



2017 ACT MTBO Championships

Welcome to the 2017 ACT MTB Orienteering Championships.

Please read the following information thoroughly as it contains all the information you need for the weekend. Where information is different for each event it will be outlined separately.

If you require further information please contact Ann Scown at scown@light.net.au or call 0402303440.

Registration

It is not necessary to visit the Registration desk unless you owe us money for your entry, require an SI timing chip (\$2), wish to hire a map board (\$5) or if you have any last minute questions.

Important Information

Please be aware that we do not have exclusive use of the event areas. There may be members of the public within the areas. This includes walkers, bicycle riders, horse riders and cars. Please leave gates as you find them.

Please observe road rules when riding – this means keep left at all times and give way when required. You must wear an approved cycling helmet.

You must remain with your bicycle on the course at all times. Walking or carrying your bike is permitted. You must remain on mapped tracks/roads. Off track riding is not permitted.

On single track, please allow faster riders to pass when you are able. Faster riders, please be considerate to the slower riders and give them time to safely move off the track. Two way riding is allowable on Bruce Ridge for this event. Please be aware of riders approaching from the opposite direction.

SI Timing

SI timing will be used for the event. It is the competitor's responsibility to ensure that you receive a visual or audible signal from the timing unit/chip as an indication of visiting the control. Failure to do so will result in a "mispunch".

The map has reserve punch boxes which should be used in the case of an SI unit not working. Controls must be visited in order. SI Air (SIAC) is **NOT** available at this event.

Start

There are no allocated start times. Starts will be at 2 minute intervals. Start Time windows are detailed for each event separately.

Please ensure that you **clear and check** before you enter the start. Clear and check units will be near the start.

Timing will commence once the start unit has been punched.

The **start triangle** is at the start.

You will have 1 minute to plan your course.

Finish

All riders **must** punch the finish control and **must** return to the download table whether they complete the course or not.

Water

There is limited water available at the start and finish – please bring your own water. There is no water on the course.

MIDDLE DISTANCE CHAMPIONSHIPS Saturday October 14th – BRUCE

Assembly Area

The arena is at the north western side of Bruce Stadium off Battye Street, Bruce. Driving directions from Google Maps are available on Eventor. Follow Orienteering signs to parking off Battye Street. Registration / Assembly Area / Start and Finish are a short walk from car park.

Start Times

Queuing starts from 1200 to 1330 (12:00 noon to 1:30pm). Start interval 2 minutes.

Course Closure

Courses close at 1530 (3:30pm). You must return to the finish by this time.

Course Details

Bruce Ridge

Scale 1:10,000.

Contour Interval 5m.

The map area includes Canberra Institute of Technology, Australian Institute of Sport, O'Connor Ridge, and Bruce Ridge. Track network varies from urban streets to single track. Please obey road rules on public roads. There will be traffic in the area.

You **MUST** use the underpass to access Bruce Ridge from the AIS precinct.

	Classes	Distance	No of Controls
Course 1	M21, M17-20, M40	13.9km	22
Course 2	W21, W17-20, W40, M16, M50 Open 2	11.8km	19
Course 3	W16, W50, M60, Open 3	10.5km	16
Course 4	W14, W60, W70, M14, M70, Open 4	7.5km	13
Course 5	W12, W80, M12, M80, Open 5	4.1km	8

Facilities

Toilets are available in the AIS Visitor Centre.

The AIS Visitor Centre cafe is open from 0930 to 1600. The shop is open from 1000 to 1600.

Emergency Contact Number

Call 0147140690 in an emergency.

Presentations

Awards for placegetters in other than Open classes, will be made as soon as results are finalised.

LONG DISTANCE CHAMPIONSHIPS Sunday October 15th – BLUE RANGE HUT

Assembly Area

The arena is at Blue Range Hut, Uriarra Forest on Blue Range Road which is off Brindabella Road.

Do not use driving directions from Google Maps, which take you through private property.

Travel via Cotter and Brindabella Roads or Uriarra Road to the junction of Brindabella Road and Uriarra Road. Continue on Brindabella Road and turn right onto Blue Range Road. Allow about 60 minutes from central Canberra. Parking is limited so please be considerate of others when parking.

Registration / Assembly Area are adjacent to the car park.

The Start is approximately 350m from parking along a well formed dirt road. Follow pink and blue tapes

Start Times

Queuing starts from 0930 to 1100. Start interval 2 minutes.

Finish

The Finish is approximately 400m from the arena. Please continue to the download desk in the arena once you have completed your course. We don't want to be searching for you if you have already finished!!

Course Closure

Courses close at 1330 (1:30pm). You must return to the finish by this time.

Course Details

Blue Range Hut

Scale 1:15,000.

Contour Interval 5m.

This is its first use of the area since last century.

Vehicle track network in forested area with limited single track. The single track has been made by motor bikes and is rough. It is not of the same standard experienced at Bruce Ridge. Please observe road rules when riding.

	Classes	Course Length	No of Controls
Course 1	M21, M17-20, M40	29.0km	11
Course 2	W21, W17-20, W40, M50, Open 2	24.3km	10
Course 3	W50, M16, M60, Open 3	18.0km	9
Course 4	W16, W60, W70, M14, M70, Open 4	13.3km	6
Course 5	W12, W14, W80, M12, M80, Open 5	9.0km	5

Facilities

Blue Range Hut has a pit toilet and provides shelter.

There will be no refreshments available for sale on the day.

Please bring all your personal requirements with you to the event.

Emergency Contact Number

Call 0147140690 in an emergency.

Presentations

Awards for placegetters in other than Open classes, will be made as soon as results are finalised.