date working with children check.

- We are looking for young people who enjoy orienteering, want to learn more about it and have a fun time with other young people.
- The camp will start at 3:00pm Friday 24<sup>th</sup> January 2025 at Camp Quaranup, Albany.

  Parents are to bring their child to this location. If this is not possible please indicate this on the registration form and we will try to find alternative transport.
- The juniors will be transported to and from the activities by bus.
- The camp will finish at 9:30 am, Monday 27th January 2025 at Camp Quaranup, Albany.
   Parents are asked to pick up their children from this site. Again, if this is not possible, please indicate this on the registration form.
- The camp is subsidised by OWA so will only cost \$150 per junior orienteer. This includes accommodation, meals, activities, and the bus while on camp. Parent helpers staying at the camp who are not part of the accredited coaching staff are welcome but are asked to pay their costs of \$270 per adult, which includes food and accommodation. All adults staying at the camp also need to submit any special dietary requirements by 27th December, 2024.
- The camp is open to anyone aged from 10 to 20 years who has participated in at least one bush event, Navdash or Metro event in addition to any school events and is a OWA full member. Juniors need to be able to complete an E Course, or Short course at Metro without assistance. If you are a casual member and want to come you will be charged the cost of junior membership (\$30) in addition to camp fees, i.e., you will become a junior member of OWA.
- Camp Quaranup is located at 743 Quaranup Rd, Vancouver Peninsula WA 6330
- This camp is very close to the beach and may include optional swimming. If swimming is undertaken a qualified swimming supervisor will be present.

Cont'd next page 2 - "What YOU must do"







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#### What YOU must do:

- 1 Check with your parents that you will be able to come and that your transport to and from the Camp is arranged.
  - If you are having trouble with **transport**, indicate this on the Registration form and contact Rachel West, <u>orienteeringwa.coaching@gmail.com</u> or 0401644110, **before** Friday, 27th December 2025.
- 2 Complete entry details in Eventor and pay for entry via PayPal as detailed in Eventor. If any problems with this, contact OWA Treasurer, Susan Coleman at <u>oawa.treasurer@qmail.com</u>
- 3 Complete the Registration Form and email to orienteeringwa.coaching@gmail.com
- 4 Campsite Location:

743 Quaranup Rd, Vancouver Peninsula WA 6330

Camp Phone Number: 0898444087

More information about the camp is available by following this link:

https://www.dlgsc.wa.gov.au/sport-and-recreation/recreation-camps/camp-quaranup

More information:

Cont'd Page 3 - "Packing List"







## 2025 ORIENTEERING WA JUNIOR SUMMER CAMP at Camp Quaranup, Albany.

#### PACKING LIST FOR SUMMER CAMP

- ▶ Plastic drink bottle
- Orienteering clothes (shoes, pants, top and cap)
- Running shorts, top and cap
- ▶ 2 pairs of shoes (One pair for orienteering that may become wet)
- ► Hat, jumper, sunglasses, and sunscreen
- ▶ O-Kit (SI stick, compass, whistle, clear plastic bag for A4 map, highlighters, pencils, coloured pencils)
- Socks and Jocks
- Bathers and beach towel.
- Torch with a set of spare batteries
- Personal First Aid Kit
- Plastic bag/s for dirty clothing
- Insect repellent for ticks in bush and mozzies at night
- ▶ Draughts, Cards, Scrabble, Chess (Please don't bring personal music players as they are unsociable, damageable, and lose-able and you won't have time to listen to them)
- Personal toiletries (Soap, comb, face washer, toothbrush) and old bath towel
- Medication (if applicable) labelled and with clear instructions concerning use
- Note: Pillow and mattress are provided, BUT YOU WILL need to bring a pillowcase a sleeping bag or a bottom sheet, plus either top sheet and blankets.
- Mobile phones at camp must be kept on 'SILENT' during all activities & after 'LIGHTS OUT'



