

| Pl | tno | Name | Time | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|---------------|-----|------------------------------------|--------------|---|--|---|--|---|--|--|---|---|---|--|--|--|--|
| 1 (19) | | | | | | | | | | | | | | | | | |
| 1 | | Patrick Jaffe MF V | 44:23 | 1(80) 1:42 15(46) 20:27 1:06 44:23 0:20 | 2(71) 4:08 16(99) 22:03 1:36 | 3(73) 5:00 17(98) 28:51 6:48 | 4(75) 6:06 18(89) 30:09 1:18 | 5(77) 6:42 19(86) 34:53 4:44 | 6(87) 8:55 20(105) 37:36 2:43 | 7(101) 10:46 21(49) 38:06 0:30 | 8(49) 11:30 22(88) 39:22 1:16 | 9(96) 12:03 23(47) 39:58 0:36 | 10(81) 12:56 24(83) 40:39 0:41 | 11(91) 13:23 25(94) 42:01 1:22 | 12(83) 13:52 26(103) 42:32 0:31 | 13(77) 15:05 27(92) 43:17 0:45 | 14(90) 19:21 28(83) 44:03 0:46 |
| 2 | | Bryan Keely IFK Lidingö | 44:39 | 1(94) 1:16 1:16 15(73) 18:10 1:05 44:39 0:24 | 2(103) 1:43 0:27 16(75) 19:33 1:23 | 3(92) 2:28 0:45 17(77) 20:04 0:31 | 4(83) 3:17 0:49 18(90) 24:14 4:10 | 5(77) 4:31 1:14 19(46) 25:37 1:23 | 6(87) 6:34 2:03 20(99) 27:11 1:34 | 7(101) 8:27 1:53 21(98) 33:40 6:29 | 8(49) 9:42 1:15 22(89) 34:57 1:17 | 9(96) 10:12 0:30 23(86) 39:08 4:11 | 10(81) 11:57 1:45 24(105) 41:23 2:15 | 11(91) 12:56 0:59 25(49) 41:57 0:34 | 12(83) 13:26 0:30 26(88) 42:50 0:53 | 13(80) 14:59 1:33 27(47) 43:32 0:42 | 14(71) 17:05 2:06 28(83) 44:15 0:43 |
| 3 | | Matthew Schepisi BG V | 46:35 | 1(94) 1:18 1:18 15(86) 31:44 4:43 46:35 0:22 | 2(103) 1:46 0:28 16(105) 34:22 2:38 | 3(92) 2:33 0:47 17(49) 35:00 0:38 | 4(83) 3:21 0:48 18(88) 36:28 1:28 | 5(80) 5:11 1:50 19(47) 37:10 0:42 | 6(71) 7:37 2:26 20(83) 37:48 0:38 | 7(73) 8:44 1:07 21(77) 39:08 1:20 | 8(75) 10:04 1:20 22(87) 41:15 2:07 | 9(77) 10:49 0:45 23(101) 43:17 2:02 | 10(90) 14:57 4:08 24(49) 43:57 0:40 | 11(46) 16:47 1:50 25(96) 44:26 0:29 | 12(99) 18:21 1:34 26(81) 45:24 0:58 | 13(98) 25:48 7:27 27(91) 45:48 0:24 | 14(89) 27:01 1:13 28(83) 46:13 0:25 |
| 4 | | Todd Neve MF V | 47:17 | 1(80) 1:46 1:46 15(81) 32:33 0:58 47:17 0:22 | 2(71) 4:15 2:29 16(91) 33:01 0:28 | 3(73) 5:15 1:00 17(83) 33:34 0:33 | 4(75) 6:25 1:10 18(77) 34:50 1:16 | 5(77) 6:55 0:30 19(87) 37:14 2:24 | 6(90) ----- 5:48 20(101) 39:19 2:05 | 7(46) 12:43 5:48 21(49) 40:15 0:56 | 8(99) 14:33 1:50 22(88) 41:36 1:21 | 9(98) 21:52 7:19 23(47) 42:11 0:35 | 10(89) 23:17 1:25 24(83) 42:50 0:39 | 11(86) 27:58 4:41 25(94) 44:17 1:27 | 12(105) 30:31 2:33 26(103) 45:18 1:01 | 13(49) 31:01 0:30 27(92) 46:08 0:50 | 14(96) 31:35 0:34 28(83) 46:55 0:47 |
