

# 2016 Newcastle Pairs – Freeman's Waterhole

*2 people – 1 SI stick*

*Middle distance style courses (moderate navigation) with butterfly loops allowing teams the flexibility to choose which partner visits which controls.*

**Pairs Mass Start** 10:00 am (briefing 9:45 am)

**Other Starts:** 10:10 – 11:30 am

## **Courses**

Long Pairs: 6.7 km

Short Pairs: 4.6 km

Moderate Long: 4.3 km

Moderate Short: 2.2 km

Easy/Very Easy: 1.6 km

Note: Easy and Very Easy have been combined due to a lack of a decent track network. They essentially will follow tapes through the bush which will be less challenging navigationally but offer them some element of adventure. No string course will be offered.

## **Entries**

Please pre-enter your Pairs team so we can ensure map availability. If you wait until the morning of the event we cannot guarantee you will get a start. Other courses are Enter on Day. Pre-entries should be directed to Geoff Peel via 0422471353 or [leepback1@gmail.com](mailto:leepback1@gmail.com)

## **Entry Fee**

Regular club fee structure.

## **Directions**

(Parking will be tight so please consider car pooling)

*From Freeman's Waterhole* roundabout travel South approx 2.9 km on Freeman's Drive. Turn right into Becks Rd and proceed 800 m to assembly. Park along Northern fringe of this road

*From South (Freeway)* Take the Kurri Kurri/Cessnock exit (Freeman's Drive). Travel north approx 500 m then turn left into Becks Rd and proceed 800 m to assembly. Park along Northern fringe of this road

## **Map**

“Jig-a-Jog” 1:7500 is a cutdown version of “Jigadee Jog” and takes in areas of the Awaba State Forest.

## **Presentation & BBQ**

Presentations be held as soon as the Pairs teams have finished their courses. To celebrate the social nature of the day we will be having a sausage sizzle. Gold coin (or maybe free if I can twist the Presidents arm a little).

## **Safety**

Becks Road now has a sealed surface. This may mean the very few cars travelling along it may do so at an increased speed (we will have “Runners on road signs” in place). The Pairs and the Moderate Long will have a need to run across or along this road at some point in their course. Please keep to the edge of the road and take care when crossing. There may also be a couple of leeches present in the damper areas and they may attach themselves if you are stationary for a period of time. Insect repellent (Deet type) on your shoes might prevent this rare occurrence from happening.