

# National Junior Development Camp 2024

## Bulletin 2: Program of events and activities

Date	Time	Location	Details
<b>Saturday</b> 14 December	Early afternoon	<b>Parliamentary triangle</b>	<i>Page 1</i>
	Afternoon	Arrive   Welcome	
	Evening	[Trivia night]	
<b>Sunday</b> 15 December	Morning	<b>Isaacs Ridge</b>	<i>Page 2</i>
	Afternoon	<b>Coolleman Ridge</b>	
	Evening	[Boboyan-preview and a flavour of Italy]	
<b>Monday</b> 16 December	Morning	<b>Boboyan Divide (AM)</b>	<i>Page 3-4</i>
	Afternoon	<b>Boboyan Divide (PM)</b>	
	Evening	[Presentation – Jason McCrae]	
<b>Tuesday</b> 17 December	Morning	<b>Honeysuckle Ck</b>	<i>Page 5-6</i>
	Afternoon	Free time	
	Evening	[Presentation – Martin Dent]	
<b>Wednesday</b> 18 December	Morning	<b>Sprints series</b> (Gungahlin school campuses)	<i>Page 7</i>
	Evening	<b>Bruce Ridge (Night-O)</b>	
<b>Thursday</b> 19 December	Morning	<b>Mt Taylor (Camp-champs)</b>	<i>Page 8</i>
	Early afternoon	Depart	

### Safety notice

- Check-in / check-out at each event with the day organiser.
- Carry a whistle for all bush events (mandatory).
- If you hear or see someone requiring assistance, you must stop and help.
- Wear gaiters / full leg protection for all bush events (mandatory - snake protection).
- Qualified first-aid on hand for all events.
- 12-13 year-olds must be shadowed.
- Training sessions may be cancelled in the event of extreme weather.
- Drive safely at all times.

## Saturday 14 December: Parliamentary triangle and welcome

Welcome all! Today, there is a MapRun event on offer which traverses some National institutions like the Art Gallery, High Court and Old Parliament House. It's a score course, with no orienteering equipment required. Just download the app, grab a map and go!

### Team

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**Course setting by:** Jon Glanville

**Start team:** Jon Glanville and Ken Mansell

### Arrival

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- **Arrival:** If staying at Alivio, check-in anytime from 2:00pm. [20 Kunzea Street, O'Connor ACT.](#)
- **Contact person:** Camp coordinator: Michael Radajewski (m) 0434 902 954 and state coordinators (contact details **attached**).

### Parliamentary triangle – MapRun (score course)

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- **Parking:** Park at the National Library. [35°17'51.7"S 149°07'47.6"E - Google Maps](#)
- **Start and Finish:** Head over to the north side of Questacon. Look for the O-flag. The start / finish point is at a sculpture in the Questacon Science garden: [35°17'50.8"S 149°07'53.8"E - Google Maps](#)
- **Traffic closures:** [Commonwealth Avenue road closures in December - Our Canberra](#)
  - Southbound lanes on Commonwealth Avenue will be closed between London Circuit and Parkes Way. Northbound lanes will remain open.
  - Detours are in place. In short, **go via Kings Ave Bridge instead.**
- **Start window:** Anytime between 1:00pm – 4:00pm. Or a mass-start option at 2:00pm & 3:00pm.
- **Maps:** Available on arrival at the start location. Look for the flag. Scale 1:7,500 (2.5m contours)
- **Format:**
  - Score course with 25 controls.
  - Visit as many controls as possible in **25 minutes**. Total distance approx. 5km.
  - Controls are worth 20 points each. There is a penalty of 10 points per minute overtime.
  - Terrain: fast, open-running, city parkland.
- **Electronic punching with MapRun:**
  - Electronic 'punching' using MapRun on your phone (or Garmin watch).
  - Install MapRun from the app store before the event.
  - There are no control flags or SI units. Control descriptions in text (not symbols).
  - As you approach the control feature, your phone / watch will 'beep'.
  - If you don't have MapRun you can manually record your start and finish time.
  - An overview map (without controls) will be available at the start.
- **Safety:** Take care crossing minor roads (major roads are marked out of bounds).

