



## Australian 3 Days Orienteering Championships 2018

### Invitation and Carnival Bulletin 1 (Updated 13 February 2018)

#### INTRODUCTION

This is the updated first bulletin for Easter Tasmania 2018 (“ET 2018”) an orienteering carnival featuring three events: the Prologue, the Australian 3 Days Orienteering Championships (“A 3 Days”) and the Bay of Fires 3 Days (BOF 3 Days”). It provides basic information. Please note - some details might change but will be updated on the ET2018 website. It is advised you cross check!

#### DOCUMENTATION

This, the final bulletin (to be released two weeks prior to the carnival) and the ET2018 website provide all the information needed by participants. Rather than a large printed “program” competitors will only receive a brief “ET2018 Guide” at registration. The ET2018 Guide will summarise key information – how and when to get to events, classes and course lengths.

#### CONTENTS:

Event Schedule	P 1
Accommodation & Travel	P 3
Entry	P 4
Registration, First Aid, Insurance & Risk Waiver No Dogs, Child Logistics	P 5
Technical	P 6
OA Functions	P 8
Events	P 9



[www.eastertasmania2018.net.au](http://www.eastertasmania2018.net.au)

## SCHEDULE

Date	Description	Location	Times
Thursday 29 March	Registration	Domain Athletics Centre Queens Domain, Hobart	4.00 pm – 8.00 pm
Thursday 29 March	Domain Warmup Event alongside Registration	As Above	Start Times (You Select) 3.30 pm – 6.00 pm
Friday 30 March	Prologue	University of Tasmania Sandy Bay Campus	Start Times (Allocated) Elites from 12.00 Others from 1:30 pm Course Closure 3:30 pm
Saturday 31 March	A 3 Days – Day 1	Lovelybanks East 60 km north of Hobart on Midlands Highway	Start Times (Allocated) 10.00 am – 1pm Course Closure 3pm
Saturday 31 March	OA Meetings	Domain Athletics Centre	3.30 pm – 6.30 pm
Sunday 1 April	A 3 Days – Day 2	Lovelybanks West 60 km north of Hobart on Midlands Highway	Start Times (Allocated) 10.00 am – 1pm Course Closure 3pm
Sunday 1 April	OA AGM	Domain Athletics Centre	5.00 pm – 6.30 pm
Sunday 1 April	OA Awards Dinner	As Above	6.30 pm
Monday 2 April	3 Days – Day 3	Curryjong Rivulet 60 km East of Hobart on Tasman Highway	Start Times (Allocated) 9.30 am – 12.30pm Elite chasing start 9.30am Sledge Mass Start 9.30am Course Closure 2.30pm
Thursday 5 April	Bay of Fires 3 Days Day 1 = bush sprint	10 km west of St Helens	Start Times (Allocated) 1.30 pm – 3.30 pm Course closure 4.30pm
Friday 6 April	Bay of Fires 3 Days Day 2 = middle	10 km west of St Helens	Start Times (Allocated) 9:30 am – 11:30am Course Closure 2pm
Saturday 7 April	Bay of Fires 3 Days Day 3 = long	15 km north of St Helens	Start Times (Allocated) 9:30 am – 11:30am Course Closure 2pm

## CONTACTS

CONTACT	NAME	EMAIL
Organising Body	Orienteering Tasmania	
Carnival Director	Bert Elson	membership@tasorienteeing.asn.au
OA Controller	Greg Hawthorne	
Publicity and Website	Miriam Whittington	entries@eastertasmania2018.net.au
Events	Sally Wayte	eventqueries@eastertasmania2018.net.au
Technical	Jon McComb	
Logistics	Mick Cooper	
Entries	Miriam Whittington	entries@eastertasmania2018.net.au
Event Website		<a href="http://www.eastertasmania2018.net.au/">http://www.eastertasmania2018.net.au/</a>

## ACCOMMODATION

Stay close to the Hobart waterfront and central St Helens to be near other orienteers and for easy access to tourist highlights, shops, restaurants, cafes, pool, medical services, OA functions and the orienteering. Both event centres offer a wide variety of accommodation. We have not arranged official event campgrounds but to stay near other orienteers:

**Australian 3 Days Camping:** Try Barilla Bay Holiday Park, Cambridge 03 6248 5869. Also - Day 3 (Monday 2 April) is being held at Redbanks, a multi sport, mudrun and obstacle course centre. There are limited shower and toilet facilities and the owner has agreed to self-contained camping on Sunday 1 April and the Monday night (no kitchen or laundry, no electricity, no shops, no petrol). The fee is \$5 / night / person. Book via Eventor or at registration.

