



# Come and be part of World Orienteering Day with a special Night Nav event

- WHEN: Wednesday 11 May 2016 (Starts from 3.30pm)
- WHERE: Seils Park, Toomba Avenue Ashgrove
- WHAT: 45 minute SCORE Event

**COST:** \$6 each / Family max \$15 / SI Hire \$2 per group

- **PROCESS:** 1. Pre Register (see below)
  - 2. On the day register and pay
  - 3. Receive your map
  - 4. Unlimited time to plan your course
  - 5. Manual punch start when you are ready
  - 6. See you in less than 45 minutes to avoid penalties

### FORMAT:

- The course will have two maps: Banks St Reserve 1:5,000 bush map and Ashgrove East 1:10,000 street map.
- There are 30 different controls numbered 1-30. Some controls appear on both maps.
- Controls 1-10 are worth 10 points
- Controls 11-20 are worth 20 points
- Controls 21-30 are worth 30 points
- You have 45 minutes to get as many points as you can. Maximum score is 600.
- If you are late back you will lose 10 points for every minute or part of you are late.

# SPECIAL LEGS:

- King of the Mountain: Who can run up the hill the fastest? Run from Control 11 to 21.
- Finishing Kick: Who can sprint to the finish the fastest? Run from Control 1 to Finish.

# **SPECIAL NOTES:**

Registrations opens at 3.30pm. Course closes at 7.30pm.

Sunset is at 5.06pm if you don't want to be out in the dark!

QUESTIONS?: Email Tony at enoggeroos@oq.asn.au or phone 0410 428 003

### FOR MAP PRINTING PURPOSES:

### PLEASE PRE REGISTER VIA EVENTOR

Or

EMAIL <u>enoggeroos@oq.asn.au</u> with details of intention to participate (include Names, Year of Birth)