| 5 | | David Brownridge BG V | 49:31 | 1(77) 1:13 1:13 15(75) 19:38 1:26 49:31 0:24 | 2(87) 3:34 2:21 16(77) 20:10 0:32 | 3(101) 5:32 1:58 17(90) 24:46 4:36 | 4(49) 6:19 0:47 18(46) 25:58 1:12 | 5(88) 7:15 0:56 19(99) 28:05 2:07 | 6(47) 8:25 1:10 20(98) 35:52 7:47 | 7(83) 9:06 0:41 21(89) 37:15 1:23 | 8(94) 10:40 1:34 22(86) 42:07 4:52 | 9(103) 11:30 0:50 23(105) 44:33 2:26 | 10(92) 12:24 0:54 24(49) 45:01 0:28 | 11(83) 13:16 0:52 25(96) 45:35 0:34 | 12(80) 15:02 1:46 26(81) 48:06 2:31 | 13(71) 17:07 2:05 27(91) 48:37 0:31 | 14(73) 18:12 1:05 28(83) 49:07 0:30 |
| 6 | | Christopher Naunto BG V | 50:19 | 1(94) 1:17 1:17 15(81) 32:12 0:53 50:19 0:27 | 2(103) 1:45 0:28 16(91) 33:03 0:51 | 3(92) 2:35 0:50 17(83) 33:37 0:34 | 4(83) 3:28 0:53 18(80) 35:44 2:07 | 5(77) 4:41 1:13 19(71) 38:32 2:48 | 6(90) 9:40 4:59 20(73) 39:46 1:14 | 7(46) 11:01 1:21 21(75) 40:58 1:12 | 8(99) 12:47 1:46 22(77) 41:32 0:34 | 9(98) 20:38 7:51 23(87) 44:01 2:29 | 10(89) 22:17 1:39 24(101) 46:37 2:36 | 11(86) 27:29 5:12 25(49) 47:21 0:44 | 12(105) 30:06 2:37 26(88) 48:27 1:06 | 13(49) 30:36 0:30 27(47) 49:09 0:42 | 14(96) 31:19 0:43 28(83) 49:52 0:43 |
| 7 | | Richard Goonan BG V | 53:13 | 1(94) 1:14 1:14 15(86) 35:34 6:20 53:13 0:20 | 2(103) 1:44 0:30 16(105) 38:33 2:59 | 3(92) 2:32 0:48 17(49) 39:05 0:32 | 4(83) 3:22 0:50 18(96) 39:44 0:39 | 5(80) 5:15 1:53 19(81) 40:56 1:12 | 6(71) 7:51 2:36 20(91) 41:25 0:29 | 7(73) 8:59 1:08 21(83) 42:01 0:36 | 8(75) 10:18 1:19 22(77) 43:32 1:31 | 9(77) 10:56 0:38 23(87) 45:59 2:27 | 10(90) 15:48 4:52 24(101) 50:01 4:02 | 11(46) 17:05 1:17 25(49) 50:43 0:42 | 12(99) 18:44 1:39 26(88) 51:47 1:04 | 13(98) 27:30 8:46 27(47) 52:21 0:34 | 14(89) 29:14 1:44 28(83) 52:53 0:32 |
| 8 | | Jim Russell BG V | 53:34 | 1(80) 1:56 1:56 15(81) 37:44 1:02 53:34 0:25 | 2(71) 4:29 2:33 16(91) 38:12 0:28 | 3(73) 5:33 1:04 17(83) 38:51 0:39 | 4(75) 7:01 1:28 18(94) 40:57 2:06 | 5(77) 7:44 0:43 19(103) 41:29 0:32 | 6(90) 12:52 5:08 20(92) 42:19 0:50 | 7(46) 14:16 1:24 21(83) 43:21 1:02 | 8(99) 16:04 1:48 22(77) 44:44 1:23 | 9(98) 25:11 9:07 23(87) 47:47 3:03 | 10(89) 27:06 1:55 24(101) 50:08 2:21 | 11(86) 32:29 5:23 25(49) 50:49 0:41 | 12(105) 35:23 2:54 26(88) 51:50 1:01 | 13(49) 36:02 0:39 27(47) 52:27 0:37 | 14(96) 36:42 0:40 28(83) 53:09 0:42 |
