



ACT Sprint Distance Championships

Sunday 16th March 2025

2025 ACT League #1

Location: Australian National Botanic Gardens. Entry through Main Gate off Clunies Ross Street.

Opening Time: Access to Gardens opens at 8.30am.

Parking: In the carpark first turn to the left once passing through the Main Gate.

Restrictions: NO PETS

Assembly Area: 250m walk from the Carpark with no climb. Follow the marked route. All areas to the side of the marked route are Out of Bounds. There are toilets in the building adjacent to the Assembly Area.

IMPORTANT INFORMATION

All garden beds are Out-of-Bounds, and will be marked on the map in Olive Green. Competitors must stay on the mapped tracks, paths and roads. **DO NOT** be tempted to cross a garden bed no matter how narrow or lightly vegetated.

Competitors can run across the grass lawns, unless they are shown with purple hatching. There are numerous other areas marked on the map as Purple Hatching, and cannot be entered.

OACT's future access to the Botanic Gardens will be at risk if any competitor crosses a garden bed. Garden's rangers, volunteer staff, visitors and other competitors for the event will be present and any indiscretions are highly likely to be seen.

The Gardens will be open to visitors. Please be courteous to everyone and take care when racing on narrow paths with blind corners.

Start:

- **Location** - 250m walk from the Assembly Area with no climb. Follow the marked route. All areas to the side of the marked route are Out of Bounds.
- **Warm-Up Area:** On the walking route from Carpark to Assembly Area and from the Assembly Area to the Start.
- **Start Times** – There will be allocated Start Times between 9.15am – 10.00am. Competitors' start times will be provided in the week before the event.
- **Split Start Times** – Can be requested by emailing the organiser, before the closing date of entries, on nandiesathome@gmail.com.
- **Start Procedure** – 1 minute start intervals
 - -3 min: Enter start box.
 - -2 min: Collect control descriptions.
 - -1 min: Move to map box.
 - Start
 - Remember to CLEAR and CHECK before entering the Start Area.

Control Descriptions: Will be printed on the map and available separately. The two longest courses will have over 30 controls, with the other Hard courses and the Moderate course having between 20 and 30 controls.

Courses: Courses have been set to achieve winning times between 12-15 minutes in accordance with OA guidelines.

Electronic Punching: SPORTident electronic punching system will be used. CLEAR and CHECK units will be at the pre-start. If an SI unit fails, punch in the reserve boxes on the map using the back-up punch on the control stand. Inform an official immediately upon finishing.

Finish: The Finish is in the Assembly area.

Map: 1:3000, 2.5m intervals. Mapped by Paul de Jongh. February 2025.

Map Collection: There will be no map collection. Don't show your map to other competitors until they have finished.

Course Closure: Course closure time is 10.45am. You MUST report to the finish by the course closure time, whether or not you have finished your course.

IMPORTANT INFORMATION

OACT's booking of the gardens and facilities is for a relatively short duration and we need to be clear by late morning. Competitors must stick to the course closure time.

Results: Will be posted to Eventor and the OACT website.

Catering: Drinks and food are available from the Pollen Café, located 100m from the Assembly Area. The area between the Assembly Area and the Pollen Café is Out of Bounds for competitors who have not yet started.

Emergency Contacts: All competitors are to ensure that their Emergency Contact details are correctly recorded in Eventor.

Course Setter Notes:

DO NOT CROSS GARDEN BEDS. The terrain is a mix of open parkland and garden beds with numerous narrow paths and wider paved paths and roads. It is generally fast running with the complexity being to decide which pathways to use from control to control. Some paths may be slippery if there has been rain or overnight watering by the Garden's staff.

Courses/Classes:

Course	Classes	Length (km)	Difficulty
1	M21, M20	2.9	Hard
2	W20, W21, M16, M35, M45	2.7	Hard
3	W16, W35, W45, M55	2.4	Hard
4	W55, M65	1.9	Hard
5	W65, W75, M75	1.6	Hard
6	W85, M85, W95, M95	1.4	Hard
7	M14, W14, M/W Junior B, M/W Open B	1.7	Moderate
8	M12, W12, M/W Open Easy	1.3	Easy
9	M10, W10, M/W10N, M/W Open Very Easy	1.0	Very Easy

* Lengths are indicative straight-line distances from the draft courses calculated by the course setting software. Actual run distances will be higher as runners will need to avoid uncrossable features.

Entry Fees: (GST included):

Adults Member (21 years and older)	\$25
Junior Member (20 years old and younger)	\$12
Family Maximum	\$62
Adult Non-Member	\$40
Junior Non-Member	\$30
Family Maximum	\$110

Entry on the Day will NOT be available. Enter here:

<https://eventor.orienteering.asn.au/Events/Show/20907>

Entries Close: At 11:59pm on **Sunday 9th March 2025**. Late entries will not be accepted.