Pre-Easter competition Sunday following ACT Sprint and Middle Championships.

ACT League #3

The Murdering Shed Map Sunday 2 April

Proudly brought to you by Bushflyers





... "spooky.... is there something dead in that there murdering shed?"

If you missed running The Murdering Shed map last Easter, now's your chance (Southern section of Foxlow).Or come back and tackle it again, set aside a past nightmare or experience it for the first time, join us for this great opportunity to blow away the navigational cobwebs and prepare for the upcoming carnival season.

Special Notes:

All **Red Course** runners to **blind start ie** No maps available until you punch the start. There will be a list at the start for **Red Courses**. **Runners** to nominate (write your name on the list) at preferred start time. **Start to be 2 min intervals**.

Where no name is written against next start time, a runner arriving at the start may immediately begin.

Orange, Green and Blue courses available for viewing prior to the start. Limited Parking - Carpooling encouraged.

Location: Approx. 55km from Canberra CBD, Approx. 35km from Queanbeyan

- 1. Head east of Queanbeyan on the Kings Highway (B52)
- 2. At the first roundabout outside of Queanbeyan, take the second exit onto Captains Flat Road
- 3. Follows Captains Flat Road for 18km
- 4. Turn right onto Woolcara Lane (dirt road) for approx. 14km. You will cross several grids, the final one is signed as entry into the Yanununbeyan National Park. Continue **slowly** on this section of road.
- 5. Assembly 1 km before parking gear and passengers can be dropped at assembly on the way past and the driver can walk the 1 km back to the Assembly. On departure, opposite process, driver can collect vehicle and pick up gear and passengers on way past assembly.

6. WATCH FOR RUNNERS ON ROAD - Blue and Green courses will be using a section of road between parking and assembly for part of their course. All other runners will be crossing the road at some point in their course.

Course Lengths:

Red 1	11.1km	Orange 1	5.5km	Green*	1.2km
Red 2	8km	Orange 2	3.1km	Blue*	0.9km
Red 3	5.7km	*Green and Blue courses 1:4000 maps and will offer a bush			
Red 4	4.2km	challenge (albeit shorter than usual) for our younger/less			
Red 5	2.9km	experienced orienteers, with some taped routes.			

Entry Fees: Standard entry fees for Sunday events apply. Please bring cash – EFTPOS may not be available due to poor reception at this location.