

**2016 AUSTRALIAN MOUNTAIN BIKE ORIENTEERING CHAMPIONSHIPS  
NATIONAL MTBO SERIES #3  
WA STATE MIDDLE & LONG CHAMPIONSHIPS**

**Saturday 15 October 2016 – Sprint Distance, Dwellingup, WA**

**Saturday 15 October 2016 – Middle Distance, Marrinup, WA**

**Sunday 16 October 2016 – Long Distance, Murray Valley, WA**

**BULLETIN 2**

**Event Director:** Ricky Thackray [thackrayricky@gmail.com](mailto:thackrayricky@gmail.com)  
**Organising Committee:** Duncan Sullivan, Ori Gudes  
**Event Controller:** Jack Dowling

**WELCOME**

Welcome to Bulletin 2 for the 2016 Australian MTBO Championships

These Championships are organised by Orienteering WA.

Championships website

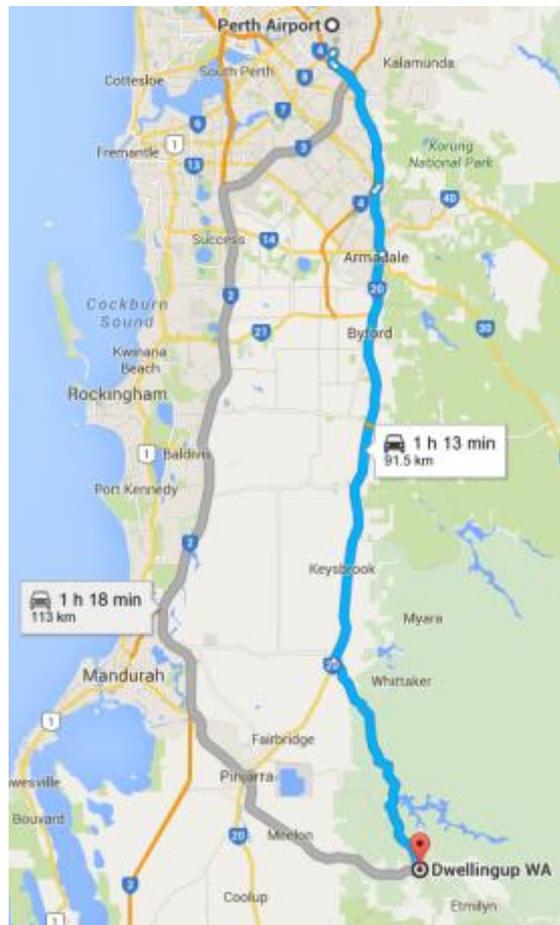
**[ausmtbochamps.com](http://ausmtbochamps.com)**

## VENUES

All Championship events will be held within a short drive of the town of Dwellingup, WA.

The area is known for its natural bushland, multitude of walking and riding tracks (including being a crossing point for both the Bibbulmun and Munda Biddi trails) and is a terminus for the Hotham Valley railway.

The event centres are less than 90 minutes' drive from Perth airport.



## PROGRAM

Fri 14 October	afternoon	Warm-up event	Turner Hill
Sat 15 October	morning	SPRINT Distance Championship	Dwellingup
Sat 15 October	afternoon	MIDDLE Distance Championship	Marrinup
Sat 15 October	evening	Presentation Dinner	Dwellingup
Sun 16 October	morning	LONG Distance Championship	Murray Valley

## National MTBO Series

The three Australian Championship events comprise the third round of the 2016 National MTBO Series for Junior, Senior and Masters classes.

More information on the series on [this link](#).

## WA MTBO Championships

The middle and long championships will also constitute the 2016 WA MTBO Championships. These titles will only be eligible to Orienteering WA members.