### Welcome and activities

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- **Evening:** 7:30 pm: Welcome and Trivia night at Alivio. Note: everyone staying onsite or offsite is welcome to join us at Alivio tonight and for all evening presentations.

## Sunday 15 December: Isaacs and Cooleman ridge

*A couple of fantastic, local maps to start off. Tara, Jo and Shannon have coordinated their training programs to target some of the most important and fundamental orienteering skills that you will ever use.*

### Team

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**Training by:** Tara Melhuish (Isaacs ridge). Jo Allison & Shannon Jones (Cooleman ridge)

**Day organiser:** Natalie Smith

### Isaacs ridge

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- **Location:** [35°21'11.9"S 149°06'46.7"E - Google Maps](#)
- **Time:** Meet at 9:00am for a 9:15am briefing.
- **Equipment:** O Flags (No SI units). SI stick not required.
- **Type of training:** Contours – across and down the hill
- **Starts:** Split / staggered or separate start groups / forking

### Cooleman ridge

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- **Location:** Hake Street Kambah: <https://maps.app.goo.gl/wF4wCssTy2FKgJSu5>
- **Time:** Meet at 3:00pm for a 3:10pm briefing.
- **Equipment:** O Flags (No SI units). SI stick not required.
- **Courses:** Multiple courses with forking
- **Type of training:** Being precise in rock detail. Relay practice. Options to cut short.
- **Starts:** Forking on courses. Several runners to start together in groups.

### Activities

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- **Lunch:** Return to Alivio (or find a bakery) for lunch.
- **Evening:** 8:00pm: Presentation at Alivio: Boboyan preview [Rob Walter] and a taste of Italy [Greg Barbour]

## Monday 16 December: Boboyan Divide

Today we'll navigate the southern extent of the ACT. Back-to-back sessions at Boboyan Divide after some geeking beforehand. We'll aim to find a swimming spot at some stage after the afternoon session. Bring plenty of water, some lunch and your cozzies – we'll be out all day.

### Team

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**Training by:** Rob Walter (morning session) & Andy Hogg (afternoon session)

**Day organiser:** Allison Jones

### Boboyan divide (morning session)

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- **Location:** Corner of Boboyan Rd and Grassy Creek Firetrail: [Google Maps](#)
- **Time:** Meet at 9:30am. Allow 1h20m travel time.
- **Important:** You are required to clean shoes to help stop the spread of pests and diseases. There will be a shoe-cleaning station with disinfectant at the start.
- **Equipment:** O Flags (No SI units). SI stick not required.
- **Courses:** 7 Hard courses and 1 moderate hard course. Distances from 2.5k to 5.5k. It's tough terrain and there are two trainings today so aim to be out for less than 1hr in the morning. O Flags with numbers on all courses
- **Type of training:** You'll get your map the evening before so you can plan your route and draw it on the map. This helps you to know what to look for each time you read the map on your course and know what you are looking for ahead of you in the terrain. When you plan your route look for gullies, saddles and open areas as well as point features that stand out as checkpoints (a termite mound, massive boulder or clump of rocks).
- **Starts:** Turn up, disinfect your shoes and run to avoid congestion on the courses.
- **Remember to bring your map** with the route drawn on from last night's preview session.
- **Toilets:** There is a drop-toilet at Brayshaws homestead (at the start of the afternoon session – or about 5 minutes before the parking location on the right-side of the dirt road).
- **Safety:** Please drive safely, particularly on the difficult, dirt section of road.

### # Super-star relay @ Boboyan divide (afternoon session)

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- **Location:** Meeting point as per the morning session. Then drop off at Brayshaws homestead, 5 minutes down the road. (There is limited parking at Brayshaws so a car-shuffle is required).
- **Time:** Currently planned for 12:30pm. To be confirmed in the morning.
- **Equipment:** O Flags (No SI units). SI stick not required.
- **Type of training:** Time for some fun! This is a mass start pairs relay.
  - There are 10 short loops all starting from a central arena.
  - You and your partner will be allocated 3, 4 or 5 of these loops (depending on age and ability).