| 9 | | Geoff Lawford EU V | 56:34 | 1(94) 1:44 1:44 15(75) 24:15 2:34 56:34 0:24 | 2(103) 2:18 0:34 16(77) 25:25 1:10 | 3(92) 3:16 0:58 17(90) 30:50 5:25 | 4(83) 4:23 1:07 18(46) 32:21 1:31 | 5(77) 6:38 2:15 19(99) 34:20 1:59 | 6(87) 9:18 2:40 20(98) 42:37 8:17 | 7(101) 11:39 2:21 21(89) 44:11 1:34 | 8(49) 12:27 0:48 22(86) 50:00 5:49 | 9(88) 13:30 1:03 23(105) 52:58 2:58 | 10(47) 14:16 0:46 24(49) 53:36 0:38 | 11(83) 15:07 0:51 25(96) 54:17 0:41 | 12(80) 17:27 2:20 26(81) 55:16 0:59 | 13(71) 20:23 2:56 27(91) 55:41 0:25 | 14(73) 21:41 1:18 28(83) 56:10 0:29 |

| Pl | tno | Name | Time | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|---------------|-----|-------------------------|----------------|--|--|--|---|---|--|--|---|---|--|--|--|--|--|
| 1 (19) | | | | <i>(cont.)</i> | | | | | | | | | | | | | |
| | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | Ben Goonan | mp | 1(94) 1:10 1:10 15(91) 18:19 0:55 Finish 47:47 0:26 | 2(103) 1:48 0:38 16(83) 18:52 0:33 45:32 | 3(92) 2:30 0:42 17(77) 20:16 1:24 *96 45:32 | 4(83) 3:20 0:50 18(90) 24:51 4:35 | 5(80) 5:09 1:49 19(46) 26:05 1:14 | 6(71) 7:47 2:38 20(99) 28:06 2:01 | 7(73) 8:43 0:56 21(98) 35:30 7:24 | 8(75) 9:56 1:13 22(89) 37:07 1:37 | 9(77) 10:44 0:48 23(86) 41:51 4:44 | 10(87) 12:57 2:13 24(105) 44:28 2:37 | 11(101) 15:05 2:08 25(49) 45:03 0:35 | 12(49) 15:49 0:44 26(88) ----- 1:36 | 13(96) 16:26 0:37 27(47) 46:39 1:36 | 14(81) 17:24 0:58 28(83) 47:21 0:42 |
| | | Belinda Lawford | dnf | 1(94) 1:37 1:37 15(83) 26:45 3:36 Finish 55:46 29:01 | 2(103) 2:14 0:37 16(77) ----- ----- 7:31 | 3(92) 3:15 1:01 17(90) ----- ----- *79 7:31 | 4(83) 4:21 1:06 18(46) ----- ----- *81 24:52 | 5(80) ----- ----- 19(99) ----- ----- *85 25:26 | 6(71) 10:22 6:01 20(98) ----- ----- | 7(73) 11:49 1:27 21(89) ----- ----- | 8(75) 13:27 1:38 22(86) ----- ----- | 9(77) 14:21 0:54 23(105) ----- ----- | 10(87) 17:23 3:02 24(49) ----- ----- | 11(101) 20:02 2:39 25(96) ----- ----- | 12(49) 23:09 3:07 26(81) ----- ----- | 13(88) ----- ----- 27(91) ----- ----- | 14(47) ----- ----- 28(83) ----- ----- |
| 1 (33) | | | | | | | | | | | | | | | | | |
| | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | Carolyn Jackson | 50:46 | 1(75) 2:02 2:02 15(99) 34:40 2:26 | 2(73) 4:38 2:36 16(84) 39:54 5:14 | 3(71) 6:08 1:30 17(95) 41:19 1:25 | 4(79) 9:44 3:36 18(102) 42:48 1:29 | 5(93) 11:53 2:09 19(48) 43:22 0:34 | 6(95) 14:31 2:38 20(81) 44:31 1:09 | 7(49) 15:26 0:55 21(91) 45:09 0:38 | 8(96) 17:37 2:11 22(83) 45:48 0:39 | 9(47) 19:59 2:22 23(92) 47:21 1:33 | 10(83) 20:50 0:51 24(94) 48:56 1:35 | 11(50) 23:10 2:20 25(83) 50:14 1:18 | 12(79) 25:03 1:53 Finish 50:46 0:32 | 13(90) 30:17 5:14 | 14(46) 32:14 1:57 |
