

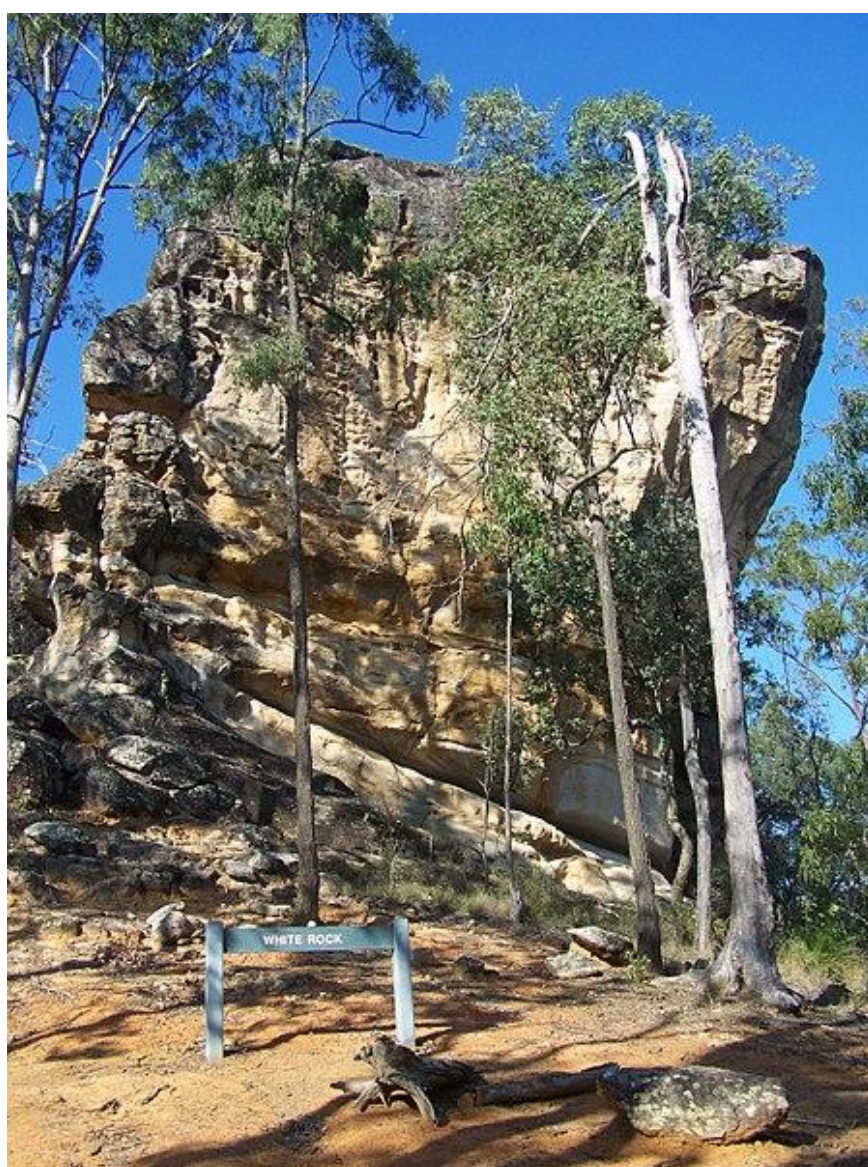


Australian Orienteering Championships 2025

27 September to 5 October

Brisbane, Queensland

BULLETIN 1



brisbane
ECONOMIC DEVELOPMENT AGENCY
BRISBANE CITY COUNCIL

 [Ché Lydia Xyang](#)



INVITATION TO BRISBANE

Orienteering Queensland invites you to Brisbane for an AusChamps designed for maximum excitement and easy access to events.

FIFO or leisure: The two weekends bookending the carnival have each been designed so that those pressed for time can fly in on the Saturday mornings and out on the Sunday afternoons to enjoy all four flagship events. Meanwhile the leisurely traveller can enjoy a week of warm up events on the drive to Brisbane followed by all seven events of the Carnival.

Choose your vibe: Dance to the city beat or leave it all behind with lakeside camping near the Long Distance map.

Features: Spicing up the combination of Sprint + Long on the first weekend, we have a **\$\$\$Dash for Cash\$\$\$** to reward the fastest Elite sprinters. The Relay on the final weekend starts on the Saturday afternoon for most, with a **Night Relay** for classes competing in the National Orienteering League. Sunday morning's Middle Distance Champs is less than an hour from the airport.

