



AUTUMN CLASSICS

2025 ACT Championships **Saturday April 5th and Sunday April 6th** **Final Bulletin**

Both events are part of the ACT League and ONSW SL event series.

Website: <http://act.orienteering.asn.au/events/>

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Welcome to the 2025 ACT Championships brought to you by



ORIENTEERING
— ACT —

Saturday 5th April 2025 ACT Middle Distance Championships

2025 ACT League #2

2025 ONSW SL #3

Event Details

Organising Club: Red Roos
Course Planners: Mace Neve
Ben Rattray
Organiser: Phoebe Dent
Event Controller: Cath Chalmers

Location: McDonald Ave, Cooma, NSW

Map: Pine Range (2025) This is a new map.

Mapped by Hugh Moore and Tate Needham.

Scale: 1:10,000 Courses 1 and 2; 1:7,500 Courses 3 to 10

Contour interval: 5m

Event Timeline

Arena open: 1100

First start: 1200

Presentation: 1430

Course closes: 1500

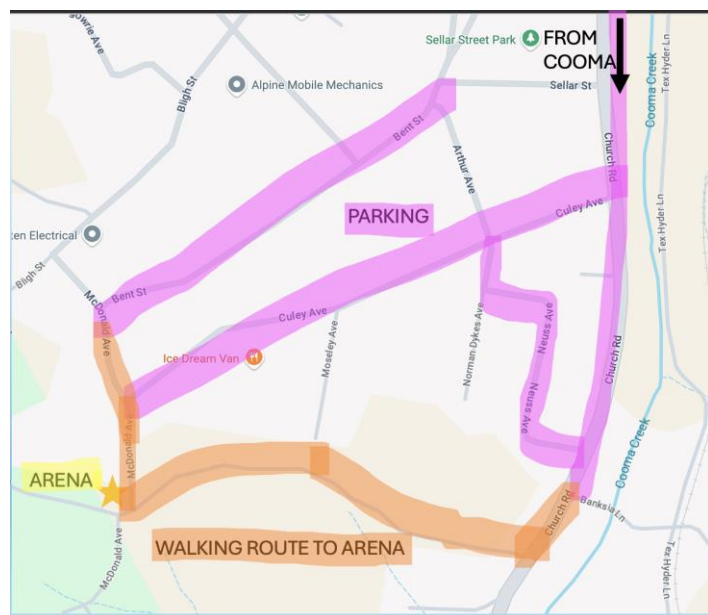
Directions

From Cooma

From the centre of Cooma follow B72 south towards Nimmitabel and Bega. After approximately 900m, turn right into Church Rd and travel to the intersection with Culey Ave. From here, park legally in the streets between Church Rd and McDonald Ave. **Parking is self-directed.** Recommended places are on the dirt verge of Church Rd, Culey Ave, Bent Street and Neuss Ave. Please consider locals, and do not park them in, keep driveways and all gates clear.

Arena

The arena, marked in yellow below – is at the southern end of McDonald Avenue, where it enters the forest. **DO NOT PARK** in McDonald Ave after the intersection with Culey Ave – this is our entry point for first aid and there is not room for more cars.



From Church Rd there is an approximately 700m walk from the parking to the arena, uphill. From the intersection of Church Rd and Banksia Lane, cross Church Rd and follow the fire trail up to the arena. **The southern side of the fire trail (left side as you walk up the hill) is the competition area and is out of bounds.**

Alternatively, walk uphill along Culey Ave or Bent St and turn left into McDonald Ave towards the Arena.

Warmup Area

The fire trail back towards parking on Church Rd or in the streets where parking is.

Out of Bounds

Except for the arena, parking, and warmup area on the fire trail, all other areas are out of bounds.