| | | Warwick Davis | 52:58 | 1(92) 3:14 3:14 15(79) 30:11 3:34 | 2(94) 4:48 1:34 16(90) 36:30 6:19 | 3(83) 6:09 1:21 17(46) 38:37 2:07 | 4(50) 8:16 2:07 18(99) 41:09 2:32 | 5(79) 9:46 1:30 19(84) 46:34 5:25 | 6(93) 11:49 2:03 20(95) 47:58 1:24 | 7(95) 14:25 2:36 21(102) 49:24 1:26 | 8(49) 15:17 0:52 22(48) 49:58 0:34 | 9(96) 19:23 4:06 23(81) 50:59 1:01 | 10(47) 20:27 1:04 24(91) 51:33 0:34 | 11(83) 21:31 1:04 25(83) 52:08 0:35 | 12(75) 23:43 2:12 Finish 52:58 0:50 | 13(73) 25:08 1:25 | 14(71) 26:37 1:29 |
| | | Andrew Cameron | 53:21 | 1(50) 2:02 2:02 15(83) 31:54 1:15 | 2(79) 3:34 1:32 16(75) 37:50 5:56 | 3(90) 8:15 4:41 17(73) 39:07 1:17 | 4(46) 10:10 1:55 18(71) 40:41 1:34 | 5(99) 12:22 2:12 19(79) 44:06 3:25 | 6(84) 17:32 5:10 20(93) 46:05 1:59 | 7(95) 18:55 1:23 21(95) 48:40 2:35 | 8(102) 20:15 1:20 22(49) 49:29 0:49 | 9(48) 20:43 0:28 23(96) 50:19 0:50 | 10(81) 25:22 4:39 24(47) 52:07 1:48 | 11(91) 27:09 1:47 25(83) 52:54 0:47 | 12(83) 27:42 0:33 Finish 53:21 0:27 | 13(92) 29:13 1:31 | 14(94) 30:39 1:26 51:21 |
| | | Roch Prendergast | 56:21 | 1(75) 2:27 2:27 15(94) 39:35 2:15 | 2(73) 5:06 2:39 16(83) 41:11 1:36 | 3(71) 6:24 1:18 17(50) 43:30 2:19 | 4(79) 10:15 3:51 18(79) 45:12 1:42 | 5(90) 15:27 5:12 19(93) 48:06 2:54 | 6(46) 17:22 1:55 20(95) 51:01 2:55 | 7(99) 20:10 2:48 21(102) 52:23 1:22 | 8(84) 27:26 7:16 22(48) 52:58 0:35 | 9(95) 29:31 2:05 23(81) 54:37 1:39 | 10(49) 30:39 1:08 24(91) 55:18 0:41 | 11(96) 31:28 0:49 25(83) 56:21 1:03 | 12(47) 33:06 1:38 Finish 56:21 0:30 | 13(83) 34:43 1:37 | 14(92) 37:20 2:37 |
| | | Derek Morris | 56:24 | 1(92) 1:36 1:36 15(50) 30:12 2:29 | 2(94) 3:16 1:40 16(79) 32:05 1:53 | 3(83) 4:45 1:29 17(90) 37:45 5:40 | 4(75) 8:21 3:36 18(46) 39:34 1:49 | 5(73) 10:21 2:00 19(99) 42:20 2:46 | 6(71) 12:14 1:53 20(84) 49:07 6:47 | 7(79) 15:59 3:45 21(95) 50:55 1:48 | 8(93) 18:16 2:17 22(49) 52:16 1:21 | 9(95) 22:40 4:24 23(96) 53:08 0:52 | 10(102) 23:59 1:19 24(47) 54:56 1:48 | 11(48) 24:33 0:34 25(83) 55:54 0:58 | 12(81) 25:51 1:18 Finish 56:24 0:30 | 13(91) 26:56 1:05 | 14(83) 27:43 0:47 |
| | | Jayne Sales | 56:31 | 1(92) 1:37 1:37 15(75) 37:53 2:54 | 2(94) 3:18 1:41 16(73) 39:38 1:45 | 3(83) 4:46 1:28 17(71) 41:25 1:47 | 4(50) 8:10 3:24 18(79) 45:38 4:13 | 5(79) 9:54 1:44 19(93) 48:05 2:27 | 6(90) 15:24 5:30 20(95) 50:59 2:54 | 7(46) 17:47 2:23 21(102) 52:54 1:55 | 8(99) 20:53 3:06 22(48) 53:33 0:39 | 9(84) 27:13 6:20 23(81) 54:56 1:23 | 10(95) 28:54 1:41 24(91) 55:32 0:36 | 11(49) 31:20 2:26 25(83) 56:03 0:31 | 12(96) 32:18 0:58 Finish 56:31 0:28 | 13(47) 33:57 1:39 | 14(83) 34:59 1:02 29:55 |