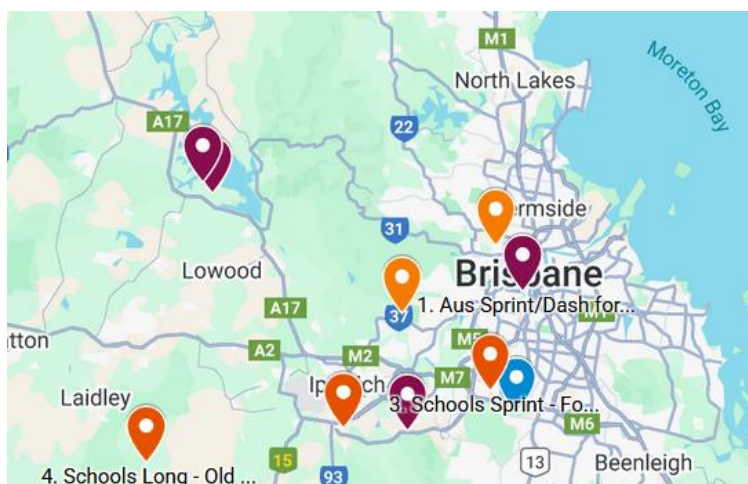
Whether you are new to orienteering or a seasoned athlete, the carnival has something for you, with courses for all ages and fitness levels, from Open Easy to M/W21 Elite.

Location

Brisbane (Meanjin) stretches from Moreton Bay to the foothills of the Great Dividing Range. It is built on the traditional lands of the Turrbal and Jagera (Yuggera) peoples. We acknowledge them as Custodians and pay our respects to their Elders past, present and emerging.

As well as the amenities of a capital city, Brisbane boasts extensive green space and easy access to some stunning orienteering maps.

All AusChamps events are within an easy drive of the capital. In keeping with the **Run the River** theme, maps range from the upper Brisbane River at Wivenhoe, to the lazy bends around the UQ campus at St Lucia, arguably the best sprint map in Australia.



[Open in Google Maps](#)

Links

Carnival events & entries - [Eventor Australia](#)

Carnival Website - <https://www.auschamps25.com/>



Facebook



Instagram



EVENTS

Warm-up events: Come via granite rich Stanthorpe for the Queensland Middle Distance Champs and a classic Orienteer of the Year event on the preceding weekend: 20-21 Sept. Then be in Brisbane on Thursday 25 Sept for the Midweek Championships.

Championships: 7 events in and around Brisbane plus a knockout sprint with a cash prize.

Run the River 3 Days: Public events in conjunction with the Schools Championships

Independent Athlete Development Camp: Enabling Juniors to participate in the whole Carnival with a full camp experience – see [flyer](#) on the final page of this Bulletin.

DATE	EVENT	LOCATION
	<i>WARM UP / PRE-CHAMPIONSHIP</i>	
Sat 20 Sep from 12:30pm	QUEENSLAND MIDDLE DISTANCE CHAMPIONSHIP	Stanthorpe East
Sun 21 Sep	CLASSIC OY EVENT (Orienteer of the Year series)	“Cascades” Stanthorpe West
Thur 25 Sep	MIDWEEK CHAMPIONSHIPS (Informal event)	Glider Forest, Parkinson (Brisbane)
	<i>CHAMPIONSHIPS</i>	
Sat 27 Sep from 12pm	1 AUSTRALIAN SPRINT DISTANCE CHAMPIONSHIPS WRE & NOL Team Event	University of Queensland, St Lucia
Sat 27 Sep from 4pm	💥 \$\$ DASH FOR CASH \$\$ 💥	University of Queensland, St Lucia
Sun 28 Sep	2 AUSTRALIAN LONG DISTANCE CHAMPIONSHIPS WRE & NOL Team Event	“Bigges Hill” Wivenhoe
Mon 29 Sep	Rest day	
Tues 30 Sep	3A AUSTRALIAN SCHOOLS SPRINT CHAMPIONSHIPS 3B RUN THE RIVER 3 DAYS	TBC
Wed 1 Oct	4A AUSTRALIAN SCHOOLS LONG DISTANCE CHAMPIONSHIPS 4B RUN THE RIVER 3 DAYS	Old Hidden Vale Grandchester
Thur 2 Oct	5A AUSTRALIAN SCHOOLS RELAY CHAMPIONSHIPS 5B RUN THE RIVER 3 DAYS	“Deebling Creek” Deebling Heights
Fri 3 Oct	Rest day	
Sat 4 Oct from 2pm	6 AUSTRALIAN RELAY CHAMPIONSHIPS NOL Team Event	Logan Inlet Wivenhoe
Sun 5 Oct	7 AUSTRALIAN MIDDLE DISTANCE CHAMPIONSHIPS WRE & NOL Team Event	“Sandstone Gardens”, White Rock



