WA Metro Series 2017/18

Event 5 COTTESLOE - Saturday 25th November

The Cottesloe Metro Series event will be held at Cottesloe Civic Centre, Napier St, Cottesloe.

Parking is available on Napier St, between Broome St and Marine Parade. There is also a large car park at the Marine Parade corner of Napier St. HOWEVER, this is Cottesloe in summer, so car pooling is recommended. The event can also easily be reached by bicycle and train (nearby stations are Grant St and Cottesloe on the Fremantle line).

The assembly area is below the steps up to the Civic Centre on Napier St, opposite the Tennis Club. PLEASE DO NOT ENTER THE CIVIC CENTRE GROUNDS BEFORE THE EVENT.

Event Details:

Mapper and Setter: Tony Simpkins

Organising Club: LOST

Courses:

The usual Metro options of Long (7-8km), Medium (4-5km) and Short (2-3km) are available. There will be 30 controls, with a specified number to visit for each of the three options.

Instead of the Long course, **bicycles** will do a course consisting of 23 controls, as there are 7 controls in areas where bikes are not allowed. There is an option to visit these controls on foot AFTER completing the course, but this is not compulsory and will not be timed.

Part of the Civic Centre Grounds has been booked for a wedding between 4-6pm. This area is shown as Out of Bounds (purple stripes) during the event, but it may be entered after you finish. PLEASE BE QUIET NEAR THIS AREA.

Start times:

Bikes – 4.55pm, everyone else 5.00pm.

The **Start** will be from the Assembly area below the Napier St steps.

The **Finish** is near the top of the steps, on a lawn behind the Women's Toilet.

Take care – look for traffic - when crossing roads. NB There are no controls on the Beach side of Marine Parade, and no need to cross this busy road.

Courses close: Courses close at 6.15pm. Controls will be collected from this time.

Facilities:

Toilets are near the Assembly area, at the top of the Napier St steps. THE AREA BEYOND THE TOILETS IS OUT OF BOUNDS BEFORE THE EVENT.

There are BBQs, lawns, and a childrens playground in the Civic Centre grounds.

The beach is a short walk if you need to cool off after your run.