**Bay of Fires 3 Days Camping:** Try Big 4 St Helens Holiday Park 03 6376 1290



## CAR HIRE

AutoRent-Hertz has come on board as a major sponsor of ET2018 providing utility vehicles for our logistics crew. AutoRent-Hertz has been a long time supporter of orienteering carnivals in Tasmania.

There are benefits too for entrants. AutoRent-Hertz is offering a 10% discount off the current "rate of the day". This promotion is valid for bookings between 16 March and 21 April 2018.

Campervans, Motorhomes, Cars and SUVs. See the entire range of motor vehicles on the [Auto-Rent Hertz](#) website. Use the special offer code "ORI" for the relevant booking promotional offer.

For any assistance contact Sonia Dornauf on (03) 6335 1111 or at [reservations@autorent.com.au](mailto:reservations@autorent.com.au)



## TRAVEL ADVICE

Make your travel arrangements easier - use our recommended travel agency RACT Travel for:

- Flights
- Car Rental
- Spirit of Tasmania (Ferry)
- Accommodation in Hobart, St Helens and for your Road Trip between
- Day touring requirements
- Packages
- Advice on things to see and do for Hobart and surrounds and the East Coast

**03 6232 6317 ask for Karen Plunkett or EMAIL [k.plunkett@ract.com.au](mailto:k.plunkett@ract.com.au)**

## ENTRIES

Regular Entries	Late Entries
Open until 28 February 2018  But see Enter on the Day ("EOD) below!	From 1 March 2018 at the organiser's discretion - 20% late fees will apply

You can enter all or any event including individual days of both 3 Days competitions.

Entry is in advance online via Eventor ( [eventor.orienteering.asn.au](http://eventor.orienteering.asn.au) ) (note there will be limited Enter on the Day courses). If you need help with Eventor you will find Eventor Guidelines on each Eventor Event Page. If you have not used Eventor before you can create an account as a member of an Australian Club, as a member of an overseas club or as a non member.

Also via Eventor:

- OA Awards Dinner Tickets \$60 (also by 28 February)
- Family Teams Competition at the Prologue (no additional cost)
- Domain Warm Up Event \$10 / \$5 Child or Concession (can also Enter on the Day)
- Parking Permit for the A 3 Days \$10
- Camping at Redbanks (Day 3 of A 3 Days) \$5 per person per night
- Hire of SIAC \$11 (limited supplies available on a first in basis – alternatively buy a SIAC from Colin Price [www.aussieogear.com](http://www.aussieogear.com))
- Requests for Split Start Times and Early Starts on Day 3 of both A3Days and BOF3Days

**Event Tees have SOLD OUT. Event O Tops will be available to order at Registration.**

**ENTER ON THE DAY:** If you do not want to commit to entering in advance – at every event there will be Enter on the Day ("EOD") courses. These are limited to easy and moderate navigation standards and although participants will be timed, there are no prizes. A bonus is you can go out with friends. The cost for EOD is \$20 per person (or per group if going out together with one map) per event. To EOD go to the Registration Tent.

## ENTRY FEES

		Adult	Conc*	Family**	Elite	J. Elite
<b>Regular to 28 February 2018</b>	Prologue	30	22	82	32	24
	A 3 Days (per day)	50	37	137	52	39
	BOF 3 Days (per day)	25	19	69	NA	NA

\*Concession: Child U18 or Adult studying full time / in receipt of government pension / in receipt of income support payment

\*\*Family: 2 Adults plus 1 or more Concessions

## REGISTRATION

All participants must register in person at ET2018. You cannot start without doing this because you must have your race number. You only need to register once (unless you want to Enter on the Day).