AOC 2025 Team

The 2025 Australian Orienteering Championships are being organized on behalf of Orienteering Queensland by a team led by:

Event Director	Brenton Gray	aoc2025@orienteering.asn.au
Technical Director/OA Controller	Anna Sheldon	technical@orienteering.asn.au
IOF Event Advisor	Anna Sheldon	technical@orienteering.asn.au
ASOC Coordinator	Cam Schubert	aocschools2025@orienteering.asn.au
Entries	Tony Bryant	aocentries2025@orienteering.asn.au
Results	Tim McIntyre	aoc2025@orienteering.asn.au
Enquiries	Juliana de Nooy	aoc2025@orienteering.asn.au

Email contact is preferred. When email is not possible, the telephone contact number is 0417 617 580 (Juliana de Nooy).

Event Planning Team

EVENT	PLANNER	CONTROLLER
1 AUSTRALIAN SPRINT DISTANCE CHAMPIONSHIPS WRE & NOL Team Event + \$\$ Dash for Cash \$\$	Ryan Gray	Rob Rapkins
2 AUSTRALIAN LONG DISTANCE CHAMPIONSHIPS NOL Team Event	Grant Reinbott	Ben Schulz
3A AUSTRALIAN SCHOOLS SPRINT CHAMPIONSHIPS 3B RUN THE RIVER 3 DAYS	Dylan Bryant	Juliana de Nooy
4A AUSTRALIAN SCHOOLS LONG DISTANCE CHAMPIONSHIPS 4B RUN THE RIVER 3 DAYS	Eric Smyth	Tim McIntyre
5A AUSTRALIAN SCHOOLS RELAY CHAMPIONSHIPS 5B RUN THE RIVER 3 DAYS	Mikaela Gray	Brenton Gray
6 AUSTRALIAN RELAY CHAMPIONSHIPS WRE & NOL Team Event	Mark Gregson	Tony Bryant
7 AUSTRALIAN MIDDLE DISTANCE CHAMPIONSHIPS WRE & NOL Team Event	Andrew Hill	Riley de Jong/ Anna Sheldon

[Enter here](#)**ENTRIES**

Entry Procedure

Entries for all events are to be made via [Eventor Australia](#). **Entries close Midnight Sunday 31 August.** There is no provision for late entries. These may be accepted in exceptional circumstances at the organiser's sole discretion. In the unlikely event that a late entry is allowed, an additional administration fee of \$15 per event/entry will apply.

Hint: From the calendar tick all events that you wish to enter, then click "enter selected events." You will then be able to enter all events and add family members in one go.

26/3*	<input checked="" type="checkbox"/>
31/12	<input type="checkbox"/>
N	
C 26/3*	<input type="checkbox"/>
26/3*	<input checked="" type="checkbox"/>

[Enter selected events](#)

Special Notes for specific events:



Australian Relay Entry

Competitors wishing to compete in the Australian Relays must enter through:
[6 Australian Relay Championships - Individual Entry](#)
State and Overseas Team selectors will then upload their selected team:
[6B Australian Relay Championships - Managers and results](#)



Australian Schools Orienteering Championship (ASOC)

All entries in ASOC will be entered by team managers only.



Independent Student Entry into ASOC Events

Independent students must enter themselves using the 3 events labelled:
Australian Schools Championships - Entry by Independent Students



Run the River Three Days (RTR)

This is a multi-day public event, open to all.

- Enter all 3 days in the same class to be in the running for a prize on cumulative time.
- Or pick and choose your events and classes to suit yourself.

For details of how to enter one or 2 days only or run different classes on different days, please read the "[How to](#)" document from 2024.

There will be no allocated start times (queueing starts only) for *Run the River 3 Days*.

Schools Team Coaches and Managers will be allocated a priority lane.

