

Day 3 – Schools Sprint + Public Sprint



Monday, 26th September 2016 – Australian Championship Carnival – Day 3 Palm Beach Currumbin State High School

- Event 3: Australian Schools Individual Sprint Championships
Australian Schools Orienteering Championship Shield – Race 1 of 3
Australia v New Zealand Southern Cross Junior Challenge – Race 1 of 3
- Event 4: Midweek Public Race - Sprint - at the same location after the schools competition.

Australian Schools Orienteering Championship – Race 1 Individual Sprint

Map	Palm Beach Currumbin State High School (2016) Sample of map above.
Map Scale	1:4,000 for all courses
Contour Interval	2.5m
Mapper	2016, Mark Roberts (Paradise Lost)
Organiser	ASOC Convener; Reid Moran (Toohey Forest)
Course Planner	Heather Burrige (Ugly Gully)
Controller	Anna Sheldon (Ugly Gully)
Public Race Organizer	Russell Creed (Toohey Forest)
Individual Schools Champs	Courses 1-4
Terrain	The terrain is a typical high school campus and adjacent ovals. The campus contains several areas of fixed chairs and tables which may slow running speed. These have not been mapped, but are easy to avoid.



Directions	Travel Instructions – Location Palm Beach Currumbin High School, Thrower Drive, Palm Beach. From the M1 take exit 93 onto Sarawak Ave and travel east to Thrower Drive.
Registration	Open from 9:00am
Parking	Please park as directed. Parking for schools team busses will be in the northern parking area adjacent to the oval. Public parking adjacent to the school or in surrounding streets.
Toilets	Adjacent to assembly area and quarantine.
Arena	See map. Registration, toilets and catering will be located within the arena.



L – last control; S – spectator control; MC – map change
 Start Adjacent to quarantine, or 50m from assembly area.

P --- 50M/1MINS --- A T Q --- 50M/1MINS --- S

Warm up area/quarantine	A warm up area will be available within the quarantine area for schools competitors. The quarantine area will have plenty of shade and access to toilets. In the event of very bad weather busses will be parked adjacent the quarantine area and runners can stay on busses prior to running. Public event runners can warm up on the footpath adjacent to the school.
Start Times	Schools Championships from 09:00 at 1 min start intervals. Reserves will start first, followed by Junior classes (from 9:20), then Senior classes (from 10:05). A start draw for the Australian Schools Championships will be held at Tallebudgera recreational camp on Sunday night. The start list will be made available on the website and Eventor. Public Race Starts from Midday (start close 13:30) Competitors must be at the start at least 3 minutes before their allocated start time.
Special information	Courses 1 to 4 have a map change midway around the course. Both parts of the course are on the map picked up at the start. The first part of the course has the start triangle and controls 1 to halfway (for example, control 10). The second map would then have control 10 to the finish (no start triangle).
Course Closure	14:00
Presentation	A medal ceremony will be held for the place getters in the Schools Sprint at 11:30
Enter on the day	Not available.
Winning Times	12-15 mins
Race distance/format	Sprint
Public Race distance	Options running the school courses below
Previous results	Historical results can be found here
Catering	A coffee van will be provided
Safety Information	Runners will be going in opposite directions in places, so please watch out for other competitors and be careful going around blind corners.

Day 3, Events 3 and 4 Sprint Course Lengths

Course No.	Class	Length (km)	Climb (m)	Controls
1	Senior Boys	2.8	5	23

2	Senior Girls	2.6	5	23
3	Junior Boys	2.5	5	21
4	Junior Girls	2.3	5	19
5	Easy navigation	1.2	5	15

2016 SOUTHERN CROSS JUNIOR CHALLENGE



Australian States v New Zealand



Southern Cross Junior Challenge