| | | Bill Vandendool | 1:00:10 | 1(75) 3:04 3:04 15(79) 38:52 1:59 | 2(73) 5:12 2:08 16(93) 44:09 5:17 | 3(71) 6:48 1:36 17(95) 47:08 2:59 | 4(79) 10:24 3:36 18(102) 49:18 2:10 | 5(90) 15:10 4:46 19(48) 49:56 0:38 | 6(46) 17:07 1:57 20(81) 51:07 1:11 | 7(99) 19:42 2:35 21(91) 52:41 1:34 | 8(84) 25:53 6:11 22(83) 53:30 0:49 | 9(95) 29:29 3:36 23(92) 55:36 2:06 | 10(49) 30:43 1:14 24(94) 57:16 1:40 | 11(96) 31:32 0:49 25(83) 59:41 2:25 | 12(47) 32:58 1:26 Finish 1:00:10 0:29 | 13(83) 33:59 1:01 | 14(50) 36:53 2:54 1:56 |
| | | Tony Radford | 1:02:46 | 1(50) 3:41 3:41 15(71) 32:28 1:44 | 2(79) 5:14 1:33 16(79) 36:32 4:04 | 3(93) 9:09 3:55 17(90) 42:59 6:27 | 4(95) 12:54 3:45 18(46) 45:07 2:08 | 5(102) 15:35 2:41 19(99) 47:58 2:51 | 6(48) 16:09 0:34 20(84) 53:32 5:34 | 7(81) 17:34 1:25 21(95) 57:49 4:17 | 8(91) 18:19 0:45 22(49) 58:55 1:06 | 9(83) 19:56 1:37 23(96) 59:44 0:49 | 10(92) 21:35 1:39 24(47) 1:01:35 1:51 | 11(94) 23:33 1:58 25(83) 1:02:17 0:42 | 12(83) 24:53 1:20 Finish 1:02:46 0:29 | 13(75) 27:16 2:23 | 14(73) 30:44 3:28 |
| | | David Jaffe | 1:04:08 | 1(75) 3:17 3:17 15(79) 36:49 2:05 | 2(73) 5:13 1:56 16(90) 43:06 6:17 | 3(71) 6:36 1:23 17(46) 45:02 1:56 | 4(79) 10:59 4:23 18(99) 48:09 3:07 | 5(93) 16:10 5:11 19(84) 55:09 7:00 | 6(95) 20:52 4:42 20(95) 58:32 3:23 | 7(49) 22:16 1:24 21(102) 59:57 1:25 | 8(96) 23:15 0:59 22(48) 1:00:41 0:44 | 9(47) 25:51 2:36 23(81) 1:02:00 1:19 | 10(83) 27:02 1:11 24(91) 1:02:54 0:54 | 11(92) 28:56 1:54 25(83) 1:03:35 0:41 | 12(94) 30:50 1:54 Finish 1:04:08 0:33 | 13(83) 32:21 1:31 | 14(50) 34:44 2:23 |

| Pl | tno | Name | Time | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|---------------|-----|-----------------------------------|----------------|--|--|---|--|--|--|--|--|--|--|---|--|-------------------------|-------------------------|
| 1 (33) | | | | <i>(cont.)</i> | | | | | | | | | | | | | |
| 10 | | Charles Brownridg BG V | 1:04:15 | 1(92) 1:30 1:30 15(71) 31:40 3:36 | 2(94) 3:13 1:43 16(79) 36:27 4:47 | 3(83) 4:52 1:39 17(90) 42:53 6:26 | 4(50) 7:48 2:56 18(46) 44:56 2:03 | 5(79) 9:42 1:54 19(99) 47:52 2:56 | 6(93) 12:13 2:31 20(84) 54:49 6:57 | 7(95) 15:55 3:42 21(95) 58:46 3:57 | 8(102) 18:42 2:47 22(49) 59:44 0:58 | 9(48) 19:12 0:30 23(96) 1:00:45 1:01 | 10(81) 21:00 1:48 24(47) 1:02:43 1:58 | 11(91) 21:59 0:59 25(83) 1:03:43 1:00 | 12(83) 22:42 0:43 Finish 1:04:15 0:32 | 13(75) 26:02 3:20 | 14(73) 28:04 2:02 |
