## 2016 ACT Sprint Distance Championships -Bruce CIT

Arranging a venue for this event has been extremely difficult. We were denied permission to use our first choice because it is now a construction zone, the second was not available because it had been used twice for Sprint Canberra and the next was not available because of the Raiders game starting at 3.00 pm. And although we have permission to use Bruce CIT, we have to vacate the area by around midday, as the parking will also be used for parking for the Raiders game. Hence we have to have the first starts from 10.00 am and the last start by 11.15 am.

The Start times may not suit some interstate competitors, but please do not panic. We will permit interstate people to start after their allotted Start time, with a punching start, up until around 11.15 am . We just need to clear the area by around midday. See more below.

Directions: Proceed to Haydon Drive Bruce and enter the Bruce CIT campus via Purdie St and after 200 metres turn left into Vowels Crescent and follow Orienteering signs to the Parking area.

Assembly: The Assembly Area is approximately 80 metres east of the Assembly Area for Sprint Canberra.

Walking Times: The walking times are:

- From the Car Park to the Assembly Area: Seven (7) minutes.
- From the Assembly Area to the Start: Seven (7) minutes.
- From the Car Park to the Start: Seven (7) minutes. [Interstate competitors who are late for their Start may wish to proceed directly from the Car Park to the Start. If they are very late they may drive directly to the Start.]

Signage. Signage will be:

- From Purdie St via Vowel Crescent to the Car Park.
- From the Car Park to the Assembly Area.
- From the Assembly Area to the Start.
- From the Car Park to the Start.

Map: Bruce CIT. Updated after 2016 Sprint Canberra. Scale1:4000. Contour interval 2.5 m . Pre-entered competitors will receive maps on Pretext paper, EOD maps will be on plain paper.

Terrain: The area is a mixture of complex networks of buildings and typical Canberra Nature Park bushlands. The courses for this event will use more of the nature park and some building networks that were not included in the courses used during Sprint Canberra.

Enter-on-the-day entries will be accepted until $\mathbf{1 0 . 1 5}$ am for the Sprint Distance Championships on four courses: Hard (Course 3), Moderate (Course 4), Easy (Course 5), Very Easy (Course 6) on the basis that the entries are unofficial. Entry fees: Adults \$20, Juniors $\$ 15$, Family Max $\$ 55$. EOD competitors will start after all official competitors. If no pre-marked maps are available, EOD competitors will need to draw their course from master maps available at the start. See specific events for timings.

Event Timing: SI is being used for timing. It is the competitor's responsibility to ensure that each control visited is recorded. Controls MUST be visited in order. Please ensure that you have an audible or visual response from each SI unit. If the SI unit does not respond, you must punch on the map and inform finish officials of this. Failure to do so may result in a mispunch.

## Courses and Classes:

| COURSE | Length | Navigation | CLASSES |
| :---: | :---: | :---: | :---: |
| 1 | 2.9 km | Hard | M21A, M20A, M35A, M40A |
| 2 | 2.5 km | Hard | $\begin{aligned} & \text { M16A, M45A, M50A, M55A, W21A, W20A, } \\ & \text { W35A, W40A } \end{aligned}$ |
| 3 | 2.0 km | Hard | M60A, M65A, M70A, M75A, M80A, M85A, M90A, W16A, W45A, W50A, W55A, W60A, W65A, W70A, W75A, W80A, W85A, W90A, RedEOD |
| 4 | 2.1 km | Moderate | M14A, W14A, MJuniorB, MOpenB, WJuniorB, WOpenB, OrangeEOD |
| 5 | 1.3 km | Easy | M12A, W12A, M/WOpenEasy, M/WJuniorEasy, GreenEOD |
| 6 | 1.2 km | Very Easy | M10A, W10A, M/W10N, BlueEOD |

## Start Procedures

Competitors are to report the Start at least six minutes before their Start time. All starts will be at one minute intervals, with one minute between competitors in the Sprint Distance Championships and two minutes between competitors on an odds and evens basis for the Middle Distance Championships. Competitors should clear and check their SI card before entering Box 1. The Start layout is illustrated below

| Clear and Check <br> before entering <br> Box 1 | Box 1 <br> SI unit check | Box 2 <br> Control <br> descriptions | Box 3 <br> Start box |
| :---: | :---: | :---: | :---: |
|  | Clock 1 <br> Race time <br> +3 mins |  | Clock 2 <br> Race time |

Map Collection: Maps will be collected after you finish, until around 10.40 am.
Course Closure: Courses close at 11:45 am.
Presentations: No presentations will be made.
For further information please contact Bob Mouatt 0429398794
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