**Important Notes for Karabar event**

**Sponsors** Many thanks to our sponsors

* Blooms The Chemist in Karabar
* Blooms the Chemist in Queanbeyan , and
* The Runners Shop in Phillip

Please mention this orienteering map when you next shop at these places

**Parking Notes**

* Please consider car pooling or arriving by bicycle
* Do NOT drive into the school grounds.
* Park in car park off Brigalow St
* Once that car park is full please park on ONE SIDE OF STREETS ONLY
* Do not park across driveways or close to street corners
* Toilets are 400 m walk away across the Lambert Park oval. There are no toilets for orienteers to use on the school grounds

**Course setters notes – Important**

* **Uncrossable features.** Special rules apply to “sprint” maps such as this. Please see [new OACT website / resources / advanced skills](http://act.orienteering.asn.au/resources/skills/advanced-skills/) / hints for sprints and uncrossable boundaries (Fig 1 )
* **Water** - There are bubblers marked on the map but no water drops.
* **Check your control numbers carefully** – you must visit the correct control flag in the correct order. All controls respect the minimum proximity rules of 15m (or 30m for similar features) but some are very close (eg. 16m or 31m). So please remember to check your control numbers carefully to ensure you are actually at the correct control. If you do not know what this means please ask.
* **Precaution when running / walking around corners**
	+ Slow down – don’t run too fast
	+ Call out “Runner”
	+ At the corner Look up – Don’t just look at your Map or you may crash into another person
	+ Obey the ‘road rule” and KEEP LEFT”. This means when running anti clockwise hug the corner of the building. When running clockwise run about 1.5 m out from the edge of the building. (**see Figure 2 “Keep Left” )**
* **Map Symbols**
	+ Some special map symbols used in mapping Swiss schools are used. Please check the old map and study the map legend carefully (see last years map)
* **Blue course –**
	+ This is short. If you like it you can have another go for free unofficially on the Green course (time permitting)
* **Green Course -**
	+ This is medium
* **Orange courses – This is advanced level Orange 2 is shorter Orange 1 is longer**
	+ These will have a **map change**. If you have not done a map change before please read Paul de Jongh’s instruction sheet.
	+ There will be a **temporary uncrossable barrier**. This is marked on the map as a purple line and cross **( see Fig 1 “ Uncrossable Features”)** and in the field as plastic tape. A marshall will be present and anyone crossing the tape will be disqualified and asked to do 100 push ups before their finish time is recorded.

We hope you enjoy this event ! David Poland Paul de Jongh Bushflyers