- You take it in turns to run consecutive loops.
- Rules are that you need to touch each control in order, and then return to the arena to tag your partner.
- There are lots of controls in a small area - check your numbers!
- When both members of a team have finished all of their legs, they can sound the air horn.
- **Pro tip:** This is head-to-head relay racing. But the terrain is technical, and visibility/runnability can be low. To hit your controls at speed, choose a route (and attack point) that makes the control easier to find.

## Activities

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- **Afternoon:** We will cool off at a recreational swimming area
- **Evening:** Arrive from 7:30pm at Alivio for an 8:00pm presentation [Jason McCrae].

## Tuesday 17 December: Honeysuckle Ck

Honeysuckle Creek has set the scene for many National events over the years. It was first mapped for the Aus Champs Relay (1984) and as part of an international training Camp for WOC 1985 (in Bendigo). A bit of a classic.

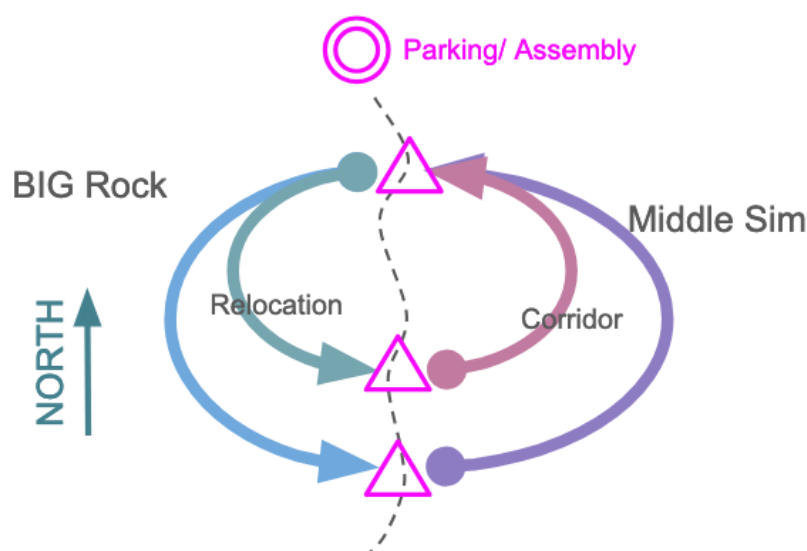
### Team

**Training by:** Alastair George and Emily Sorensen

**Day organiser:** Cath Chalmers

### Honeysuckle Creek

- **Location:** Honeysuckle campground, Apollo Rd: [35°34'58.9"S 148°58'28.4"E - Google Maps](#)
- **Time:** Meet at 9:30am for a 9:45am briefing. Allow 1h10m travel time.
- **Important:** You are required to clean shoes to help stop the spread of pests and diseases. There will be a shoe-cleaning station with disinfectant at the start.
- **No mobile phone coverage:** Know where you're going before you start.
- **Equipment:** O Flags (No SI units). SI stick not required.
- **Type of training:** Multi-technique training in highly technical terrain. There are four training options revolving around a fire-trail through the centre:
  1. **BIG rock** - aimed at simplification of rock in complicated areas
  2. **Middle simulation** - short middle style course to run at middle pace or faster to practice 'overspeed' navigation.
  3. **Relocation** - follow tapes into terrain which might follow general direction towards the control or simulate a common mistake. At the end of the tapes relocate and find control minimising time loss. Can be done in partners or groups
  4. **Corridor** - test compass and fine navigation skills.



- **Starts:** Courses can be run in either direction and will have common start / finishing points (see diagram above). Feel free to mix and match whichever course order you prefer.
- **Toilets:** There are drop toilets at the car park

## Activities

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- **Lunch:** Bring lunch. But we'll aim to return to Alivio by early afternoon.
- **Afternoon:** After a taxing couple of days, just relax and unwind.
- **Evening:** Arrive from 7:30pm at Alivio for an 8:00pm presentation [Martin Dent]

## Wednesday 18 December: Sprint sessions & Night-O

We're in for a change of pace today. Dig out your SI stick and headtorch as we go back to school for a series of focussed sprints, followed by some night-O on our back doorstep.

