

Come and try ORIENTEERING

Ideal family activity : all welcome : suitable for all ages and abilities
training available : compasses for hire : run for your life or just a stroll



Schuster Park

Tallebudgera, Gold Coast

Sun 20th August 2017

starts 9am-11am

Adult \$5-7 Junior \$4-6 Family \$14-20

Orienteering is all about the map, not the compass! It's the sport of navigating in unknown terrain using a detailed map. This event has short courses for youngsters and longer more challenging courses for adults.

What do I need to do?

Bring your family on the day between 09:00 and 10:30, wear sensible shoes and sun protection. Bring water and a compass if you have one. If you are planning to bring a group, please let us know so that we can print extra maps.



Directions and details www.oq.asn.au/events/4876

More events - usually Sunday 9-11am; check online for details before setting off:

☑ 24 th Sep	Hinterland Regional Park	Bush Trail Orienteering
☑ 29 th Oct	Firth Park, Mudgeeraba	Park Orienteering
☑ 19 th Nov	Burchill Park, Nerang	Park Orienteering

Event programme www.oq.asn.au

Learn about the orienteering club of the Gold Coast www.paradiselost.org.au

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24