

IN 2017

TOOHEY FOREST ORIENTEER ASSOCIATION brings you



Don't get lost!

Learn to Navigate in Bushland

Sunday 29 October

Daisy Hill Forest, north end of Daisy Hill Road. UBD Map 602 Q3

Assembly 1.30pm each session

One hour instruction followed by a practise navigation course using handrails and attach points to help you find control sites.

Cost per session

**Adults \$10, Children \$5, Family max \$25.
(Members discount \$2)**

Register for this activity by emailing

tfo.secretary@gmail.com

Or phone Rob Simson 33454527

***** This program is open to beginners as well as orienteers and rogainers wishing to improve their navigation competency. Families are welcome. Children from seven years are ready to learn the basics. Also short and long practice courses for those not joining in with the coaching.**

***** Those registered through Logan Health & Fitness are sponsored by Logan City Council and compete free except for \$2 hire of a Sport event timing stick.**

Note: This coaching program is not about switching on your GPS, but about reading maps effectively with the help of the compass for map orientation and direction. Bring your GPS unit by all means but when it comes to fine navigation with a detailed map the secret is good navigation techniques.