

HIGHFIELDS METROGAINE

A 2-Hour navigation event for teams of 1 to 5 people around the streets and parklands of Highfields

Date: Saturday, February 20, following on from the Map Mates Event

Time: 5.00pm Mass Start, with maps available from 4.30pm for route planning

Finish : Course **closes at 7.00pm**. All entrants must return by then.

Registration: Borghardt Road, adjacent to Highfields State School, 10459 New England Hwy, Highfields

Assembly: *PLEASE NOTE:* The Mass Start will be from the park on the corner of Littleton Drive and New England Highway (near the entrance to the Coles shopping complex). This is a 300m walk along the New England Hwy – take care crossing the highway. (This measure has been undertaken to avoid runners crossing the highway during the race)

The Map: From Highfields State School, the area covered by the map is bounded by Reis Road to the North and Cawdor Road to the south. The scale is 1:12,500 with 5m contours, on an A4 page.

Race format: The event will be a “scatter event” with **3 courses** to choose from. There will be 18 control points on the map. The start and finish will be by manual timing. The controls on the map will be verified by a question and answer sheet provided. Contestants will need to choose the correct answer to prove visitation.

Incorrect answers will incur a **negative point**.. so no guessing!

Courses:

Short: 6 control points of your choice must be visited (approx. 5kms)

Medium: 12 control points of your choice must be visited (approx. 10 kms)

Long: All 18 control points must be visited (approx. 15kms)

Visit your control points and get back to the finish as fast as you can within the 2 hour time frame. If, during the event, you decide you'd like to **change courses**, by all means do so, and let the organisers know when you finish.

Teams: Teams must, of course, stick together. For safety reasons, juniors under 18 must be accompanied by an adult in their team. A group of 14-17s can go out together if their parents allow it.

What to bring: A torch or headlamp for when it gets dark.

A backpack with your own water supply and energy food to carry with you.

Appropriate clothing if it looks like being wet, as well as to change into later.

A mobile phone might be handy. You can call the organiser Wim de Jong on 0400 395 322.

A folding table to plan your event if you need to, plus highlight pens and a permanent pen to take on the course with you to mark your answers.

Finally and most importantly.. **common sense** for when you're crossing the busy roads of Highfields!

Cost:

Adult Member: \$10

Junior Member:\$6

Family(Members): \$26

Adult non member: \$13 Junior non-member \$9

Family(Non-Mbr) \$35