

State Orienteering League NavDash Courses for Age classes

This is a State Orienteering League event so although you may run any course you prefer, if you want points towards being an Orienteer of the Year you will need to run first the designated course for your age group, or a longer one.

Competitors aged 20 or younger belong to each class up to the end of the calendar year in which they reach the given age.

Competitors aged 21 or older belong to each class from the beginning of the calendar year in which they reach the given age.

Courses

Hard Long about 3 km. M21-, M-20, M35-, M45-.

Hard Medium about 2.5 km. W21-, W-20, W-16, W35-, W45-, W55-, M-16, M55-, M65-, M70-.

Hard Short about 2 km. W65-, W75-, W80-, M-14, M75-, M80-, M85-.

Easy about 1.5 km. W-14, W-12, W-10, M-12, M-10.

Note these courses have been set to be won in 12 – 15 minutes.

Lengths given are 'red line' so shortest practical lengths around impassable obstacles will be somewhat longer.

Results on the day will be displayed by course, not by age class.