Avoid the rush prior to your first event - register at the Domain Athletics Centre, Hobart, Thursday 29 March from 3 – 8 pm. Stretch your legs on a warm up course - available from 3.30 pm – 6.00 pm. There will also be a registration tent on every day of ET2018. Opening times will be released soon.

## FIRST AID

- Domain Warm Up: there will be first aid kits on hand but otherwise no medical presence.
- The Prologue: there will be first aid kits on hand but otherwise no medical presence.
- A 3 Days: for Days 1, 2 and 3 St Johns Ambulance volunteers will be in attendance.
- BOF 3 Days: there will be first aid kits on hand but otherwise no medical presence.

## INSURANCE NOT PROVIDED TO PARTICIPANTS

Insurance against accidents and in case of injury is the responsibility of participants. We strongly recommend overseas participants have appropriate travel insurance.

## RISK WAIVER & ACKNOWLEDGMENTS (including Parents and Guardians Acknowledgements)

It is a condition of entry that participants agree to the Entry Terms and Conditions for Easter Tasmania 2018 ("the Entry T&Cs") which are available on Eventor as a document on each event page for ET2018. The Entry T&Cs include a waiver and acknowledgment of risks and use of photographs including for parents and guardians of any children who enter.

## NO DOGS

Orienteering Tasmania has a policy of no dogs at orienteering events, even though they may be held in public places where dogs are permitted.

## COMMUNAL CHILD CARE

In Australia we have very stringent laws on the provision of child care even by volunteer organisations. We simply cannot provide child care. However - we do provide a tent for parents with young children to hang out in and parents sometimes help each other out by looking after each other's kids. This is what we mean by "communal childcare". If you are looking for a babysitter we can flag this on our Facebook page but it is something you will need to arrange privately. Note the Split Start Requests form on Eventor.

## SPLIT STARTS REQUEST FORM / EARLY STARTS REQUEST

Use this form on Eventor for us to consider your special request for split start times (for example to help with child logistics) or early start times (for example to catch flights – we'll need to see flight number).

## TECHNICAL

### THE RULES

ET2018 is being run in accordance with the [Orienteering Australia Rules for Foot Orienteering](#) (the Rules). All participants must comply with the Rules. There is a link under technical on the ET2018 website. Of relevance to elite competitors - the IOF Rules for World Ranking events will also apply and will be on the carnival website nearer the event.

### TIMING DEVICES

All events at ET2018 (excluding the Domain Warm Up) will use Sport Ident Air Card ("SIAC") controls. Old model Sportident ("SI") cards and P cards can still be used. Note: P cards cannot be used for the Prologue – they do not have the capacity for the number of controls.

Limited supplies of SIAC are available for hire via Eventor when you enter. These will be allocated on a first in basis. SI cards will then be available to hire including for Enter on the Day participants. Buy your own SIAC from Colin Price [www.aussiegear.com](http://www.aussiegear.com). We strongly recommend you buy in advance but he will have a pop up shop at ET2018.

### START TIMES

Participants will be allocated start times for all events during ET2018 (except the Domain Warm Up).

### RESULTS

- For the A 3 Days Carnival we will use the Olynx results displays. This involves screens showing elapsed and final times by class.
- For the BOF 3 Days runners will receive a sticker showing their elapsed time which will be attached to a hanging block in the results tent.
- Results will also be available on Eventor as soon as possible after each event

### COURSE CLOSING TIME

All courses will have a closing time – set out in the Schedule. This means you must come back to the finish by this time even if you have not finished your course. Unfortunately you will be recorded as a DNF (Did Not Finish) but this is a safety issue. Despite being a DNF you can start the next day.

### CHECK INTO FINISH

If you go out on a course you must check into the finish whether or not you finish your course. If you do not we may launch a search and rescue mission unnecessarily.