## EVENT DETAILS

### The Turner Tester – a champs warm up event

**Map:** Turner Hill 1:15,000, 5m contours A3 (Andrew Slattery, Cath Chalmers, Eoin Rothery 2006; updated Ricky Thackray 2015)

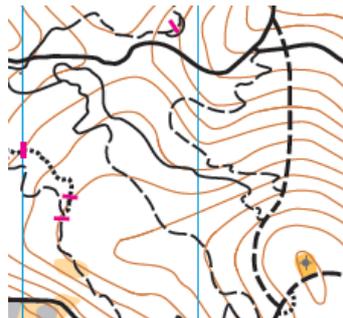
**Setters:** Ori Gudes, Richard Begley, Debbie McKay

**Date:** Friday 14 October 2016 (from 1pm)

**Format:** Timed score event, start when you are ready (time limit TBA in Bulletin 3)

**Event Assembly:** Turner Hill trailhead, Kesners Rd, Banksiadale

**Terrain:** Moderately hilly in areas with a well maintained single track loop intersecting the fire roads as well as trail bike tracks east of the main road. Some good fire trails, a conveyor belt bordering the southern edge. Map includes the Munda Biddi trail. The Turner Hill map is typical of the terrain found in the middle distance area and of the trails in the long distance area.



### 2016 Australian Sprint Distance MTBO Championship

**Map:** Dwellingup 1:7,500, 5m contours A4 (Duncan Sullivan 2016)

**Setter:** Paul Dowling

**Controller:** Richard Matthews

**Date:** Saturday 15 October 2016 (from 9am)

**Event Assembly:** Dwellingup Oval

**Terrain:** Approximately 40% urban area in a small country town, with mostly bitumen roads. Remainder is bush on the outskirts of town, with a good network of fire roads, old logging roads and many minor tracks made by trailbikers. Major tracks are typical WA pea gravel; minor tracks are more likely to be softer dirt. The map is quite flat, and is bisected by an old 3'6"-gauge railway - tourist services operate on the line, but should not be active during the event.



## 2016 Australian Middle Distance MTBO Championship

**Map:** Marrinup 1:10,000, 5m contours 30 x 30cm (Duncan Sullivan 2016)

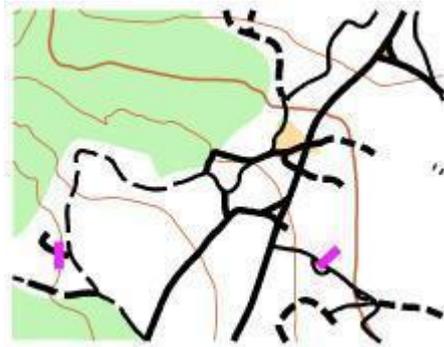
**Setter:** Duncan Sullivan

**Controller:** Jack Dowling

**Date:** Saturday 15 October 2016 (from 1:30pm)

**Event Assembly:** Dwellingup golf course (Marrinup)

**Terrain:** Slightly hilly native forest with 75m elevation change on mapped area. Large areas of rehabilitated Bauxite mine, often with dense undergrowth. The area includes an old golf course with fast riding on fairways. Tracks include mostly fast riding gravel roads, or old logging access tracks which are less distinct and covered in dense leaf litter making for slow riding. Paths are mostly well used cross country style mountain bike single track of IMBA blue grade with some rocky sections and a few roots to negotiate. All terrain features can be rolled over. B-lines exist on some more difficult features.



## 2016 Australian Long Distance MTBO Championship

**Map:** Murray Valley 1:15,000, 5m contours A3 (Ricky Thackray 2016)

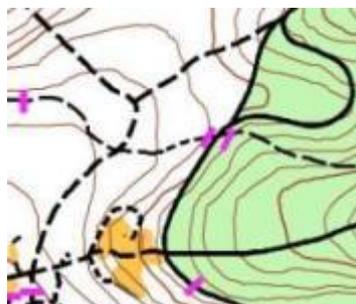
**Setter:** Ricky Thackray

**Controller:** Jack Dowling

**Date:** Sunday 16 October 2016 (from 9:30am)

**Event Assembly:** Baden Powell camping area

**Terrain:** Pine plantation and native forest with plantation roads typically very fast. Very hilly terrain across the entire course with many roads following the contours to avoid climb. Both the Munda Biddi and Bibbulmun tracks run through the map area. Trails through native bush tend to be slower due to disuse, ruts and branch and leaf litter. For this map, pine plantations are mapped in light green.



