

EVENT INFORMATION

EVENT: **NavDash 4 – Mills Park**

DATE: **SUNDAY 23rd MARCH**

ENTRY DETAILS:	PRE-ENTRY PREFERRED By 8:00 am on Sunday, OR REGISTER ON THE DAY FROM 9:00 AM
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START TIME: INDIVIDUAL STARTS BETWEEN 9:00 AM AND 11:00 AM

COURSES CLOSE: 12:00 PM
You need to be back at the assembly area by this time, whether or not you complete the course

COURSES AVAILABLE:

COURSE	LENGTH (APPROX)	NUMBER OF CONTROLS
EASY	1.5 km	16
SHORT	1.9 km	15
MEDIUM	2.4 km	19
LONG	2.9 km	25

COURSE NOTES

- The scale for all course is 1:4000. The contour interval is 2.0m. Legend, scale and control descriptions are provided on the map. Loose control descriptions will be available.
- The area features active and passive reserves, an impassable waterway (mostly fenced off), other dry creeks and waterways (at this time of year) and both runnable and thick bush. There are some grass seeds in the bush (minimal) so leg protection is recommended.
- Please respect all features marked as uncrossable (high walls and fences, deep water, garden beds, buildings, etc). Some gardens look crossable but please respect the OOB.
- Tracks in bushland areas are unpaved and sandy.
- As there are active reserves there may be other sporting events on either the ovals or in the courts. All courts are surrounded by high fences so please do not enter these, even if the gates are open.
- Courses use electronic punching with SI Air enabled. Please remember to clear and check before starting. Starts will be at one minute intervals unless crowds form in which case these may be reduced to shorter times.

ASSEMBLY AREA

- The assembly area is at the north western car park of Mills Park (Bickley Rd entrance) near the skate park. Toilets are located near to the start area. Please watch for runners crossing the road as you enter the park. Overflow parking available in the car park immediately to the south (Brixton St entrance).
- There is a playground nearby that is out of bounds during the event but please feel free to make use of it before or after the event.
- There is a café approx. 250 m from the car park that is open until 2:30 pm on Sunday. There are also barbecues available nearby if you want to cook up prior to (or during) the AGM.

COURSE INFORMATION

- All courses are line courses, which means that controls must be visited in the order shown on the map. The easy course has easier navigation and is suitable for beginners.
- Anyone can do a second course as long as the second course is started before 11:00 AM. All courses are on a single sided A4 map.
- Man made features mapped with a black X may be soccer goalposts, playground equipment, utility boxes or other features.
- Man made features marked with a black O are circular play equipment.
- Man made features marked with a black ⊙ are artwork or small shelters.
- Vegetation features mapped with a green X are distinct tree stumps or logs.

DO REMEMBER WATER, SUNSCREEN AND A HAT – IT CAN BE HOT OUT ON THE COURSE AT THAT TIME.