## ORIENTEERING VICTORIA STATE SERIES 2 – SUNDAY MAY 21 2017

## SPRINT DOUBLE, RINGWOOD

## FINAL INSTRUCTIONS

Map: Yarra Valley Grammar School (2017)

Course Planners: Sarah Davies and Peter Hobbs

Mapper: Fredrik Johansson

Event Advisor: Tim Hatley

Organisers: Dandenong Ranges Orienteering Club www.drocorienteering.com.au

<u>Directions and Parking</u>: Yarra Valley Grammar School, enter from Plymouth Road, Ringwood.

All competitors MUST ONLY enter the Yarra Valley Grammar School campus from the Sports Centre gate on Plymouth Road (the easternmost gate). Entry via any other gate is <u>strictly prohibited</u> (unless separately advised by the organisers). Park in the Sports Centre car park or overflow car park, then walk across the sports fields to the Sports Pavilion.

<u>Out of Bounds</u>: The cricket pitch will be roped off and is out of bounds – do not walk or run across it at any time during the day, including on arrival or departure. The School has banned all access to the forest area east of the Sports Centre car park. Entry into this area will jeopardise future use of the School for orienteering.

In addition to the usual olive green "areas with forbidden access", several areas of the map are marked "out of bounds - forbidden to cross" with vertical pink stripes or solid pink. Entry into any of these areas will result in disqualification. These areas will be patrolled by our photographer who will not hesitate to report any unfair play.

<u>Arena</u>: The Start and Finish are at the Sports Pavilion, which provides toilets, water, shelter, and fantastic spectating from the upper deck. Live results will be displayed on large screens (thanks Jim!). Official results and splits will be published online immediately after courses close.

Half Time Entertainment: A range of activities will be on offer in between the races. You can:

- BYO lunch, or buy toasties, cake and drink from the Junior Squad, then kick back in the sun on the upper deck of the pavilion (byo chair)
- Select from our mouthwatering range of JWOC Jam, including pickles, relishes and cordial yum!
- Join coach Mikkel for a training activity
- Take part in the ironically scheduled Bush Committee meeting, starting at 11.30am
- Head to nearby bakeries/Coles Supermarket at Burnt Bridge, 1.2km away on Maroondah Highway (don't forget to come back!)
- Find a partner to go head to head with for race 2
- Scrutinise the live results and plot revenge on your rivals
- Dance to our special O-Mix play list

Maps: 1:3000, full colour ISSOM, A4, Pretex paper. Control descriptions will be available loose, and are also printed on maps.

<u>Registration</u>: All competitors please check in at Registration when you arrive, to confirm your course and SI stick number prior to starting. If you need to borrow a Sportident stick (no charge), or money needs to change hands, this is the place to do so. Course changes are subject to map availability, and schools team aspirants who have entered the wrong course will be given priority (see Course Information table on p 2).

If you are only doing one race, please tell us at Rego. You are very welcome to collect your map for the other race if you wish – but after you've run, not before!

<u>Entry on the day</u> will be offered, subject to map availability. EOD fees are \$20 adults, \$10 juniors, with a \$10/\$5 surcharge for non OV members. Newcomers may enter at Member rates. The EOD surcharge will be waived for new Juniors who are aiming for Schools selection.

Starts: Both races use a punch start. Maps will be placed on tables at the pre-start.

Race 1 starts are at 1 min intervals. Choose your own start time between 10am and 11.30am, with course closure at 12 noon. Race 2 starts are from 1pm-2pm, with course closure at 3pm. Choose your own start time.

For Race 2, courses 1 to 3 have two loops (A and B). Course 4 has a single loop. Competitors on courses 1 to 3 will be started in pairs, at 1 minute intervals, and will be started on either loop A or loop B, come through a pivot control, then complete the other loop.

You may form your own pair, or present to the pre-start area alone to be slotted into the next available start time. At the pre-start table our start team will allocate you to Loop A or B.

Questions? Email <a href="mailto:debbiedodd@iinet.net.au">debbiedodd@iinet.net.au</a>, or call 0409 135 020.

## **COURSE INFORMATION**

CLASS	COURSE	RACE 1	RACE 2	DIFFICULTY
OV1	1	3.2 km	3.1 km	Hard
		21 controls	24 controls	
			2 loops	
OVM/W2	1	3.2 km	3.1 km	Hard
Senior		21 controls	24 controls	
Boys			2 loops	
OVM/W3	2	2.7 km	2.5 km	Hard
Senior		19 controls	20 controls	
Girls			2 loops	
OVM/W4	2	2.7 km	2.5 km	Hard
		19 controls	20 controls	
			2 loops	
OVM/W5	3	2.2 km	1.9 km	Hard
		16 controls	15 controls	
			2 loops	
OVM/W6	3	2.2 km	1.9 km	Hard
Junior		16 controls	15 controls	
Boys,			2 loops	
Junior Girls				
OVM/W7	4	1.6 km	1.4 km	Easy-
		16 controls	17 controls	Moderate
			1 loop	
OVM/W8	4	1.6 km	1.4 km	Easy-
		16 controls	17 controls	Moderate
			1 loop	
OVM/W9	4	1.6 km	1.4 km	Easy-
		16 controls	17 controls	Moderate
			1 loop	