WRE

The Australian Long, Middle and Sprint Championships will be **World Ranking Events**. Results from 20E and 21E classes will be combined for the Australian Sprint Championship. Entrants who wish to be included in the WRE results must have registered as an athlete in IOF Eventor and obtained an **IOF ID number**. Details on how to submit this ID will be provided closer to the events.





Entry Fees

Entry Fees	Sprint	Long	Relay	Middle	RR3D (per event)	Schools (per event)
						
Senior (21y+)	\$50	\$60	\$50	\$55	\$35	N/A
Junior (13-20y)	\$35	\$42	\$35	\$39	\$25	\$25
Sub-Junior (≤12)	\$25	\$30	\$25	\$28	\$17.50	N/A
M/W10N only	\$12	\$12	N/A	\$12	\$12	N/A

Prices remain unchanged from AOC 2024 in Armidale, with the exception of an additional entry fee category for children in the M/W10 Novice class only. Children in this class may be shadowed and are not eligible for medals. In the Run the River races, this fee will apply to all ≤10 years running Very Easy. **Family discounts** will be applied (excludes ASOC and Independent Athletes at ASOC), so the second and subsequent children in a family enter free of charge if all family members enter together (single payment).

Refund policy

In the event of participant cancellation:

- until 31 August 2025 – 90% refund
- from 1 September 2025 – in exceptional circumstances at the organiser's discretion

SI Card Hire

Standard (not SIAC) SportIdent cards are available for hire by entering the separate event: [0 Australian Championships Services](#). There are 4 classes from which to choose:

- All Events- \$10
- First weekend (Sprint + Long) events only - \$6
- Mid- Week Events only - \$6
- Second weekend (Relay + Middle) events Only - \$6

Split Start Times

Australian Sprint, Long and Middle Distance events only.

Competitors requiring split times for child minding need to complete the request form on Eventor at [0 Australian Championship Services](#).

Course Lengths & Scale

Course lengths in the following pages are **indicative only** to guide you in choosing courses and are **subject to change**. The final course lengths are dependent on the weather and consequent vegetation changes during the next 6 months. They will be adjusted so that the anticipated winning times are achievable in the terrain.

Scale in the following pages is for **Elite** courses. The scale may differ for Moderate, Easy and Very Easy courses, and for age groups M/W35A and over. The scale for these courses will be published in Bulletin 2.

The following areas are embargoed until the day of each Carnival event between 27 September and 5 October 2025. Permission for access by orienteers for any reason, including non-orienteering reasons, must be obtained from the Carnival Technical Director.

Map	Location	Details
Bigges Hill and all Wivenhoe maps	Lake Wivenhoe, Wivenhoe Dam	Exception-You may camp at any private campground in the area.
Forest Lake SHS & St Johns Anglican College	Forest Lake	Campus access exemption for those studying or requiring to visit for other professional reasons. No training or visiting with a map.
The area and maps known as White Rock Conservation Estate, Paperbark Flats and Sandstone Gardens.	South of Redbank Plains	
The University of Qld, St Lucia Campus	St Lucia, Brisbane	Campus access exemption for those studying or requiring to visit for other professional reasons. No training or visiting with a map.
Deebing Creek	Ipswich	
Old Hidden Vale Adventure Park	Grandchester	

Previously used maps

Copies of previous orienteering maps for all events can be downloaded from the Carnival website page for each event.

Opportunities for training

The warm-up events on 20, 21 and 25 September (see p. 3) provide excellent opportunities for training.

Sat 27 Sep	1 AUSTRALIAN SPRINT DISTANCE CHAMPIONSHIPS WRE & NOL Team Event			University of Queensland 1:4000 2m contours
Course	Classes	Difficulty	Winning Time	Approx Distance
1	M21E, M20E	Hard	12-15	3.8
2	W21E, W20E	Hard	12-15	3.2
3	M35A, M40A, M45A, M18A, M16A	Hard	12-15	3.4
4	M50A, W35A	Hard	12-15	3.0
5	M55A, W40A, W18A, W16A, M21A	Hard	12-15	2.8
6	M60A, M65A, W45A	Hard	12-15	2.5
7	M70A, W50A, W55A, W21A	Hard	12-15	2.3
8	M75A, W60A, W65A	Hard	12-15	1.9
9	M80A, W70A, W75A	Hard	12-15	1.5
10	M85A, W80A	Hard	12-15	1.3
11	M90A, W85A, W90A	Hard	12-15	1.1
12	M14A, M Open B	Moderate	12-15	2.7
13	W14A, W Open B	Moderate	12-15	2.3
14	M12A, W12A, Open Easy	Easy	12-15	2.0
15	M10A, W10A, M/W10N	Very Easy	12-15	1.5