| 11 | | Jacqui Knee BG V | 1:04:22 | 1(75) 2:54 2:54 15(50) 31:22 3:03 | 2(73) 5:20 2:26 16(79) 33:07 1:45 | 3(71) 6:57 1:37 17(90) 39:59 6:52 | 4(79) 10:57 4:00 18(46) 44:08 4:09 | 5(93) 13:28 2:31 19(99) 46:40 2:32 | 6(95) 16:23 2:55 20(84) 54:56 8:16 | 7(102) 18:35 2:12 21(95) 59:17 4:21 | 8(48) 19:05 0:30 22(49) 1:00:17 1:00 | 9(81) 20:49 1:44 23(96) 1:01:38 1:21 | 10(91) 21:40 0:51 24(47) 1:03:08 1:30 | 11(83) 22:54 1:14 25(83) 1:03:55 0:47 | 12(92) 24:41 1:47 Finish 1:04:22 0:27 | 13(94) 26:44 2:03 | 14(83) 28:19 1:35 |
| 12 | | Alison Radford BG V | 1:10:28 | 1(75) 4:22 4:22 15(79) 39:00 2:26 | 2(73) 6:48 2:26 16(90) 46:49 7:49 | 3(71) 9:28 2:40 17(46) 49:48 2:59 | 4(79) 13:59 4:31 18(99) 53:47 3:59 | 5(93) 16:52 2:53 19(84) 1:01:09 7:22 | 6(95) 21:37 4:45 20(95) 1:02:58 1:49 | 7(49) 22:45 1:08 21(102) 1:04:52 1:54 | 8(96) 23:55 1:10 22(48) 1:05:27 0:35 | 9(47) 25:42 1:47 23(81) 1:07:13 1:46 | 10(83) 26:52 1:10 24(91) 1:09:50 1:51 | 11(92) 28:52 2:00 25(83) 1:09:50 0:46 | 12(94) 31:09 2:17 Finish 1:10:28 0:38 | 13(83) 32:48 1:39 | 14(50) 36:34 3:46 |
| 13 | | Paul Elam TK V | 1:15:49 | 1(92) 1:41 1:41 15(47) 54:08 3:15 | 2(94) 3:43 2:02 16(83) 55:42 1:34 | 3(83) 5:43 2:00 17(50) 58:53 3:11 | 4(75) 8:44 3:01 18(79) 1:01:09 2:16 | 5(73) 11:20 2:36 19(93) 1:04:26 3:17 | 6(71) 13:09 1:49 20(95) 1:09:08 4:42 | 7(79) 19:51 6:42 21(102) 1:11:08 2:00 | 8(90) 28:34 8:43 22(48) 1:11:58 0:50 | 9(46) 33:13 4:39 23(81) 1:13:33 1:35 | 10(99) 37:54 4:41 24(91) 1:14:17 0:44 | 11(84) 46:56 9:02 25(83) 1:15:09 0:52 | 12(95) 48:39 1:43 Finish 1:15:49 0:40 | 13(49) 49:46 1:07 | 14(96) 50:53 1:07 |
| 14 | | Peter Searle BG V | 1:16:00 | 1(92) 2:44 2:44 15(75) 49:21 4:07 | 2(94) 4:54 2:10 16(73) 53:23 4:02 | 3(83) 6:39 1:45 17(71) 55:46 2:23 | 4(50) 9:41 3:02 18(79) 1:01:43 5:57 | 5(79) 12:53 3:12 19(93) 1:04:54 3:11 | 6(90) 19:11 6:18 20(95) 1:09:24 4:30 | 7(46) 21:29 2:18 21(102) 1:11:18 1:54 | 8(99) 25:54 4:25 22(48) 1:12:05 0:47 | 9(84) 37:15 11:21 23(81) 1:13:37 1:32 | 10(95) 39:26 2:11 24(91) 1:14:30 0:53 | 11(49) 40:54 1:28 25(83) 1:15:21 0:51 | 12(96) 41:58 1:04 Finish 1:16:00 0:39 | 13(47) 43:51 1:53 | 14(83) 45:14 1:23 |
