## Active and Healthy Brisbane



## Come and try orienteering

Saturday, 3 February | 2-4pm | Shaw Estate Park, Wavell Heights. Meet by the play equipment area.

Saturday, 3 March | 2-4pm | Finsbury Park, Wilston. Meet at South end of Finsbury Street.

A recreational activity and sport for all the family. Use your navigational skills on the move to discover your local parks and outdoor recreation areas. All ages and levels of experience are catered for. Run, jog, walk or have a leisurely stroll - it's up to you. Compete individually or in a group. Full instructions given. Start any time between 2-3pm. Course closes at 4pm.

Cost: \$5 per person or \$12 per family

Bookings: Not required. For more information phone Rob from Enoggeroos Orienteering Club on 3256 6580.