### Team

**Training by:** Ewan Shingler & David Stocks (Sprints). Grant Bluett (Night-O)

**Day organiser:** Edith Gray

### Sprint sessions: Gold Creek > Amaroo > Harrison

- **Time and location: Indicative timing below.** Ewan and David will provide a briefing in the morning.

	Time	Details	Location
Gold Ck School	8:00am – 9:30am	<ul style="list-style-type: none"><li>• Coupled with Holy Spirit catholic school</li><li>• Finish, download and go to Amaroo</li></ul>	<a href="#">Gold Creek Primary School</a> (40 Kellaway Street)
Amaroo School	10:00am – 11:00am	<ul style="list-style-type: none"><li>• Coupled with Good Shepherd catholic school</li><li>• Finish, download and go to Harrison</li></ul>	<a href="#">Parking at Amaroo school</a> (off Burdekin street)
Harrison School	11:30am – 12:30pm	<ul style="list-style-type: none"><li>• Finish, download and go back to Alivio for lunch</li></ul>	<a href="#">Harrison school</a> (20 Wimmera Street)

- **Equipment:** Standard sprint equipment (O Flags with SI units). **SI stick required.**
- **Arrive:** Arrive for the first session ready to warm-up and go.
- **After your run:** Just download and roll straight on to the next school.
- **Afternoon:** Between the sprints and Night-O, we'll return to our accommodation and just relax.

### Bruce ridge: Night-O

- **Location:** Gather at front of Alivio Tourist Park: 20 Kunzea St, Oconnor: [35°15'27.0"S 149°06'23.1"E - Google Maps](#)
- **Time:** Meet at 8:00pm then jog to the start.
- **Type of training:** Night-O starting in groups at short intervals
- **Equipment:** Reflective tubes with SI units. SI stick required.
- **Important:** Bring a good head-torch suitable for Night Orienteering



## Thursday 19 December: Mt Taylor (Camp-champs)

*Finish the camp with a frantic, mass start, Czech-style relay at Mt Taylor. Mt Taylor offers intricate hillside orienteering through variable forest and grassland with detailed rock features. This event requires good map concentration and contouring skills.*

### Team

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**Training by:** Oscar Brown & Kelvin Meng

**Day organiser:** Peter Miller

### Camp-champs: Mt Taylor

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- **Location:**
  - **Start:** Park at Mt Taylor Reserve carpark on Sulwood Drive, at SE edge Mt Taylor reserve. [35°22'46.5"S 149°04'34.8"E - Google Maps](#). There is a short walk to the start.
  - **Finish:** The event will finish at Mt Taylor carpark at Waldock St: [Mount Taylor Carpark - Google Maps](#)
- **Driving:** A car shuffle is required. Driving instructions will be provided at or prior to the event.
- **Time:** Meet at 9:30am for 10:00am start. Allow 20mins travel time
- **Equipment:** O Flags with SI units (standard equipment).
- **SI stick required.** Use a single SI stick for your team as your relay baton.
- **Vegetation:** Variable vegetation with some open grassland. Areas of runnable sclerophyll forest together with some slower-running areas of thickets.
- **Type of training:** A mass start, Czech-style (alternating pair) relay with forking. Relay pairings will be allocated ahead of time.
- **Safety:** Take care running downhill on rocky terrain.
- **Toilets:** None.

### Farewell and departure

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- **Departure:** Depart approx. 1:30pm

## State coordinators

<b>State</b>	<b>Name</b>	<b>Contact Details</b>
Camp coordinator	Michael Radajewski (OACT)	0434 902 954
Tasmania	Alison Stubbs	0419 321 896
Victoria	Carolyn Layton	0437 320 388
New South Wales	Vanessa Freeman	0415 545 485
Queensland	Sharon Gilbert	0412 574 869
South Australia	[ACT coordinator]	0404 360 362
Western Australia	Riley McFarlane	0467 649 543
Australian Capital Territory	Andrew Bishop	0404 360 362