Terrain

The UQ St Lucia campus is one of the great Australian Sprint maps – so good that we are running two events on it with a **\$\$Dash For Cash\$\$** to reward the best Sprinter in Australia. Small areas of double level, buildings with irregular shapes (Long live the "Pizza Hut" lecture theatre), huge campus, fast running and magnificent sandstone buildings and lake setting for the Assembly. This area has not been used for an orienteering event for many years to keep it fresh and is a worthy location for the Australian Sprint Championship.

Start times

There will be no starts before Midday. Expected start times:

- **Elites: from 12pm**
- **Other classes: from 2pm**
- **Elites **\$\$Dash for Cash\$\$**: from 4pm**



Public transport

UQ is Brisbane's second largest transport hub after the CBD, with frequent services. Competitors are encouraged to travel

- by bus to the UQ Lakes bus stop (**not** Chancellors Place bus stop)
- or by ferry to the UQ St Lucia ferry terminal

Use the [Journey planner](#) to find public transport options.

Sat 27 Sep	★ \$\$ DASH FOR CASH \$\$ ★			University of Queensland 1:4000 2m contours
Course	Classes	Difficulty	Winning Time	Approx Distance
1	Mens Elite	Hard	8	1.7
2	Womens Elite	Hard	8	1.4

Elite Knockout race

🚀 **Saturday 25 Sept 2025 – from 4pm**

The \$\$Dash for Cash\$\$ will be held immediately following the presentations for the Australian Sprint Championships. 16 elite runners will compete:

- **Men's Knockout** – top 8 from Course 1 in Aus Sprint
- **Women's Knockout** – top 8 from Course 2 in Aus Sprint

Watch the elites battle it out in a high speed, high stakes sprint knock-out on one of the most scenic sprint maps in Australia.



\$1000



\$500



\$250

🚀 Rules/format

The runners with the fastest 8* times from each of Course 1 (Mens Elite) and Course 2 (Womens Elite) in the Australian Sprint Champs will be invited to run in the UQ **\$\$Dash for Cash\$\$** race later that afternoon.

The \$\$Dash for Cash\$\$ will be akin to an 8-person “knockout final” with a winning time of around 8 minutes and Cash prizes for the winners.

No entry fee. Qualifiers in the Australian Sprint Championships will be automatically entered.

**In the event of the fastest 8th and 9th times being equal in the Aus Sprint, all competitors on that time will be invited.*



 **UQ-ICTE**

🚀 Prizes

2 classes – Men & Women. Prizes in each class will be:

- \$1000 Cash to the Winner (first past the finish line) in the \$\$Dash for Cash\$\$
- \$500 Cash to the 2nd Placegetter in the \$\$Dash for Cash\$\$
- \$250 Cash to the 3rd Placegetter in the \$\$Dash for Cash\$\$

Sun 28 Sep	2 AUSTRALIAN LONG DISTANCE CHAMPIONSHIPS WRE & NOL Team Event			"Bigges Hill" Wivenhoe 1:15,000 5m contours
Course	Classes	Difficulty	Winning Time	Approx Distance
1	M21E	Hard	90	13.8
2	W21E	Hard	90	11.4
3	M20E	Hard	75-80	11.1
4	W20E	Hard	75-80	8.4
5	M35A, M40A, M21 Sport	Hard	65-70	9.3
6	M45A, M18A, M20 Sport, W35A, W21 Sport	Hard	60-70	7.8
7	M50A, W40A,	Hard	55-65	6.9
8	M16A, W18A, W20 Sport	Hard	50-60	6.2
9	M55A, W45A, M21AS	Hard	50-60	6.0
10	M60A, W50A, M20AS	Hard	50-55	5.1
11	M65A, W16A, W21AS	Hard	50	4.8
12	M70A, W55A, M35AS	Hard	50	4.4
13	M75A, W60A, W20AS, W35AS, M45AS	Hard	50	3.7
14	W65A, W70A, W45AS, M55AS	Hard	50	3.3
15	M80A, W75A, W55AS, M65AS	Hard	40-50	2.5
16	M85A, W80A, W65AS	Hard	40-50	1.8
17	M90A, W85A, W90A	Hard	40-50	1.1
18	M14A, M Open B	Moderate	35	3.6
19	W14A, W Open B	Moderate	35	3.2
20	M12A, W12A, Open Easy	Easy	20-25	2.5
21	M10A, W10A, M/W10N	Very easy	15-20	2.0

Terrain

A map that deceives, especially the fatigued competitor: areas of vagueness contrasting with large cliffs and steep rocky hills. With very few tracks and subtle contours will you go direct - or will the clumps of lantana and steep gullies force you off the line? This will be a very physical challenge and was used many years ago for a Queensland Championship. The winner will need to be strong and aggressive in the terrain.