### EMBARGOES

All of the areas being used for the Australian 3 Days are embargoed:

1. UTAS Sandy Bay Campus (being a sprint map in a public area you are allowed in the area but not for organised events or training).
2. All of the current Sandstone Valleys map at Melton Mowbray (for the event this will be renamed Lovelybanks West and Lovelybanks East).
3. All of the current Redbanks map and the area immediately north of the current map (the new enlarged area will be called Curryjong Hills).

**SHADOWING BY PARENTS AND/OR COACHES IS NOT ALLOWED**

Shadowing by parents and/or coaches is not allowed during ET2018. The exception is the M/W10Shadow class. In this class entrants are permitted to receive assistance on the course (shadowing or direct assistance) and shall also be given the opportunity to study their course with a parent or mentor for up to 10 minutes before their start time. Times shall not be recorded for this class. If newer orienteers do not want to go out alone or if parents are concerned about older children going out alone we strongly recommend the Enter on the Day option.

**CLOTHING**

Because of the possibility of cold weather, ensure you bring a thermal top and a hooded waterproof jacket or similar weatherproof garment to potentially wear at ET2018, as well as a change of clothes for when you finish. There will be clothing return from the start provided at all A 3 Day events.

**WHISTLES**

All competitors must carry a whistle at every event except the Prologue. You cannot start without one. This is a safety requirement. The whistle may only be used in cases of emergency, the distress signal being six blasts at ten second intervals, then a minute pause before repeating the pattern.

**OLD MAPS**

The ET2018 website has links to old maps under "Technical".

A 3 Days: The old map of Sandstone Valleys being used for Days 1 and 2 will be extended to create the two new maps of Lovelybanks West and Lovelybanks East. And whilst Day 3 starts from the old map of Redbanks, most of the area actually extends into previously unmapped terrain.

BOF 3 Days: The maps of Littlechild Creek and Golden Fleece.

**COURSE LENGTHS AND WINNING TIME**

Approximate course lengths and winning times will be in accordance with Rule 16 of the [Orienteering Australia Rules for Foot Orienteering](#). Actual course details (length, total climb, number of controls and number of refreshment controls) will be available in a subsequent Bulletin and the Guide.

**TERRAIN, CLIMATE, HAZARDS & SAFETY BEARINGS**

A description of the terrain, climate, hazards and safety bearings is available later in this bulletin and will be updated in a subsequent bulletin. Hazards and Safety Bearings will also be included in the ET2018 Guide.

**MAP DETAILS**

The scale, contour detail of maps and any other relevant mapping information appears later in this Bulletin and will be updated in the Final Bulletin and the Guide.

## **OPPORTUNITIES TO TRAIN**

Orienteering Tasmania will be holding events in comparable terrain in 2017. Otherwise we suggest you study the old maps.

## **START & FINISH PROCEDURES**

Start and Finish Procedures will be in accordance with Rules 22 and 23 of the Orienteering Australia Rules for Foot Orienteering. More details will be in a subsequent bulletin and the Guide.

## **OUT OF BOUNDS & MARKED ROUTES**

The method for marking out any out of bounds area and marked routes will be advised in the Final Bulletin.

## **PRIZES:**

Overall place getters in each class at the Australian 3 Days and of each course (M and W) at the Bay of Fires 3 Days will receive a certificate and a significant yet useful memento of the event.

## **COMPLAINTS & JURY MEMBERS**

Unhappy? Keep in mind that ET2018 is being run entirely by volunteers. We are doing our best. The procedures for making a formal complaint from a competition perspective are set out from Rules 27-30 of the Orienteering Australia Rules for Foot Orienteering. The names of the jury members will be published in a later Bulletin.

# **FUNCTIONS**

## **ORIENTEERING AUSTRALIA MEETINGS**

Meetings of OA groups and working parties will be held on the Saturday afternoon after A 3 Days Day 1 events. Meetings will be scheduled between 3.30 pm and 6.30 pm and will take place at the Domain Athletics Centre, Queens Domain, Hobart. This is the same venue as Thursday's registration centre. A detailed list of meeting times will be in a later bulletin.

## **ORIENTEERING AUSTRALIA ANNUAL GENERAL MEETING**

The OA AGM will be held at the Domain Athletics Centre on Sunday 1 April commencing 5.00 pm.

