Women and Girls - Bike Orienteering Program! Suited to total novices all the way up to experienced cyclists

Get Lost!

Looking to ride with purpose while having fun?

Come try bike orienteering in a park. Ride on bike paths and over open grassy areas.

Ride up to an hour solo, with your partner, family or friends!

Bring a basic bike, helmet and your phone.



Sunday at 8:30am

• 30 March: 95 Goss Rd, Virginia.

- 20 April: Porter's Paddock Park, Minnippi Parkland, Tingalpa.
- 25 May: Opposite 18, Hanover Dr, Alexandra Hills.
- 29 June: Gold Coast. TBC (see website)

All Welcome

Cost: \$5 per person

(children are free when accompanied by an adult)

Our female coaches can guide you through orienteering!

Please reach out to Kate with any questions: 0494 392 591 <u>info@mtbo.com.au</u>

For more information and to enter, visit our website <u>www.mtbo.com.au</u> Multi Terrain Bike Orienteers Club