| 15 | | Peter Forbes BG V | 1:16:45 | 1(92) 3:22 3:22 15(79) 42:13 6:30 | 2(94) 5:38 2:16 16(90) 49:05 6:52 | 3(83) 7:45 2:07 17(46) 52:29 3:24 | 4(50) 11:15 3:30 18(99) 56:11 3:42 | 5(79) 13:30 2:15 19(84) 1:04:10 7:59 | 6(93) 16:22 2:52 20(95) 1:05:56 1:46 | 7(95) 20:04 3:42 21(102) 1:08:13 2:17 | 8(49) 21:04 1:00 22(48) 1:09:03 0:50 | 9(96) 22:33 1:29 23(81) 1:14:16 5:13 | 10(47) 25:30 2:57 24(91) 1:15:17 1:01 | 11(83) 26:56 1:26 25(83) 1:16:04 0:47 | 12(75) 31:34 4:38 Finish 1:16:45 0:41 | 13(73) 33:36 2:02 | 14(71) 35:43 2:07 |
| 16 | | Mark Hennessy CH V | 1:17:26 | 1(50) 3:19 3:19 15(46) 48:16 3:22 | 2(79) 5:11 1:52 16(99) 52:23 4:07 | 3(93) 8:13 3:02 17(84) 55:46 8:07 | 4(95) 12:48 4:35 18(95) 1:03:30 3:00 | 5(102) 15:07 2:19 19(49) 1:04:46 1:16 | 6(48) 15:57 0:50 20(96) 1:06:10 1:24 | 7(81) 20:16 4:19 21(47) 1:10:25 4:15 | 8(91) 21:29 1:13 22(83) 1:11:29 1:04 | 9(83) 22:27 0:58 23(92) 1:13:15 1:46 | 10(75) 26:43 4:16 24(94) 1:15:16 2:01 | 11(73) 29:58 3:15 25(83) 1:16:50 1:34 | 12(71) 32:22 2:24 Finish 1:17:26 0:36 | 13(79) 37:12 4:50 | 14(90) 44:54 7:42 |
| 17 | | Dan Greig WO W | 1:22:58 | 1(50) 3:21 3:21 15(99) 42:34 3:19 | 2(79) 5:18 1:57 16(84) 58:00 15:26 | 3(93) 8:06 2:48 17(95) 1:03:01 5:01 | 4(95) 13:12 5:06 18(102) 1:04:48 1:47 | 5(49) 14:20 1:08 19(48) 1:05:25 0:37 | 6(96) 15:17 0:57 20(81) 1:13:50 8:25 | 7(47) 17:08 1:51 21(91) 1:14:43 0:53 | 8(83) 18:26 1:18 22(83) 1:15:38 0:55 | 9(75) 21:28 3:02 23(92) 1:18:15 2:37 | 10(73) 23:38 2:10 24(94) 1:20:44 2:29 | 11(71) 26:00 2:22 25(83) 1:22:21 1:37 | 12(79) 30:48 4:48 Finish 1:22:58 0:37 | 13(90) 37:03 6:15 | 14(46) 39:15 2:12 |
| 18 | | David Jones BG V | 1:24:10 | 1(50) 3:45 3:45 15(79) 55:35 6:10 | 2(79) 5:45 2:00 16(93) 59:10 3:35 | 3(90) 11:45 6:00 17(95) 1:03:48 4:38 | 4(46) 15:29 3:44 18(102) 1:06:07 2:19 | 5(99) 19:00 3:31 19(48) 1:07:26 1:19 | 6(84) 27:21 8:21 20(81) 1:11:15 3:49 | 7(95) 29:18 1:57 21(91) 1:15:34 4:19 | 8(49) 31:06 1:48 22(83) 1:16:53 1:19 | 9(96) 32:28 1:22 23(92) 1:19:08 2:15 | 10(47) 35:43 3:15 24(94) 1:21:44 2:36 | 11(83) 37:55 2:12 25(83) 1:23:31 1:47 | 12(75) 42:59 5:04 Finish 1:24:10 0:39 | 13(73) 45:56 2:57 | 14(71) 49:25 3:29 |
| 19 | | Daryl Fleay BG V | 1:24:13 | 1(92) 1:58 1:58 15(79) 45:30 2:32 | 2(94) 4:14 2:16 16(90) 53:58 8:28 | 3(83) 6:22 2:08 17(46) 57:35 3:37 | 4(75) 11:26 5:04 18(99) 1:01:05 3:30 | 5(73) 15:25 3:59 19(84) 1:09:53 4:48 | 6(71) 18:29 3:04 20(95) 1:13:23 5:06 | 7(79) 24:06 5:37 21(102) 1:15:22 3:15 | 8(93) 28:25 4:19 22(48) 1:16:09 0:47 | 9(95) 32:20 3:55 23(81) 1:21:45 5:36 | 10(49) 33:53 1:33 24(91) 1:22:46 1:01 | 11(96) 35:19 1:26 25(83) 1:23:39 0:53 | 12(47) 37:18 1:59 Finish 1:24:13 0:34 | 13(83) 38:49 1:31 | 14(50) 42:58 4:09 |