## **ORIENTEERING AUSTRALIA AWARDS DINNER**

The OA Awards dinner will be held at the Domain Athletics Centre on Sunday 1 April at 6.30 pm. Tickets at \$60 can be purchased via Eventor by 28 February.

- Dress code is - NEAT CASUAL
- All participants, family and friends are invited
- Delicious Generous Servings
- Mains and Dessert Buffets
- Featuring Tasmanian Produce
- GF, Vegan and Vegetarian Choices
- Capped at 90 People on a first in basis



## EVENTS

Map (interactive) of all Event Locations can be found on our event website at:

[www.eastertasmania2018.net.au/program/](http://www.eastertasmania2018.net.au/program/)

### 29 MARCH 2018: DOMAIN WARM UP EVENT

**Location:** Domain Athletics Centre, Hobart. Starts near registration area.

**Getting there:** Drive onto the Queens Domain from either the Brooker Highway or Tasman Highway and look for signs at the Domain Athletics Centre. (see map on P. – Registration)

**Parking:** Domain Athletics Centre carpark (free parking)

**Time:** Starts from 3.30 pm – 6.00 pm

**Map:** Queens Domain 1: 10,000

**Sportident:** Yes – but for start and finish only – manual punch boxes on map at controls.

**Pre-registration:** Yes – available through Eventor

**Enter on the Day:** Yes – available at registration.

**Courses:** M & W Long, Medium and Short.

COURSE	Length	Controls	Difficulty
Long	4.4 km	About 10	Moderate / Hard
Medium	3.3 km	About 10	Moderate / Hard
Short	2.3 km	About 10	Easy / Moderate

**Terrain:** Hobart's Queens Domain has been used by Hobart orienteers for many years. It consists of open natural forest with walking trails, bike paths, sporting facilities and some historic buildings and ruins. While some areas are parkland others are unchanged natural forest.

**Other:** Controls will consist of permanent numbered control markers attached to the nominated feature. Each control will be accompanied by a hole punch. Maps will have boxes for punching at controls. This is to minimise use of SI boxes which will be in the process of being set out for the 3 Day competition. Note that many of the permanent controls will have been put out specifically for this event and not have been in place prior to the event.

**Landowner:** Hobart City Council

### 30 MARCH: PROLOGUE SPRINT

**Location:** University of Tasmania, Sandy Bay Campus

**Getting There:** Drive through Sandy Bay to the University of Tasmania.

**Parking:** Park in the car park off Grace Street or in the vicinity of Earl Street. Roadside parking – obey traffic signs. Parking is free.

**Time:** Elite Starts from Midday, Public starts from 1.30 pm

**Map:** UTAS – by Mike Morffew

**Sportident:** Yes (Sportident Air optional)

**Pre-Registration:** Yes

**Enter on the Day: Moderate and Easy Courses only**

**Courses:**

COURSE NAME	ELITE CLASSES	PUBLIC CLASSES	DIFFICULTY	WINNING TIMES	NO OF CONTROLS
M/W Hard 1	M21E, M20E	Men Hard 1 Women Hard 1	Hard	12	TBA
M/W Hard 2	W21E, W20E	Men Hard 2 Women Hard 2	Hard	12	TBA
M/W Moderate		Men Moderate Women Moderate	Moderate	10-15	TBA
M/W Easy		Men Easy Women Easy	Easy	10-15	TBA

Teams in the family relays will consist of 1 runner in each of Hard 1, Hard 2 and Easy.

**TERRAIN:** Typical University terrain of buildings, gardens, overpasses, courtyards, etc. Some areas of bushland.

**OTHER:** Compulsory crossings of Churchill Ave by footbridge and tunnel. Coffee van but no official catering. Should be cafes and snack bars in Sandy Bay.

