

2025 ACT Championships Saturday April 5th and Sunday April 6th Bulletin 1

Both events are part of the ACT League and ONSW SL event series.

Website: http://act.orienteering.asn.au/events/

Enquiries/Contacts: 02 61821815 Orienteering ACT office@act.orienteering.asn.au

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Saturday 5th April

2025 ACT Middle Distance Championships

2025 ACT League #2 2025 ONSW SL #3

Organising Club: Red Roos
Course Planners: Mace Neve
Ben Rattray

Organiser: Phoebe Dent Event Controller: Cath Chalmers

Location: Cooma, NSW

Map: Pine Range (2025) This is a new map.

Scale: 1:10,000 (Courses 1 and 2); 1:7,500 all other courses.

Terrain: Moderate to steep hill, with native forest and detailed (big) granite typical of the area. It is close to town, so it is well used with a detailed track network, intricate gullies and good run-ability in the flatter parts. The cypress pines are beautiful set amongst the granite boulders.

Starts: from 1200(noon) Allocated start times.

Courses close 1530 (3:30pm).

No start times will be allocated for M/W10N. Shadowing is permitted once you have completed your course.

Split Start Times can be requested by emailing the organiser, Phoebe Dent, before closing date of entries, at phoebedent@gmail.com.

Provisional Course/Class Information

Course	Classes	Indicative Length (km)	Difficulty
1	M21A, M20A	5.8	Hard
2	W21A, W20A, M18A, M35A, M40A, M45A	5.1	Hard
3	M16A, M50A, M55A, W18A, W35A, W40A, M20AS, M21AS	3.9	Hard
4	M60A, W45A, W50A, W55A, M35AS, M45AS	3.3	Hard
5	M65A, W16A, W60A, W65A, M55AS, W20AS, W21AS, W35AS, W45AS	3.0	Hard
6	M70A, M75A, W70A, W75A, M65AS, W55AS	2.0	Hard
7	M80A, W80A, M85A, W85A, W65AS	1.7	Hard
8	M14A, W14A, W/M Open B	2.6	Moderate
9	M12A, W12A, W/M Open Easy	2.0	Easy
10	M10A, W10A, W/M 10 Novice, W/M Open Very Easy	2.0	Very Easy

Sunday 6th April

2025 ACT Long Distance Championships

2025 ACT League #3 2025 ONSW SL #4

Organising Club: Abominable O-men
Course Planner: Grant McDonald
Organiser: Ann Scown
Event Controller: John Scown

Location: Nimmitabel, NSW

Map: Highlands (2023)

Scale: 1:10,000 or 1:7,500. 5m contours. The area was last used in April 2023.

Terrain: Typical high country granite terrain with areas of large granite boulders, elongated marshes, areas of regrowth and fast, open runnable areas. The topography ranges from quite steep to very vague. The map is interspersed with many man-made objects such as fences (some in disrepair), dams and junk heaps. Due to the nature of the area, power lines have not been mapped.

Starts: from 1000(10am) Allocated Start times.

Courses close 1400 (2:00pm).

No start times will be allocated for M/W10N. Shadowing is permitted once you have completed your course.

Split Start Times can be requested by emailing the organiser, Ann Scown, before closing date of entries, at scown@light.net.au.

Provisional Course/Class Information

Course	Classes	Indicative length (km)	Difficulty
1	M21A	11.5	Hard
2	M20A, M35A	9.5	Hard
3	W21A, M40A	8.8	Hard
4	M18A, M45A, W20A, W35A	7.6	Hard
5	M50A, W40A	6.7	Hard
6	M16A, M55A, W18A, W45A, M21AS	5.7	Hard
7	M60A, M65A, W50A, M20AS, W21AS	5.0	Hard
8	M70A, W16A, W55A, M35AS	4.4	Hard
9	M75A, W60A, W65A, M45AS, W20AS, W35AS	4.0	Hard
10	M80A, W70A, M55AS, W45AS	3.2	Hard
11	W75A, M65AS	2.5	Hard
12	M85A, W80A, W55AS, W65AS	1.9	Hard
13	W85A	1.4	Hard
14	M14A, M Junior B, M Open B	3.4	Moderate
15	W14A, W Junior B, W Open B	2.7	Moderate
16	M12A, W12A, M/W Junior Easy, M/W Open Easy	2.8	Easy
17	M10A, W10A, M/W Junior Very Easy, M/W Open Very Easy, M/W10 Novice	2.0	Very Easy

General Information

Event Entry Fees (GST included)

Adult Member \$40 Junior Member (<21) \$20 Sub-Junior (<11) FREE

Adult Non-member \$50 **Junior Non-member** \$30

Entries will close on Eventor at 2359 (11.59pm) on Sunday 30th March, 2025.

Late Entries will only be accepted at the discretion of the organisers.

Previous Maps and Embargoes: Previous maps of the areas are available to view on Eventor. Details of the embargoes are on the OACT website at Embargoes.

NO DOGS/CATS or other domestic pets to be brought to either event.

SI Air will be enabled for both events. Standard SI chips can be used as usual.

Toilets will be provided at both events.

First Aid will be available at both events.

Catering by the ACT junior Blue Lightning squad will be available at both events.



Accommodation

To avoid a longish drive on Sunday morning, we recommend accommodation in Cooma or Nimmitabel and surrounds.





