



## SPRINT CANBERRA 25<sup>th</sup> Jan - 28<sup>th</sup> Jan 2018

### Event Information

Welcome to the third Sprint Canberra. Thank you for supporting this event which is being held in conjunction with a **High Performance Sprint Training Camp** based at the AIS. The funds raised from these events will be used to directly fund this training camp. 40 athletes from all National HP Squads will be attending this camp and also participating in all the events.

### General Information

**Facilities:** please bring your own water. Water will be available if possible at each finish area. Toilet access is not limited and not guaranteed. (See each Event details)

**Start Procedure:** This is a 'free start' event, you choose your own start time. Just turn up at the start when you are ready. There will be three start lanes- one for each course. Control descriptions will be available at the start to be collected at any time before the one minute pre start. You will enter the start area at one minute before your start Clock will beep on your start time, punch the start unit, and leave on your course.

**NOTE Your SI number It is your responsibility to have the right one. The one that you are entered with.**

### SI Air (SIAC)

**Start:** At the start of the race competitors have to insert the SIAC in the "**CLEAR**" station (to clear data) and "**CHECK**" station (to turn on the radio mode of the chip). When you start you will go past a 'start unit' where you need to 'touch on' to start your SIAC.

There will be a 'test' unit, pry to your start if you want to test to see if your SIAC is working.

**Race:** During the race, just bring the SIAC at about **10-20 cm** from the control; this will register the punch emitting a sound and a light feedback on the SIAC. In case of malfunction you can always punch in the traditional way, or manually if necessary.

**Finish:** At the end of the race, as competitors pass the finish line, do as you do to any of the controls, bring your SIAC to about **10-20 cm** of the Finish unit. This will stop it recording. Athletes then must go to the computer station to download the chip and get their time.

**All other competitors** operate as usual by clearing and checking their SI stick and then punching at the start and at each control and then at the finish.

**Overall Point Score.** Each pre entry class will have a cumulative overall point score. Best 4 of 5 events count. This will be the same points score as used at the Xmas 5 days. 1000 points for a win, then part there of. <https://eventor.orienteering.asn.au/Documents/Event/3967/1/2017-Overall-Point-Score>

**Prizes:** after Event 5 there will be prizes for the winner of each class – after all results are known.

**Results:** these will be available at the finish. Also radio controls running time for each runner will be displayed. The results and radio control data will be available online.

Results will also be posted on **Eventor**. Splits will be available on **Winsplits**.

Courses/Class/Distance	Class	Event 1 Distances	Event 2 Distances	Event 3 Distances	Event 4 Distances	Event 5 Distances
1 - Open Course	Women and Men <b>Open</b>	3.5 km	3.6 km	3.0 km	2.9 km	3.5 km
2 - Medium	Women and Men <b>Medium</b>	2.9 km	3.0 km	2.6 km	2.6 km	3.2 km
3 - Short	Women and Men <b>Short</b>	1.7 km	1.9 km	1.8 km	1.4 km	1.8 km

## OUT OF BOUNDS

All competitors are reminded that it is **your responsibility** to not enter out of bounds areas as clearly marked on the maps or to cross impassable objects. Please communicate any infringement of this rule to the athlete concerned so that they can DSQ themselves as the organisers will not be checking.

Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and **respect the map!**

**Land owners of sprint maps are becoming increasingly concerned about damage to garden beds from competitors not respecting the rules. If you enter a garden bed or other out of bounds areas you could be jeopardizing future use of the map for all orienteers.**

Thanking you in anticipation of your honesty.

Olive green, dark green and purple parallel lines mark OOB. Impassable walls and fences are marked with thick black lines.



## Event 1 - AIS, Thursday 25<sup>th</sup> January, evening.

**Map:** AIS, **Scale** 1:4000 **Contour Interval** 2.5m. **Setter:** Jim Russell

**Car parking** is out the front of the Athletics track, at the end of Battye St, at the AIS

**Location:** The Assembly Area is 100m away, on the North side of Battye St, behind the AIS Arena

The **Start** is at the assembly area. Start times will be from 6:00 pm until 7:30 pm

**Course 1** This will be a **2 loop race, with map flip/change**. 2 PPL start at the same time, go to pivot point, and do opposing loops, come back and do the other loop. Now is your chance to challenge someone to a head to head race

**Course Setter Notes:** There are other users of this area, please respect there space. Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and respect the map!