**COURSE PLANNER:** Clare Hawthorne

**CONTROLLER:** Cathy McComb

**LANDOWNER:** University of Tasmania

## SATURDAY 31 MARCH: AUSTRALIAN 3 DAYS, DAY 1

**LOCATION:** Lovelybanks East – 60 km north of Hobart up the Midlands Highway (140 km south of Launceston)

**GETTING THERE:** From Hobart drive north on the Brooker and Midlands Highway in the direction of Launceston. 5 km beyond Melton Mowbray turn right into Lovelybanks Road. This intersection will be signed but take great care when turning across traffic as this is a busy highway. Drive along Lovelybanks Road for about 4 km and turn right into the parking area.

**PARKING:** Vehicles will require a parking permit costing \$10 for 3 days. These may be purchased when registering, at the registration centre or on the day. Funds will go to landowners and local community organisations.

**TIME:** First starts 10.00 am

**TERRAIN:** Broad plateau terrain with mixed farmland and forest dissected by deep valleys with extensive sandstone features including rock faces and boulders.

**MAP:** Lovelybanks East (formerly Sandstone Valleys). Remapped and extended by Alex Tarr in 2017.

**SPORTIDENT:** Yes (Sportident Air OPTIONAL)

**PRE-REGISTRATION:** Yes

**ENTER ON THE DAY: Course 18 and 19 only**

**COURSES:**

course	classes	tech diff	Day 1	Day 2	Day 3	% length
			win time	win time	win time	
1	M21E	H	30	85-90	45	100
2	W21E	H	30	65-70	40	62
3	M20E	H	25	70	45	70
4	W20E	H	25	55	40	44
5	M35A	H	55	55	55	70
6	M21A, M40A	H	52	52	52	59
7	M45A, M50A	H	48	48	48	50
8	W21A, W35A, W40A, M20A SLEDGE (M21AS) (Course 8S)	H	48	48	48	44
9	M16A, M35AS, M55A, W45A	H	44	44	44	40
10	M60A, W21AS, W50A	H	40	40	40	35
11	M65A	H	40	40	40	27
12	W16A, W55A, W20A	H	40	40	40	27
13	M45AS, W35AS, W60A, M70A	H	40	40	40	27
14	M55AS, M75A, W45AS, W65A	H	40	40	40	27
15	M80A, W55AS, W70A, W75A, M65AS	H	40	40	40	20
16	W80A, W85A, M85A, W90A, M90A, W65AS	H	40	40	40	20
17	MJuniorB, MOpenB, M14A	M	32	32	32	30
18	WJuniorB, WOpenB, W14A	M	24	24	24	20
19	M12A, W12A, MEasyB, WEasyB,	E	20	20	20	2.4km
20	M10A, W10A, MVeryEasyB, WVeryEasyB, M/W10Shadow	VE	16	16	16	1.6km

**OTHER:** Catering by Tassie Juniors

**COURSE PLANNER:** David Marshall

**CONTROLLERS:** Hilary Cane, Christine Marshall

**LANDOWNER:** Mr Rodney Jones

## **SUNDAY 1 APRIL: AUSTRALIAN 3 DAYS, DAY 2**

**LOCATION:** As for Day 1

**GETTING THERE:** As for Day 1

**PARKING:** As for Day 1

**TIME:** First starts 10.00 am

**TERRAIN:** As for Day 1

**MAP:** Lovelybanks West (Formerly Sandstone Valleys). Remapped and extended by Alex Tarr in 2017.

**SPORTIDENT:** Yes (Sportident Air optional)

**PRE-REGISTRATION:** Yes

**ENTER ON THE DAY:** Courses 18 and 19 only

**COURSES:** As per day 1

**OTHER:** Catering by Tassie Juniors

**COURSE PLANNERS:** Warwick Moore and Paul Enkelaar

**CONTROLLER:** Lindsay Pender

**LANDOWNERS:** Mr Rodney Jones, The McShane Family

## **MONDAY 2 APRIL: AUSTRALIAN 3 DAYS, DAY 3**

**LOCATION:** Redbanks – 60 km east of Hobart.

**GETTING THERE:** From Hobart drive east on the Tasman Highway to Sorell. Turn right towards Port Arthur but after 1 km turn left to Nugent. Drive for 15 km and look out for O Signs.

**PARKING:** Vehicles will require a parking permit costing \$10 for 3 days. These may be purchased when registering, at the registration centre or on the day. Funds will go to landowners and local community organisations.