Restrictions

NO PETS

Courses/Classes

| Course | Classes | Length (km) | Climb (m) | Controls | Map Scale |
|--------|--|-------------|-----------|----------|-----------|
| 1 | M21A; M20A | 5.5 | 265 | 20 | 1:10 000 |
| 2 | W21A; W20A M18A; M35A; M40A; M45A | 5.2 | 210 | 19 | 1:10 000 |
| 3 | W18A; W35A; W40A; W45A M16A; M50A; M55A; M20AS; M21AS M/W Open A | 4.0 | 160 | 16 | 1:7 500 |
| 4 | W50A; W55A M60A; M65A; M35AS; M45AS | 3.3 | 115 | 14 | 1:7 500 |
| 5 | W16A; W60A; W65A; W20AS; W21AS; W35AS; W45AS M70A; M55AS | 3.0 | 110 | 11 | 1:7 500 |
| 6 | W70A; W75A; W55AS M75A; M65AS | 2.1 | 95 | 9 | 1:7 500 |
| 7 | W80A; W85A; W65AS M80A; M85A; M90A | 1.6 | 55 | 9 | 1:7 500 |
| 8 | W14A; W Open B M14A; M Open B | 2.6 | 90 | 8 | 1:7 500 |
| 9 | W12A; M12A; Open Easy | 2.0 | 35 | 7 | 1:7 500 |
| 10 | W10A; M10A; W/M10N; Open Very Easy | 2.0 | 20 | 13 | 1:7 500 |

Map Flip

Courses 1 and 2 have a map flip (a double-sided map). The start of the course will be facing down in the map box at the start.

Control Descriptions

Control descriptions are printed on the front of the map and are IOF international symbols for all courses. Loose IOF control descriptions are available at the start. For courses 8, 9 and 10 loose English text descriptions will also be available at the start.

Taped Routes

Course 10 have some taped routes in the terrain using blue, yellow and pink tapes. These routes are marked on their map and in the control descriptions.

Safety Bearing

North to the main fire trail, then east or west to the arena.

Whistles

Must be carried by all competitors.

Course Planners Notes

Pine Ridge is close to downtown Cooma and is regularly used by the locals. It has a detailed track network and granite boulders/boulder fields cover large portions of the map. Runnability varies from faster open grazed areas, to slower through the denser rock. There are also areas of smaller tree growth with reduced visibility. It is a hill, and the topography ranges from steep to moderate in the lower slopes.

Mapping of the rock shows the most significant rock features and the rock detail in dense rock areas has been generalised. The boulder field symbol has been used to show areas containing numbers of individual boulders.

Start

There is one start for all courses located 200m from the arena.

Start Procedure

Start times will be allocated for all competitors except for M/W10N.

There is a punch start for everyone.

A pre-start clock will be displayed. This clock will display start time -3 minutes. When your start time is displayed, move forward to the start box.

- 3 min: enter start box
- 2 min: collect control descriptions
- 1 min: move to map box
- 0 min: pick up map and **punch start**

No start times will be allocated for M/W10N. Shadowing is permitted once you have completed your course.

Late starts should report to the late start official. You will be started with a start punch on the next available time slot. Time adjustments, if appropriate will be resolved at the finish.

Electronic Punching

SPORTident electronic punching system will be used. You must clear and check your SI card before starting. Clear/check will be at the pre-start. **SI Air** will be enabled. Standard SI chips can be used as usual. If an SI unit fails, or you do not get a response from your SI chip, punch in the reserve boxes on the map using the backup punch on the control stand. Inform an official immediately upon finishing.

Finish Procedure

If using an SI stick, punch the finish control or if using a SIAC stick swipe the finish control (which will also turn off contactless mode). Then proceed immediately to download and pick up your split times printout at the finish tent.

If you have abandoned your course, you **MUST** still report to the download tent by course closure time.

Course Closure

Courses close at 1500 (3:00pm). You **MUST** report to the finish by 1500, whether you have finished your course or not.

Water

There is one water control for longer courses, it will be marked on the descriptions. There will be **no water provided** by the organisers in the arena or at the start. Bring all your own water.

Map Collection

There will be no map collection. Don't show your map to other competitors until they have finished.

Results

Results will be displayed in the arena. Results and splits will also be made available via Eventor as soon as practicable after the event.

Presentation

The presentation will be held as soon as possible from 14:30.

Toilets

The toilets are adjacent to the arena.

First Aid

A first aid tent will be in the arena.

Catering

There will be Blue Lightning catering at the event, providing cakes, tea, coffee and soft drinks. Please support our Juniors.

Enter on the Day (EOD)

There is no EOD. Entries must be made via Eventor prior to the day.