Cool off at the Day Use area at Logan Inlet after your race

 B Gray



EVENT 3 ASOC Sprint / RTR1

The **Australian Schools Orienteering Championships** (Sprint, Long & Relay) are open to all school students 12-19 years old. They may be members of a State Team or an International Invited Team, or they may be Independent Competitors. See the [ASOC rules](#) (March 2025) for details.

Immediately following each ASOC race, there will be a public event, open to all. Together these comprise the **Run the River 3 Days**.

Tue 30 Sep	3A AUSTRALIAN SCHOOLS SPRINT CHAMPIONSHIPS				Forest Lake SHS 1:4000 2m contours
Course	Classes	Difficulty	Winning Time	Approx Distance	
1	M19 (Senior Boys)	Hard	12-15	2.8	
2	W19 (Senior Girls)	Hard	12-15	2.5	
5	M15 (Junior Boys)	Moderate	12-15	2.5	
6	W15 (Junior Girls)	Moderate	12-15	2.3	

Tue 30 Sep	3B RUN THE RIVER 3 DAYS – Race 1				Forest Lake SHS 1:4000 2m contours
Course	Classes	Difficulty	Winning Time	Approx Distance	
1	Men A, Women A	Hard	12-15	2.8	
2	Men B, Women B	Hard	12-15	2.5	
3	Men C, Women C	Hard	12-15	2.0	
4	Men D, Women D	Hard	12-15	1.5	
6	Men E, Women E	Moderate	12-15	2.3	
7	Men F, Women F	Easy	12-15	1.8	
8	Men G, Women G	Very Easy	12-15	1.5	

Terrain

Rounded buildings, intricate paths and a tight campus - The Australian Schools Sprint Champion in 2025 will be decided by seconds and not minutes, and micro route choice and control flow will determine the winner.

And what will our course setter have schemed for this national championship? Will there be artificial barriers, will you need to read the small areas of multi-level at pace? Join us in cheering on the kids as they go as fast they can. With a major shopping centre opposite, close parking, picturesque assembly and great sprint orienteering, this location has something for every member of your family, orienteer or not!



EVENT 4 ASOC Long / RTR2

Wed 1 Oct	4A AUSTRALIAN SCHOOLS LONG DISTANCE CHAMPIONSHIPS				Old Hidden Vale 1:10,000 5m contours
Course	Classes	Difficulty	Winning Time	Approx Distance	
1	M19 (Senior Boys)	Hard	45-50	7.0	
2	W19 (Senior Girls)	Hard	45-50	5.3	
5	M15 (Junior Boys)	Moderate	35-40	4.8	
6	W15 (Junior Girls)	Moderate	35-40	3.8	

Wed 1 Oct	4B RUN THE RIVER 3 DAYS – Race 2				Old Hidden Vale Grandchester
Course	Classes	Difficulty	Winning Time	Approx Distance	
1	Men A, Women A	Hard	45-50	7.0	
2	Men B, Women B	Hard	45-50	5.3	
3	Men C, Women C	Hard	35-40	4.2	
4	Men D, Women D	Hard	35-40	2.5	
6	Men E, Women E	Moderate	35-40	3.8	
7	Men F, Women F	Easy	30-35	2.0	
8	Men G, Women G	Very Easy	20-25	1.5	

Terrain

An iconic MTB location in South-East Queensland, and again, no local Schools entrant is familiar with this map, creating the ultimate level playing field for the Australian Schools Championship. Pleasant to very fast running in places but with "Green Blobs" in flatter gullies. A large number of tracks may be your friend or foe. Go Hard or Go Home on this map.



