

ACT Sprint Distance Championships

Sunday 16th March 2025

FINAL BULLETIN

Location: Australian National Botanic Gardens. Entry through Main Gate off Clunies Ross Street.

Opening Time: Access to Gardens opens at 8.30am.

Parking: In the carpark first turn to the left once passing through the Main Gate.

Restrictions: NO PETS

Arena Area: 250m walk along a minor road with no climb. Follow the marked route from just inside the Main Gate. All areas to the side of the marked route are Out of Bounds. There are toilets in the Building adjacent to the Arena.

Starts:

- Location 250m walk from the Arena with no climb. Follow the marked route. All areas to the side of the marked route are Out of Bounds.
- Warm-Up Area: On the walking route from carpark to Arena and from the Arena to the Start.
- Allocated Start Times: Will be used for all Classes, with the exception of M/W10N. M/W10N may start in any vacant start time on their course using a punching start (any time after 9:22). M/W10N parents must only shadow their children after completing their own course.
- Start Times Are now available at eventor.orienteering.asn.au
- **Start Procedure** 1 minute start intervals
 - -3 min: Enter start box.
 - -2 min: Collect control descriptions.
 - \circ -1 min: Move to map box.
 - Start on the 6th beep. It is NOT a punching start.
 - Easy and Very Easy courses will have a short taped route from the Start to their 1st control.
 - Remember to CLEAR and CHECK before entering the Start Area.

Finish: Competitors using SI-Air sticks will have a run-through Finish. The finish gate will register you within a 3m radius (listen for your SI-Air to beep). In the unlikely event that your stick doesn't beep, punch the Finish Control immediately beyond the run-through Finish.

Competitors without SI-Air sticks will need to punch the Finish Control.

Map: 1:3000, 2.5m interval. Mapped 2025.

Map Collection: There will be no map collection. Don't show your map to other competitors until they have finished.

Course Closure: Course closure time is 10.45am. You MUST report to the computer desk to download by the course closure time, whether or not you have finished your course.

Bibs: All competitors MUST wear their allocated bib. Bibs are to be collected on the morning of the event at the Bib Collection Desk between the carpark and Arena. Competitors coming to the Start without a bib will need to return to collect their bib and their Start time will not be adjusted if they are late starting.

After completing your run and download, competitors are to return their bib to the marked box in the Arena.

There are many Out of Bounds (OOB) areas, and the wearing of bibs will enable Gardens staff, visitors, other competitors, on course marshals and event officials to identify runners who enter OOB areas.

Course Setter Notes: If you are not on a track, paved path, road or grassed lawn, you are OOB. **DO NOT CROSS GARDEN BEDS** even if the garden bed looks lightly or not vegetated.



This image is an approx. 60x70 metre snapshot of the map showing the complexity of the track network. In places the tracks and track junctions are less than 20m apart with light bushland between, or no obvious bushland as gardens beds are being re-cultivated. It could be so tempting to take a shortcut – **DON'T it is OOB** as shown by the olive green.



Tracks with purple hatching are also OOB. In some cases there will be indication on the ground such as a barrier or traffic cones. In other cases, there will not be a physical barrier. Competitors will need to read the map to avoid the thick purple lines and purple hatched OOB areas. Some tracks have been closed due to falling Bunya Pine cones.





Bridge/Underpass: Many courses will offer competitors route choices that involve bridges and underpasses. This image is an example of how the bridge/underpass is shown on the map.

Items not Mapped: There are numerous seats and picnic tables throughout the Gardens. These are not shown on the map, due to the large number and the temporary placement locations of some seats.

Courses/Classes:

Course	Classes	Difficulty	# of Controls	Map Flip
1	M21, M20	Hard	29	Yes
2	W20, W21, M16, M35, M45	Hard	28	Yes
3	W16, W35, W45, M55	Hard	24	Yes
4	W55, M65	Hard	22	Yes
5	W65, W75, M75	Hard	20	No
6	W85, M85, W95, M95	Hard	17	No
7	M14, W14, M/W Junior B, M/W	Moderate	25	Yes
	Open B			
8	M12, W12, M/W Open Easy	Easy	17	No
9	M10, W10, M/W10N, M/W Open	Very Easy	13	No
	Very Easy			

Arena Layout:



Arena Area: Tents, banners or any items that require pegging to the ground are not to be erected in the Arena, due to possible damage to watering systems.

Results: Will be displayed on screens at the Arena, posted to Eventor and the OACT website. Live results will be available online (<u>liveresultat.orientering.se</u>), or via the LiveOL app for iOS and Android.

Rubbish: Bins are not provided at the Gardens. Please remove your own rubbish.

Visitors: The Gardens will be open to visitors. Please be courteous to everyone and take care when racing on narrow paths with blind corners. Visitors have right of way.

Catering: Drinks and food are available from the Pollen Café, located 100m from the Arena. The area between the Arena and the Pollen Café is Out of Bounds for competitors who have not yet started.

and just to emphasise the point:

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