

Second Annual “December Development Training Camp”

Hosted by OACT Canberra Region 15 Dec – 19 Dec 2017 Information v2 (3/10/2017)

Fri 15 Dec 10.30 am Parliamentary Triangle Sprint Training

3 pm Isaacs Ridge , Bush City Map , Canberra

6 pm meet for dinner and talk (recommend overnight in Canberra)

Sat 16 Dec drive 80 min to Boboyean Namadgi , Bush Map

9.30 am – 11.30 am Boboyean Control picking & Corridors Bush Map Training

Drive a further 80 min to Buckendeera (near Lake Eucumbene)

2 .30 pm – 5 pm Middle Distance Training

6 pm – 7 pm Sprint around Holiday Camp

7.30 pm Dinner and Social evening event (recommend overnight at Buckendeera Holiday Park)

Sun 17 Dec 8.30 – 11 Granite training Buckendeera

2- 5 pm more granite training at Buckenderra Control Picking

7 pm evening Talk and dinner (recommend overnight at Buckendeera)

Mon 18 Dec Drive 20 min back towards Canberra

9am – 12 Bush map Glenbrook (Long distance training, Fine Navigation)

Drive back to Cooma 30 min . lunch in Cooma

2 pm Cooma map if possible – different terrain - Mt Gladstone

Drive on to Canberra 70 min

Dinner and talk 7 pm (recommend overnight in Canberra)

Tues 19th Dec 9 am City Sprint Map training finish by 11 am

More Information

RSVP and more info Brodie Nankervis brodie_nank@live.com.au

Food Transport Accommodation – Individuals will organise all their own – help available

Course Setting Brodie Nankervis will do all course setting and printing. Brodie will coach for two days
Sat & Sun

Volunteers (eg Warren Keys) needed to coach other days and to put out control flags on all days

Permissions will be arranged by OACT. Fee will be charged to cover printing costs

Targeted at Red (advanced) level orienteers. At least two Moderate (orange) controls will be placed on each course close –within 300 m- of the start to cater for orange level. However they will need to

provide their own coaches (eg parents) to supervise them. Although David Poland will do some moderate level coaching

Who is coming? as at Sep 2017 Most of NSW squad, A large number from SA , some from Tas, and a large number from ACT

Publicity – Patrick Miller did a flyer for Hill End Carnival . Brodie will publicise in state e-bulletins and OA bulletin Brodie – will set up Facebook Group

Accommodation in Buckenderra

Please book your own accommodation in Canberra for (Thurs) / Fri / Mon / (Tues)

And book your own for Buckenderra for Sat / Sun

<https://topparks.com.au/parks/nsw/buckenderra-holiday-village> 1800 339 461

Cottages sleep 5 \$140

Cabins are smaller and sleep 5 but bunk beds are small \$110

Camping is \$10 per person

I have booked the hall for evening activities

Costs

There will be nominal cost per person to cover hall hire / printing costs etc

Supervision

There will be no official supervision. All children under 18 must be accompanied by a responsible parent or guardian. Coaching opportunities will be available for those adults who attend in this capacity. A great way to improve your own orienteering.

Coaches

Brodie will be “overall chief coach” and will set most courses. He may ask other coaches to do other days. Scholarship Coaches from all over Australia will be invited to attend and assist

Map with approximate locations

<http://act.orienteering.asn.au/resources/mapping/>

