



## TJURINGA ORIENTEERS INC.

## **KUITPO FOREST** STANDARD CROSS COUNTRY EVENT Sunday 19<sup>th</sup> June 2016

Course	Distance km	Climb m	Navigation Difficulty	Classes	Expected Time Range
					minutes
1	8.7	125	Hard	Competitive / Recreation	70-140
2	6.8	110	Hard	Competitive / Recreation	60-120
3	5.0	100	Hard	Competitive / Recreation	50-100
4	3.4	70	Hard	Competitive / Recreation	40-80
5	4.0	85	Moderate	Recreation long	40-80
6	3.3	65	Moderate	Recreation short	30-60
7	2.7	55	Easy	Recreation / Novice	25-50
8	2.0	50	Very Easy	Recreation / Novice	20-40

## **Course information :**

Pre entry preferred and ensures a pre marked map.

Pre entry is now open via Eventor and ensures a pre marked

Start times from 10.00 am until 12.00 pm, course closure is 1.30 pm SPORTident for start and finish only

## Pre entries close 14<sup>th</sup> June 2016

Course planner : Meredith Norman Event organiser : Adrian Craig

ENTRY FEES: Members: >21 Senior \$12 <21 Junior \$7 Family \$34

Non members: >21 Senior \$16 <21 Junior \$11 Family \$48 plus a FOREST LEVY of \$2 senior and \$1 junior

All enquiries to Jan Hillyard, 0407 714 135 or <u>hillyard@senet.com.au</u> Event location; Kuitpo Forest, 10k south west of Meadows, along Brookman Road