Sunday 6th April 2025 ACT Long Distance Championships

2025 ACT League #3

2025 ONSW SL #4

Organising Club: Abominable O-men
Course Planner: Grant McDonald
Organiser: Ann Scown
Event Controller: John Scown

Map: Highlands (2023)

Scale: 1:10,000 (Courses 1-3) 1:7,500 (Courses 4-17). 5m contours.

Mapped by Hugh Moore with technical assistance from Bob Allison.

First impression by Marian Cotirta, 2018

The area was last used in April 2023.

Course Planners Notes:

Highlands is a high-country granite area and comprises several different terrains. Granite boulders and boulder fields cover large portions of the map. Runnability varies from faster open grazed areas, and very runnable open forest, through to slower areas of bracken and/or fallen timber. There are also areas of smaller tree growth with reduced visibility.

The topography ranges from quite steep to very vague in parts.

Mapping of the rock shows the most significant rock features and the rock detail in dense rock areas has been generalised. The boulder field symbol has been used to show areas containing numbers of individual boulders.

Many of the tracks are indistinct or overgrown. There are also several long marshes, and you may get wet feet when crossing. The vegetation at Highlands has been mapped to show general runnability.

There are several fences across the map and are generally topped by a single strand of barbed wire and are crossable by able-bodied competitors or are broken and avoidable. One optional crossing point is marked on the map to assist competitors on courses 15, 16 and 17 with crossing a fence.

No overhead power lines have been shown on the map. The power poles have been mapped using a black cross designating a man-made feature.

Event Timeline:

0830 Arena Open
1000 First start. Earlier starts for helpers and others if necessary.
1330 Presentations. Or earlier if results are available.
1400 Course Closure

REMEMBER Daylight Saving:

Please remember that Daylight Saving ends at 3:00am on Sunday 6th April 2025.

Directions:

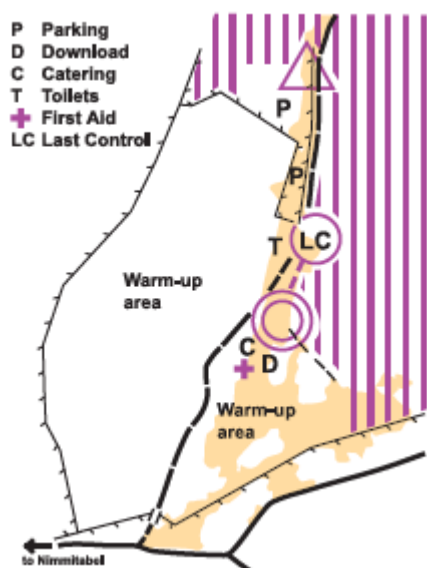
From Cooma (allow 45mins)

Follow the Snowy Mountains Hwy for 37km to Nimmitabel. Then follow directions from Nimmitabel (see below).

From Nimmitabel (allow 20mins)

Turn east into Clarke Street, signposted "To Kybeyan". Drive straight out of town and follow Old Bega Rd towards Steeple Flat. After 9.8km from Nimmitabel turn left into Greenlands Road. After 550m turn left through a gate and then follow the track 400m to parking. Please drive carefully as there may be animals and competitors.

Arena Layout:



Parking:

Parking is adjacent to the arena. Please drive straight through the gate and park as directed.

Warmup Area:

Warmup is in the area adjacent to the parking and arena.

A small sample map of the warmup area will be available at the entrance to the parking. The warmup map scale is 1:7 500 and has a few controls marked by a flag in the terrain. There are no control descriptions.

Out of bounds:

Except for the arena, parking, and warmup area the competition area is out of bounds. See the arena map for details.

NO DOGS/CATS or other domestic pets to be brought to the event

Courses/Classes:

| Course | Classes | Length (km) | Climb (m) | Controls | Map Scale |
|--------|--|-------------|-----------|----------|-----------|
| 1 | M21A | 11.3 | 355 | 23 | 1:10 000 |
| 2 | M20A, M35A | 9.5 | 320 | 16 | 1:10 000 |
| 3 | W21A, M40A | 8.8 | 245 | 20 | 1:10 000 |
| 4 | M18A, M45A, W20A, W35A | 7.5 | 240 | 14 | 1:7 500 |
| 5 | M50A, W40A | 6.6 | 210 | 13 | 1:7 500 |
| 6 | M16A, M55A, W18A, W45A, M21AS | 5.7 | 180 | 13 | 1:7 500 |
| 7 | M60A, M65A, W50A, M20AS, W21AS | 5.1 | 155 | 11 | 1:7 500 |
| 8 | M70A, W16A, W55A, M35AS | 4.4 | 145 | 11 | 1:7 500 |
| 9 | M75A, W60A, W65A, M45AS, W20AS, W35AS | 4.0 | 140 | 11 | 1:7 500 |
| 10 | M80A, W70A, M55AS, W45AS | 3.2 | 80 | 10 | 1:7 500 |
| 11 | W75A, M65AS | 2.6 | 75 | 8 | 1:7 500 |
| 12 | M85A, W80A, W55AS, W65AS | 2.0 | 50 | 8 | 1:7 500 |
| 13 | W85A, M90A | 1.5 | 35 | 5 | 1:7 500 |
| 14 | M14A, M Junior B, M Open B | 3.4 | 100 | 11 | 1:7 500 |
| 15 | W14A, W Junior B, W Open B | 2.8 | 85 | 9 | 1:7 500 |
| 16 | M12A, W12A, Junior Easy, Open Easy | 2.8 | 75 | 12 | 1:7 500 |
| 17 | M10A, W10A, M/W10N, Junior Very Easy, Open Very Easy | 1.9 | 50 | 12 | 1:7 500 |

Control Descriptions:

Control descriptions are printed on the front of the map and are IOF international symbols for all courses. Loose IOF control descriptions are available at the start. For courses 14, 15, 16 and 17 loose English text descriptions will also be available at the start.

Taped Routes:

Courses 16 and 17 have some taped routes in the terrain using blue, yellow and pink tapes. These routes are marked on the map and in the control descriptions.

Safety Bearing:

East or West to the main track then South to the arena.

Whistles:

At the end of 2024, following situations with lost and injured competitors, the OACT Board mandated that whistles **MUST** be carried for all ACT League bush events.

Whistles may be checked at the start. If you are found to be without a whistle, you will not be allowed to start.

Start:

There is one start for all courses located 250m from the arena at the northern edge of the parking area.

Start Procedure:

Start times will be allocated for all competitors except for M/W10N.

There will be a punching start for everyone.

A pre-start clock will be displayed. This clock will display start time -3 minutes. When your start time is displayed, move forward to the start box.

- 3 min: enter start box
- 2 min: collect control descriptions
- 1 min: move to map box
- 0 min: pick up map and punch start

No start times will be allocated for M/W10N. Shadowing is permitted once you have completed your course. M/W10N competitors may start any time between 1000 and 1200.

Late starts should report to the late start official. You will be started with a start punch on the next available time slot. Time adjustments, if appropriate will be resolved at the finish.

Electronic Punching:

SPORTident electronic punching system will be used. You must clear and check your SI card before starting. Clear/check will be at the pre-start.

SI Air will be enabled. Standard SI chips can be used as usual.

If an SI unit fails, or you do not get a response from your SI chip, punch in the reserve boxes on the map using the backup punch on the control stand. Inform an official immediately upon finishing.

Water:

Water stations will be located on the main north-south track and will be marked on the map by a cup symbol. Water at controls will be marked on the descriptions. There will be no water provided by the organisers in the arena or at the start.

Finish Procedure:

If using an SI stick, punch the finish control or if using a SIAC stick swipe the finish control (which will also turn off contactless mode). Then proceed immediately to download and pick up your split times printout at the finish tent.

If you have abandoned your course, you **MUST** still report to the download tent by course closure time.

Course Closure:

Courses close at 1400 (2:00pm). You **MUST** report to the finish by 1400, whether you have finished your course or not.

Map Collection:

There will be no map collection. In the spirit of fair play, do not show your map to anyone who has not started.

Results:

Results will be displayed in the assembly area.

Results and splits will also be made available via Eventor as soon as practicable after the event.

Presentations:

Presentations will be held as soon as possible from 1330 or earlier if results are available.

Toilets:

The toilets are adjacent to parking.

First Aid:

First Aid will be provided by St John Cooma and will be located in the assembly area.

Emergency Contact:

All competitors must ensure that their emergency contact details are currently recorded in Eventor

Catering

The ACT junior squad, Blue Lightning, will be catering at the event, providing cakes, soup, tea, coffee and soft drinks. Please support our Juniors.





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