EVENT 5 ASOC Relay / RTR3

Thur 2 Oct	5A AUSTRALIAN SCHOOLS RELAY CHAMPIONSHIPS				Deebling Creek 1:7,500 5m contours
Course	Classes	Difficulty	Winning Time	Approx Distance	
1	M19 (Senior Boys)	Hard	35	5.0	
2	W19 (Senior Girls)	Hard	35	3.8	
5	M15 (Junior Boys)	Moderate	30	3.8	
6	W15 (Junior Girls)	Moderate	30	3.0	

Thur 2 Oct	5B RUN THE RIVER 3 DAYS – Race 3				Deebling Creek
Course	Classes	Difficulty	Winning Time	Approx Distance	
1	Men A, Women A	Hard	35	5.0	
2	Men B, Women B	Hard	35	3.8	
3	Men C, Women C	Hard	35	2.5	
4	Men D, Women D	Hard	35	2.0	
6	Men E, Women E	Moderate	30	3.0	
7	Men F, Women F	Easy	25	2.0	
8	Men G, Women G	Very Easy	20	1.5	

Terrain

A moonscape in the middle of Ipswich. One of the most peculiar maps in Brisbane with extensive erosion in the North, enough to swallow a small, unsuspecting child. We thank all our illegal 4WD buddies for carving this place up and leaving their burnt-out wrecks, creating a surreal location for orienteering. Sandy creeks make for tiring running. The map is small, the erosion deep, the green complex and the tracks everywhere. We recommend you navigate or else you might become another Deebling Creek Wreck.

Start times – Public events

Those entered in courses 1 and 2 of *Run the River 3* will have the choice of a mass start (forked) or a queuing start.

All other courses will be queuing starts only (priority lane for Schools Team coaches and managers).

Sat 4 Oct		6 AUSTRALIAN RELAY CHAMPIONSHIPS NOL Team Event			Logan Inlet Wivenhoe 1:10,000 5m contours
Start Time/ Course		Classes	Difficulty	Winning Time per leg	Approx Distance
5:30pm	1	M21E	Hard	35	7.0
5:30pm	2	W21E	Hard	35	5.8
5:30pm	3	M20E	Hard	35	6.5
5:30pm	4	W20E	Hard	35	5.0
5:30pm	5	M21 Sport*	Hard	35	5.5
5:30pm	6	W21 Sport*	Hard	35	4.6
2pm	7	M35A, M45A, M16A	Hard	30-35	5.5
2pm	8	M55A, W35A, W45A	Hard	30	4.6
2pm	9	M65A, W16A, W55A, M21AS	Hard	30	3.5
2pm	10	M75A, W65A, M55AS, W21AS	Hard	30	2.7
2pm	11	W75A, W55AS	Hard	30	2.0
2pm	12	M14A, M Open B	Moderate	25	3.0
2pm	13	W14A, W Open B	Moderate	25	2.5
2pm	14	M/W12	Easy	15	2.0
2pm		Mixed Age: Courses 8 + 12 + 14			4.6/3.0/2.0

**pending approval of night courses for Sport classes*

Something different – a twilight/night relay for elites!

We don't often get a chance to enjoy night orienteering in the Australian bush, and this map provides a relatively safe environment for it and useful experience for those who might like to run in Tiomila or Jukola in the future. And a chance to beat the heat and run in the cool of the evening.

Less confident runners in all classes may prefer to run first or second leg.

Terrain

Only a few kilometres away from Wivenhoe Hill but completely different terrain. This is an area of gentle hills, friendly ponds, giant kangaroos and fast running. It typically has low grass year round and no rock underfoot, meaning that during the day 4mins/km is not uncommon. But make a mistake and relocating in daylight on this map is difficult, at night bordering on impossible. It seems easy enough, so don't let your team-mates down, go fast and go straight and be home for dinner.



Aus Relay Program

Non-elite classes:

- 2pm: Mass start
- 4:00pm: Mass Start all remaining runners
- 5:30pm: Course closure

Elite classes + 21 Sport (for non-elites who wish to do an evening event)

- 5:30pm: Mass start
- Sunset: 5:50pm Civil Twilight; 6:13 Nautical Twilight; 6:40 Astronomical Twilight; 7:08pm NIGHT
- 7:15pm: Mass Start all remaining runners
- 8:15pm: Course closure

So the light gradually fades until the third runner in elite classes is running in full darkness.

Dinner:

- Catering from 5:30pm/6pm
- Schools Teams will have dinner provided at the event

Safety: Open woodland, no lantana, no rock under foot. Fully fenced on all sides and contained by strong safety features (roads, lake). Whistles compulsory.