**Please take care when crossing roads and bike paths as they are all open to traffic.**

## **Event 2 – University of Canberra, Friday 26<sup>th</sup> January, morning.**

**Map:** Uni Canberra, **Scale** 1:4000 **Contour Interval** 2.5m. **Setter:** Toby Wilson

**Car parking** Access is from Haydon Drive. Turn West into University Drive, then left onto University Drive South. Turn right into the carpark opposite buildings 22 and 23. You may need to take a voucher to enter the carpark. If so, keep the voucher to exit the carpark. You should not have to pay a parking fee as it is a public holiday.

**Location:** The Assembly Area is immediately to the North of the carpark.

The **Start** Follow tapes 300 m to the North/West putting the building on your right, then West towards Kirinari Street.

Start times will be from 10:00 am until 11:30 am.

**Course Setter Notes:** The terrain is an open university campus. Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and respect the map!

**Please take care when crossing roads and bike paths as they are all open to traffic.**

## **Event 3 – Bruce Ridge, Friday 26<sup>th</sup> January, afternoon**

**Map:** Bruce Ridge, **Scale** 1:5000 **Contour Interval** 5.0m **Setter:** Jim Russell

**Car parking** is out the front of the Athletics track, at the end of Battye St, at the AIS. It is the same area that was used for event 1

**Location:** The Assembly Area is to the South, on the Western side of the Athletics Track.

The **Start** is 600m away to the South, using the Gungahlin Drive underpass, follow tapes.

Start times will be from 5:00 pm until 6:30 pm.

**Course Setter Notes:** Forest area with good track network and numerous MTB tracks. Respect the rules, respect your competitors and respect the map!

**Please take care when crossing roads and bike paths as they are all open to traffic.**

**The event takes place in a Canberra Nature Reserve which in the case of a total fire ban will be closed to the public and the event will not be able to proceed as planned. Check the Orienteering Australia Facebook page before the event for announcement of any alternative arrangements to avoid a fire ban.**

## Event 4 – Orana Steiner School, Saturday 27<sup>th</sup> January, afternoon

**Map:** Orana Steiner School, **Scale:** 1:2,000 **Contour Interval** 1.0m. **Setter:** Jim Russell

**Car parking** Leave Tuggeranong Parkway at Cotter Road, travel West then left into Streeton Drive, and take first left into Unwin Street. The school is 300 m along on the left. Once the Schools carpark is full (50 places) parking is in the streets surrounding the School, such as Hickey Ct on the left before the school.

**Location:** The Assembly Area is on the school oval, 250m walk down Hickey Ct. .

**ALL access to the arena is via Hickey St, from the North end of the wall**

There are toilets with in the Competition area, please go after your run

The **Start** is at the assembly area.

Start times will be from 5:00 pm until 6:30 pm. **Course 1 & 2** will have a map flip/change

**Course Setter Notes: NOTE the SCALE. This is a small intense area, nothing like a normal Uni/School map.**

Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and respect the map!

**There is a wall in the terrain, that has an additional purple line marked as below DO NOT cross the wall. Go around it!**



## Event 5 – ANU South, Sunday 28<sup>th</sup> January, morning

**Map:** ANU South, **Scale** 1:4000 **Contour Interval** 2.5m. **Setter:** Ian Lawford

**Car parking** Make your way to Lennox Crossing, the southern end of Liversidge St at the Southern end of ANU. Parking is in the carpark on the Eastern side of Lennox Crossing South of Bachelors Lane.

**Location:** The Assembly Area is to the Southwest, on the other side of the road to the carpark.

The **Start** Follow tapes 300 m to the West, then North around the building, and above Parkes Way.

Start times will be from 9:30 am until 11:00 am

**Course Setter Notes:** The terrain is an open university campus. Olive green is used widely to show forbidden areas. Olive green in reality on the ground can be various different types of vegetation or even open garden beds or dirt. Please respect the rules and do not cross olive green areas. Respect the rules, respect your competitors and respect the map!

**Please take care when crossing roads and bike paths as they are all open to traffic.**