Warranine Brook Event

Sunday July 24

Location: Decastilla Road, Copley, off Great Eastern Highway, nr Bakers Hill

Approximately 85 km from central Perth, this area has been used for the Australian and Western Australian championships in 2014 and 2015. It is mainly open farmland with scattered bush, granite outcrops and some thicker bush for the longer courses. Expected to be very green with the recent rains. Some areas are marked out of bounds on the map: the horse paddock adjacent the farmstead, an area with crops to the east of the Brook, and the 'lambing' paddocks on the north west of the map. The courses are set to avoid these areas. To avoid the out of bounds areas when lost the safety bearing is south to Decastilla Rd then west to the assembly area. Runners must not cross into paddocks where there are sheep and lambs.

Setters:	Toivo Pedaste and Chas Lane				
Organising c	lub: Lost				
Controller:	Mike Howe				
Organiser:	Philomena Humphries				
Courses:	H1, H2, H3, H4, M, E, VE				
Event type:	: State Orienteering League; no pre-entry required. To score OY points you need to run the				
	course relevant to your age class, or higher. Details may be found on the OAWA website,				
	Technical Guidelines, State Orienteering League Event Rules. These will be posted on the				
	caravan on the day.				

Otherwise enter your usual course.

Courses are set to OAWA SOL event guidelines and will offer lengths and navigational challenges to suit all people. To meet the winning times guidelines, based on recent kilometre rates for men's 21A runners, the H1 will be approximately 12 km with the shorter courses set to the guidelines.

Registration:	From 9am
Start Times:	9.30am – 11.30am
Courses Close:	1pm sharp

Facilities: pit toilets, water at the finish and on courses as appropriate, cake and soup stall.

Bring: Sportident E tag, map bag in case of rain

Map: Warranine Brook, 2013; 1:10,000 all courses.

Directions: From Perth proceed up Great Eastern Highway to the G E Hwy Bypass and north on Roe Hwy to the Midland intersection with G E Hwy. Take the G E Highway towards Northam for 56 km, approx. 45 mins, through Mundaring and The Lakes (note the roadhouse at The Lakes is currently closed, May 2016). Proceed 3 km past Bakers Hill (pie shop and café) and turn right into Decastilla Rd. Note oncoming traffic using two lanes.

Proceed approximately 5 km along Decastilla Rd, which is bitumen for the first 4 km then 1 km gravel. At the crest of the hill turn left into the farm at the cattle yards, and park as directed.

Decastilla Rd is rather narrow with several blind crests and partly gravel; please take care.

Parking will be along the race from the cattle yards, in the open paddock. The E and VE start will be near the caravan; the other start is 400 m from the assembly. 8 June 2016

Eligible OY Classes

To be eligible to score OY points, competitors must run the courses shown below, or higher ones. For the Non Championship Classic (Long) distance event you need to enter a minimum of the following courses according to your age group.

Men		Women		Minimum Course	% Length of H1
	19 - 39			H1	100
17 - 18	40 - 54		19 -49	H2	60
15 - 16	55 - 69	17 - 18	50 - 64	H3	45
	70 +	15 -16	65 +	H4	30
					Less physically challenging than other Hard Courses
	13 - 14		13 - 14	М	25
	11 to 12		11 to 12	Е	3 km
	10 and		10 and		
	Under		Under	VE	2 km