Sun 5 Oct	7 AUSTRALIAN MIDDLE DISTANCE CHAMPIONSHIPS WRE & NOL Team Event			"Sandstone Gardens", White Rock 1:10,000/7500 TBC 5m contours
Course	Classes	Difficulty	Winning Time	Approx Distance
1	M21E	Hard	30-35	5.4
2	W21E	Hard	30-35	4.4
3	M20E	Hard	30-35	5.0
4	W20E	Hard	30-35	3.8
5	M35A, M40A, M21 Sport	Hard	25-35	4.6
6	M45A, M50A, M16A, M18A, M20 Sport	Hard	25-35	4.1
7	M55A, W35A, W40A	Hard	25-35	3.7
8	M60A, W45A, W21 Sport	Hard	25-35	3.4
9	M65A, W16A, W18A, W20 Sport	Hard	25-35	3.1
10	M70A, W50A, W55A	Hard	25-35	3.0
11	M75A, W60A	Hard	25-35	2.5
12	W65A, W70A	Hard	25-35	2.2
13	M80A, W75A	Hard	25-35	1.9
14	M85A, W80A	Hard	25-35	1.2
15	M90A, W85A, W90A	Hard	25-35	0.8
16	M14A, M Open B	Moderate	25-35	3.0
17	W14A, W Open B	Moderate	25-35	2.5
18	M12A, W12A, Open Easy	Easy		2.5
19	M10A, W10A, M/W10N	Very easy		2.0

Terrain

This is a map with mood swings and we can't tell you how it will be feeling in October. Sometimes it is moderate speed and pleasant, but when in a foul mood it drops its branches and creates considerable fallen timber, longer grass and lantana patches, all whilst inviting you to find the flag in areas of very complex rock detail. Sandy creeks typical of Western Brisbane, that go from flood to dry in weeks, create complex erosion and breaks in the relatively thick forest. Sandstone outcrops that are frequently similar sized along the ridgeline make control finding difficult. Vegetation varies from open forest to regrowth to short, intertwined trees with low branches that makes running and visibility difficult. This map, as a Middle Event should, will favour the best navigator who can pick their way through the varied terrain. Wear old clothes and plan a shower before your flight home.

Brisbane offers a vast range of accommodation to suit all tastes and budgets. When choosing accommodation, bear in mind that the maps for the events are on the western side of the city.

See the **Visit Brisbane** website, <https://visit.brisbane.qld.au/> or your preferred search engine.



Among other options, Camping is available at Lake Wivenhoe (close to events 2 & 6 – book early to avoid disappointment).

The Schools Teams will stay at [Marist College Ashgrove](#).

The Independent Athlete Development Camp will stay at [Tyamolum Scout Camp](#).

Visas

Visitors to Australia generally require [entry visas](#) – please check before booking.

Climate

Average October temperatures

Min 16° Max 27°

<https://www.australia.com/en/facts-and-planning/weather-in-australia/brisbane-weather.html>

If hot weather is expected, we may adjust start times.



Do you want to go to the Australian Championships Carnival 2025?

Do you want to meet people, make friends and become better at orienteering?

Attention Juniors!

Are you looking for certainty even if you're not sure if you'll be selected?

Are you working towards trying out for your state team in 2026?

The IA Development Camp may be your perfect solution!

Independent Athletes Development Camp 2025

Invitation

You are warmly invited to attend our Independent Athletes Development Camp to be held at [Tyamolum Scout Camp](#), on the western outskirts of Brisbane, from 26th September to 5th October, 2025.

This camp is being held to enable you to participate in the Australian Orienteering Championships Carnival, including the Australian Schools Orienteering Championships (ASOC) with a full camp experience.

The camp will include coaching, participation in all events, transport, fun activities, social connections and more.

If you are not trying out for your state team, or if you don't get selected, then you won't need to miss out – this camp is for you!

<https://eventor.orienteering.asn.au/Events/Show/22312>

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CHANGE LOG

v1 – 4 Apr 2025

v2 – 13 Apr – updated embargoes

v3 – 15 Apr – updated “Sport” and 18A classes offered in Long & Middle

v4 – 29 Apr – fixed typos in dates

v5 – 17 May – updated mass start and course closure times for Aus Relay

v6 – 17 Jun – updated ASOC Sprint venue & embargoes