Update: ET2018 Training Weekend February 10th-12th: Entry closes tonight!

This is a training weekend for all, with the aim of getting ready to perform at our best at Easter. The programme is as follows:

- Saturday AM: Knockolofty, skills focus. 10-12. Parking at car park at the end of Forest road
- Saturday 12-2: BBQ at site 1 Waterworks for all potential ET2018 helpers
- Saturday PM: Waterworks, skills focus. 2-4, from reserve site 1.
- Sunday: Pittwater training day, skills AM, and forest relay champs. 10-4. Parking on centre road, continue driving until you see the white volvo. Please leave gates unlocked but closed.
- Monday AM: Sprint training and sprint champs, St Virgils College (Austins Ferry) and Poimena Reserve 10-12. Meeting at St Virgils College.
- Monday PM, individiual champs Domain. 2-4, parking at the very top car park.

Please arrive at least 15 minutes before the session is due to start. You will need a pen/pencil on Saturday, and dibbers on Sunday and Monday.

There will be no group accommodation, however if you're travelling down from the North, send <u>markpurkis@btinternet.com</u> and we can find some accommodation for you. <u>Entries and information sheet via Eventor</u>: \$10 for as many or as few sessions as you wish. Hope to see you there!