



Southern Highlands Orienteers present.....

SOFT SHOO SHUFFLE

Public Event in the Mittagong Area on 25th August 2013

Southern Highlands Orienteers present the New South Wales Schools Championship and the Soft Shoo Shuffle just one and half hours south of Sydney CBD in the Mittagong Area..

Map: "Boxvale Tramway" 1:10000

Terrain: Spur/gully, rocky outcrops, forest tracks.

Planner: Stephan Wagner

Controller: Rob Spry

Organiser: Sue Davis 02 46571204 davii@bigpond.net.au for Southern Highlands Orienteers.

Start Times: From 9.30am. Enter on Day available from 10.00am – 11.00am

General Information: Electronic timing using Sportident (SI) will be used for all competitors. If you do not have an SI stick you will need to hire one. Write "Hire" in the box for SI No.

Courses and Classes:

Course	Length km(approx.)	Public Event Classes	
Hard A	8.1	Hard A Men	Hard A Women
Hard B	6.4	Hard B Men	Hard B Women
Hard C	5.8	Hard C Men	Hard C Women
Hard D	4.5	Hard D Men	Hard D Women
Hard E	3.5	Hard E Men	Hard E Women
Moderate	3.8	Moderate Men	Moderate Women
Easy 1	3.2	Easy1 Men	Easy 1 Women
Easy 2	2.5	Easy 2 Men	Easy 2 Women
Very Easy	1.9	Novice Men	Novice Women
		Orienteering Club Members	Non Club Members
Junior(20 & under, other than schools)		\$11	\$14
Seniors (21 years & over)		\$16	\$19

- Due to the NSW Schools Championships there is no Family discount for this event.

Entries for the NSW School Championships MUST be on the separate School Championships Entry Form

Information sheet and start list will be posted on the SHOO website,
www.southernhighlands.nsw.orienteering.asn.au approximately 7 days prior to the event.

Risk Statement: *You should recognise that orienteering is a recreational activity that may involve significant risk of physical harm and has certain inherent and obvious risks due to its conduct in both urban and natural environments. Included in these risks are injury due to: rough terrain and obstacles; the effects of heat, cold or other adverse weather conditions; plant and animal life; vehicular traffic; and remoteness to medical services or evacuation difficulties should you become disabled. You should recognise that the enjoyment of orienteering is derived in part from the inherent and obvious risks associated with the activity. You should also be aware that there is no personal accident insurance on your participation in the sport and you participate at your own risk.*

By entering this event you acknowledge that you have read this Risk Statement.



SOFT SHOO SHUFFLE ENTRY FORM

Entries: Entries should be made by completing the entry form below and posting to:
SHOO, c/- Sue Davis, 19 Devitt Cres., The Oaks. NSW 2570.
(Entries will not be accepted until payment has been received)

Payment: Payment can be made by cheque, money order or direct electronic transfer.

Cheques should be made payable to 'SHOO'

Electronic funds transfer should be made to:

BSB: 112-879 Account No.:003621072 Account Name: Southern Highlands Occasional Orienteers

In the description field enter Soft Shoo Shuffle plus the name of the contact person.

Closing date: 9 August, 2013

Contact name: Phone:

Email:

Address: Suburb: Postcode:.....

SI No.	Name	Club	Men/ Women	Course	Fees (\$)

Sport Ident Hire=\$4

Total: _____

If you require a copy of the information and start list please enclose a stamped, self-addressed envelope.

If you require split start times for the purpose of child minding please provide details.