For all maps, riding is permitted only on mapped tracks, open land, open land with scattered trees (symbols 401 and 402) and paved areas as indicated by the below symbols.

<b>RIDEABLE LAND</b>	
Open land/scat. trees	
Car park/Paved area	
<b>UNRIDEABLE LAND (OOB)</b>	
Forest/Thick forest	
Rough open/scat. trees	
Other OOB	
Settlement	

## TECHNICAL INFORMATION

[Australian MTBO competition rules](#) will apply to all events.

### SportIdent

SportIdent timing will be used for all events. All competitors will be required to use a SportIdent tag. If you don't own one, they will be available for hire when entering on Eventor under the Additional Services menu for \$5 per event - note for casual members, this is included in your entry fee.

### Maps

The sprint and middle distance championship maps will be mapped by Duncan Sullivan. The long distance championship map will be mapped by Ricky Thackray. In addition the warm up event map has been updated in 2015 by Ricky Thackray. All maps will use the IOF standard 4x2 track system and will conform to current IOF specs, with some deviations relating to forest colours and overgrown tracks.

Please note that during these events, it is only permitted to ride on tracks which are marked on the map or on open areas of ground shown which are shown on the map as open land (100% yellow) - symbol 401 - or open land with scattered trees - symbol 402.

No MTBO events have been previously held in these areas (other than the warm up event) and there are no existing orienteering maps, other than for Turner Hill, which will be placed on the website in due course.

### Championship Age Classes (TBC)

	Long Distance	Middle Distance	Sprint Distance
Course 1	M21	M21	M21, M40, M50
Course 2	M40, M50	W21, M17-20, M40, M50	W21, W40, W50, M17-20, M60
Course 3	W21, M17-20, M60	W17-20, W40, W50, M16, M60	W17-20, W60, M16, M70
Course 4	W17-20, W40, W50, M16, M70	W16, W60, M14, M70	W16, W70, M14, M80
Course 5	W16, W60, M14, M80	W14, W70, M12, M80	W12, W14, W80, M12
Course 6	W12, W14, W70, W80, M12	W12, W80	

• For those not wishing to ride in the Championship (age) classes, there will be a "Recreational" Open Class on Courses 2, 4 & 5 on each day.

### Course details

Course lengths and elevations will be included in a later bulletin.

Below is a guide (in minutes) of what the expected winning times will be for the various age groups.

	Long		Middle		Sprint
	Men	Women	Men	Women	All
Elite	105 - 115	85 - 95	55 - 60	45 - 50	20 - 25
Masters	105 - 115	85 - 95	55 - 60	45 - 50	20 - 25
Juniors	84 - 92	68 - 76	44 - 48	36 - 40	16 - 20

## EMBARGOED AREAS

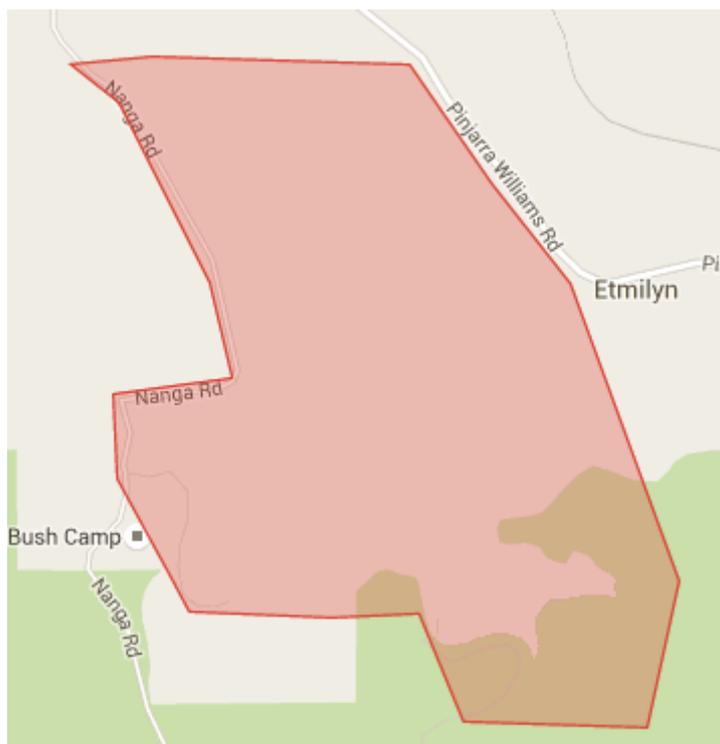
The following areas are embargoed until after 16 October 2016 for competitors wishing to compete in the 2016 Australian MTBO Championships.