**TIME:** First starts 9.30 am

**MAP:** Curryjong Creek. This includes the old Redbanks Map now extended to the north.

**SPORTIDENT:** Yes (Sportident Air optional)

**PRE-REGISTRATION:** Yes

**ENTER ON THE DAY:** Courses 18 and 19 only

**COURSES:** As for Day 1.

**OTHER:** Redbanks is a multi sport, mudrun and obstacle course centre with newly mapped bush and tree farms to the north. Behind the finish and spectator area is a conference centre with catering and a licensed bar. The owner will be selling tea and coffee through the morning and food and drinks (soft drinks, beer and wine) from mid morning onwards.

**COURSE PLANNER:** Gary Carroll

**CONTROLLER:** Dion McKenzie

**LANDOWNER:** Mr Lindsay White, Forico

## BAY OF FIRES 3 DAYS

This is an informal 3 Day event. It is being held on the Thursday, Friday and Saturday after Easter. It finishes on Saturday in order to give everyone Sunday to head home for the start of school or work on Monday.

**LOCATION:** St Helens – 240 km from Hobart

**GETTING THERE:** Take the Midlands Highway north from Hobart or South from Launceston to Conara and turn East on the Esk Main Road. Drive through Avoca and Fingal and at St Marys turn left and continue through Scamander to St Helens.

Days 1 and 2. From central St Helens drive west along Quail Street, Medeas Cove Esplanade and Eagle Street and on to Argonaut Road. After about 3 km from end of the bitumen see signs for parking. Parking is free.

Day 3. Travel northwest out of St Helens on the Tasman Highway for about 1.5 km to the Ansons Bay Road (C843). Follow this for approximately 7km and watch for orienteering signs directing you to turn right just after the end of the sealed road. Allow about 15 minutes from St Helens. Parking is free.

### COURSES:

There will be 10 courses as follows.

			Day 1 sprint	Day 2 middle	Day 3 long	
course	classes	tech diff	win time	win time	win time	Approx distance
1	M21A	H	15	25-35	80 – 90	12 km
2	W21A, M20A, M35A, M40A	H	15	25-35	65 – 75	9 km
3	W20A, W35A, M16A, M45A, M50A, M21AS	H	15	25-35	55 – 65	7 km
4	W16A, W40A, W45A, W50A, W21AS, M55A, M60A, M35AS, M45AS	H	15	25-35	55 – 60	5.5 km
5	W55A, W60A, W65A, W35AS, W45AS,	H	15	25-35	50 – 55	4 km
5M	M65A, M70A, M55AS	H	15	25-35	50-55	4km
6	W70A, W75A, W80A, W85A, W90A, W55AS, W65AS, M75A, M80A, M85A, M90A, M65AS	H	15	25-35	45 – 50	3.5km
7	M14A, W14A, M-OpenB, W-OpenB, M-JuniorB, W-JuniorB	M	15	25-35	30 – 40	3 km
8	W12A, W-EasyB, M12A, M-EasyB	E	15	25-35	25 – 30	3 km

9	W10A, W10Shadow, W- VeryEasyB, M10A, M10Shadow, M- VeryEasyB	VE	15	25-35	20-25	2 km
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**TIME:**

	Day 1 Thursday	Day 2 Friday	Day 3 Saturday
First Starts	1.30 pm	9.30 am	9.30 am

**MAP:**

	Day 1 Thursday	Day 2 Friday	Day 3 Saturday
Map	Golden Fleece	Golden Fleece	Littlechild Creek

**SPORTIDENT:** Yes – Sportident air optional**PRE-REGISTRATION:** Yes**ENTER ON THE DAY:** Courses 7 and 8 only**OTHER:** Catering by Tassie Juniors**COURSE PLANNERS:**

	Day 1 Thursday	Day 2 Friday	Day 3 Saturday
Planner	Jeff Dunn	Simon Allen	Paul Pacque
Controller	Darryl Smith	Roger Harlow	Bernard Walker

**LANDOWNER:** Tas Parks and Wildlife