

Getting there:

Highly recommended - take public transport! Central Station (Devonshire St exit) is only a 5-minute stroll max to the Assembly area through Prince Alfred Park. No parking in the park. If you choose to come by car, allow extra time, it will be a lucky lottery in finding a metered or timed parking spot in surrounding streets. The parking rangers will be out and are very good at their job!

Assembly:

Venue is Coronation Hall in the City Community Tennis Centre building (SW end of the park). Look out for red and white IKO flag. You are welcome to leave your bags with us in the Hall (at own risk).

Toilets:


Public toilets are located at Central Station and/or outside the entrance to Prince Alfred Swimming pool (light blue doors). Toilets at the tennis centre are strictly for use by tennis users only and off-limits to us.

Water:

BYO water to hydrate before and after your run. There are two bubbler fountains located within the park, one near the basketball courts and the other SW entrance of the park at Cleveland Street.

Course Setter's Notes

SCORE: You will be navigating the many intricate streets and laneways of Surry Hills. For the busier roads, there will be regular gaps in the traffic to allow you to cross safely thanks to vehicular traffic calming with traffic lights. Generally, traffic isn't expected to be too busy over January. You may cross over the light rail line in Devonshire Street but be aware trams do travel in both directions plus it is shared with local traffic that heads east from Elizabeth to Crown St. Bourke Street 2-way bike path is fast and usually busy so watch out for pushbikes, e-bikes & scooters when crossing near control #10. Basically watch out for anything moving that has wheels! Be courteous to others sharing the footpath. TAKE CARE CROSSING ALL ROADS, BIKE PATHS & LIGHT RAIL LINE.

Note: If you choose to head east on the map, you will need to factor in extra time crossing over to Moore Park Playing Fields and back. There are four separate crossing points controlled by traffic lights marked on the map with the crossing symbol  to assist you to cross safely. The traffic lights are generally favourable to pedestrians, so be patient here.

MINI: The Mini course is set within Prince Alfred Park and does not cross any roads or carpark areas. Adult supervision for littlies is, however, required as the park is bounded by two busy roads, Cleveland and Chalmers Streets.



SI units will be air-enabled. Happy navigating.

THE IKO TEAM