**For the Sprint Championships:** Dwellingup north Pinjarra-Williams Rd.

**For the Middle Championships:** Areas to the northwest of Dwellingup, North of Pinjarra Williams Road as marked including the Marrinup POW camp, old Golf Course and Marrinup Mountain Bike circuit. Participation in organised Mountain bike cross country competition sanctioned by MTBA is allowed so long as no map is carried. Riding on the Munda Biddi and staying within Dwellingup are allowable.



**For the Long Championships:** Murray Valley bounded by Nanga Rd (to the west), Murray River (south), and Pinjarra-Williams Rd (east and north), unless riding the Munda Biddi or participating in the Nanga Challenge (organised by the Ascot Kayak Club).



## ENTRY

Online entry will be open via [Eventor](#) by the issue of Bulletin 2, Orienteering Australia's online entry system. Payment can be made using Paypal. Entry fees are as follows:

Event	Senior (21+): OA Member/Casual	Junior (-20): OA Member/Casual
Turner Tester	\$10/\$20	\$5/\$10
Sprint Championships	\$35/\$45	\$20/\$25
Middle Championships	\$35/\$45	\$20/\$25
Long Championships	\$35/\$45	\$20/\$25

**Closing Date for entries** is 2 October 2016. Late entries will incur a 50% surcharge and will only be accepted until 9 October 2016. Enter on the day is at the discretion of the organiser on recreational courses and will incur the late entry surcharge. **Note that casual members are eligible to ride in an age category but cannot win championship events - you must be an Orienteering Australia club member.**

## [VISIT EVENTOR TO ENTER](#)

### Using Eventor

If you are new to Eventor, you first need to register and create a user account.

There is a "Help & Support" section on the main Eventor calendar page if you need assistance.

### Pay entry fees in a single transaction

From the Eventor Event Calendar, tick the box on the right for all the events you wish to enter and this will produce a single invoice for payment instead of multiple separate ones.

### SportIdent Hire

All competitors will require their own SportIdent tag. They are available for hire under the "Additional Services" menu on Eventor for \$5 per event. Please select this option if required when entering each event, other than for casual members (included in entry fee). Alternatively if you wish to buy your own contact [www.aussieogear.com](http://www.aussieogear.com) or ph: 02 4384 5003. Alternatively for WA entrants, Tony Simpkins sells these and can be contacted at most events.

## EVENT DINNER & PRESENTATIONS

**Date:** Saturday 15 October 2016, 6pm for 6:30pm

**Venue:** Dwellingup Hotel, cnr Marrinup & Newton St, Dwellingup

**Dinner:** Roast dinner plus dessert, \$25pp (drinks extra)

Please select this option under 'services' when entering the Middle Distance Champs. If not participating in this event, please select it anyway and choose 'Does not compete' under categories and pick the dinner service.

## ACCOMMODATION

There are various accommodation options in and around the town of Dwellingup but it is not a major town so it is best to book early to get the best deals. Options range from motel accommodation to bush cabins, B&Bs and lodges to camping. Note that several camping and lodging areas (including Marrinup, Dwellingup B&B and the various Murray Valley campsites) are located within some of the courses. Prior arrangement to stay in these areas should be sought from the organiser.

[www.dwellingupwa.com.au/home](http://www.dwellingupwa.com.au/home)

\*Note - Nanga Bush Camp is fully booked for the weekend by non-orienteurs!

## BIKE SHOP

There is a store selling a limited range of MTB parts and accessories in the town of Dwellingup. The nearest large specialist cycling stores are located in Mandurah ~50km away. Make sure to pack spares!

## SPONSORS

Thank you to the following sponsors and partners for their assistance with promotion and donation of prizes. Prizes include but are not limited to the following and will be given as random prize draws at the event dinner:

- Thule product vouchers (value \$1000)
- AutoPilot map board including base (value \$150)
- Crossover headlamp (value \$150)
- Nathan Sports Gigabite box (value \$40)
- About Bike Hire vouchers and bike locks (value \$50-\$150)
- Nutrition products



Thule is excited to announce its continuing sponsorship of the Australian MTBO Championships in 2016. We ride for many reasons. But our passion for the outdoors and adventure is the same. Whatever your reason, whatever your adventure, there's a Thule solution ready to help carry the load. Thule. Bring your bike. Bring your gear. Bring your life.

[thule.com.au](http://thule.com.au)



About Bike Hire is a proud sponsor of the Australian MTBO Championships and wish all competitors the best of luck. About Bike Hire in operation for 20 years specialise in the hire of kayaks and Stand Up Paddle Boards for hire. Our bike fleet includes Full Carbon road bikes, tandem bikes and front Suspension Hard Tail bikes.

[aboutbikehire.com.au](http://aboutbikehire.com.au)



[wildfiresports.com.au](http://wildfiresports.com.au)

[murray.wa.gov.au](http://murray.wa.gov.au)



[www.bwa.org.au](http://www.bwa.org.au)

[trailswa.com.au/](http://trailswa.com.au/)

## POST EVENT ADVENTURES

### **Cape to Cape MTB Race: 20-23 October 2016**

The iconic Cape to Cape multi-day MTB race is on Thursday October 20 to Sunday October 23, 2016. Entries are already open and fill up fast so you will need to get in quickly. For further details: [capetocapemtb.com](http://capetocapemtb.com)

### **12hr Foot Rogaine: 22 October 2016**

The WA Rogaining Association is organising a 12 hour foot rogaine on Saturday 22 October 2016 (location TBA closer to the date, likely to be the Jarrahdale area). Entries typically open six weeks before the event and close promptly ten days prior - no late or on the day entries accepted! For further details: [wa.rogaine.asn.au](http://wa.rogaine.asn.au)

### **Ride the Munda Biddi or explore WA**

For those who haven't had enough adventure but just want to explore, the famous Munda Biddi trail stretches over 1000km from Mundaring (east of Perth) to Albany. Both the Munda Biddi and Bibbulmun trails pass through Dwellingup. Ride it all or choose a stage to do in a day: [www.mundabiddi.org.au](http://www.mundabiddi.org.au) Munda Biddi Shuttle Services commences their regular Munda Biddi transport service on Saturday 2nd April to Albany, returning to Perth via major Munda Biddi towns on Sunday 3rd. The service will be then run regularly on the 2nd and 4th weekend of each month until Summer. Pick ups are at the visitors centers. This service features a cyclist specific bus with a bike trailer.

## A word from our sponsors

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**The Thule ProRide** is Australia's favourite roof mounted bike carrier. Find out why Bike Radar calls this "the finest roof rack we've ever used" at [bit.ly/ThuleProRide](http://bit.ly/ThuleProRide).

**Thule platform bike carriers** are easy to install and use, and transport up to 4 bikes on a carbon-friendly rack. Learn about our bestselling Thule VeloCompact at [bit.ly/ThuleVeloCompact927](http://bit.ly/ThuleVeloCompact927).

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www.wildfiresports.com.au      www.globetrekker.com.au

### About Bike Hire

To further show our support for competitors and followers of the MTBO championships we are pleased to offer our Major Service package for \$69 (normally \$149). We can also offer a 10% discount off the hire of our front suspension hard off-road bikes (up to 72 hour hire) for use in the event. For more information contact us via email [info@aboutbikehire.com.au](mailto:info@aboutbikehire.com.au) or through our website [www.aboutbikehire.com.au](http://www.aboutbikehire.com.au)

Discover more of WA's MTB trails on the Trails WA website or download the App (link to <https://itunes.apple.com/au/app/trails-wa/id1056427684?mt=8>) and find yourself in amazing places!  
<http://trails.wa.com.au/>