| 20 | | Prue Dobbin BK V | 1:25:53 | 1(50) 4:20 4:20 15(75) 52:19 3:21 | 2(79) 6:20 2:00 16(73) 55:07 2:48 | 3(90) 12:59 6:39 17(71) 57:38 2:31 | 4(46) 15:54 2:55 18(79) 1:05:30 7:52 | 5(99) 19:48 3:54 19(93) 1:08:12 2:42 | 6(84) 31:28 11:40 20(95) 1:13:18 5:06 | 7(95) 36:12 4:44 21(102) 1:16:33 3:15 | 8(49) 37:19 1:07 22(48) 1:17:25 0:52 | 9(96) 38:40 1:21 23(81) 1:19:53 2:28 | 10(47) 41:10 2:30 24(91) 1:24:32 4:39 | 11(83) 42:45 1:35 25(83) 1:25:16 0:44 | 12(92) 44:53 2:08 Finish 1:25:53 0:37 | 13(94) 47:15 2:22 | 14(83) 48:58 1:43 |
| 21 | | John Chellev BG V | 1:26:30 | 1(50) 3:30 3:30 15(79) 45:24 6:38 | 2(79) 5:36 2:06 16(90) 54:13 8:49 | 3(93) 8:31 2:55 17(46) 57:25 3:12 | 4(95) 12:49 4:18 18(99) 1:01:36 4:11 | 5(49) 14:16 1:27 19(84) 1:11:50 5:40 | 6(96) 15:30 1:14 20(95) 1:17:30 2:43 | 7(47) 17:41 2:11 21(102) 1:20:13 2:31 | 8(83) 19:06 1:25 22(48) 1:21:28 1:15 | 9(92) 22:08 3:02 23(81) 1:23:38 2:10 | 10(94) 24:35 2:27 24(91) 1:24:43 1:05 | 11(83) 26:33 1:58 25(83) 1:25:44 1:01 | 12(75) 32:58 6:25 Finish 1:26:30 0:46 | 13(73) 35:44 2:46 | 14(71) 38:46 3:02 |
| 22 | | Peter Prime TK V | 1:48:03 | 1(92) 1:44 1:44 15(81) 1:23:31 1:46 | 2(94) 3:36 1:52 16(91) 1:24:23 0:52 | 3(83) 5:31 1:55 17(83) 1:25:10 0:47 | 4(75) 9:35 4:04 18(50) 1:29:05 3:55 | 5(73) 12:38 3:03 19(79) 1:31:21 2:16 | 6(71) 14:39 2:01 20(93) 1:34:54 3:33 | 7(79) 41:51 27:12 21(95) 1:38:35 3:41 | 8(90) 54:18 12:27 22(49) 1:39:58 1:23 | 9(46) 57:14 2:56 23(96) 1:41:29 1:31 | 10(99) 1:00:39 3:25 24(47) 1:46:12 4:43 | 11(84) 1:16:35 15:56 25(83) 1:47:27 1:15 | 12(95) 1:18:57 2:22 Finish 1:48:03 0:36 | 13(102) 1:21:00 | 14(48) 1:21:45 |

| Pl | tno | Name | Time | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|---------------|-----|----------------------------------|----------------|--|---|---|--|--|---|--|---|---|---|--|---|--|--|
| 1 (33) | | | | (cont.) | | | | | | | | | | | | | |
| 23 | | Heather Jones BG V | 1:48:18 | 1(50) 13:42 13:42 15(71) 1:05:29 4:02 | 2(79) 17:05 3:23 16(79) 1:11:43 6:14 | 3(93) 21:45 4:40 17(90) 1:19:50 8:07 | 4(95) 37:13 15:28 18(46) 1:23:05 3:15 | 5(102) 39:21 2:08 19(99) 1:27:38 4:33 | 6(48) 40:20 0:59 20(84) 1:36:13 8:35 | 7(81) 45:04 4:44 21(95) 1:40:32 4:19 | 8(91) 46:02 0:58 22(49) 1:42:26 1:54 | 9(83) 47:05 1:03 23(96) 1:44:03 1:37 | 10(92) 50:07 3:02 24(47) 1:46:22 2:19 | 11(94) 52:30 2:23 25(83) 1:47:23 1:01 | 12(83) 54:03 1:33 Finish 1:48:18 0:55 | 13(75) 57:36 3:33 | 14(73) 1:01:27 3:51 |
| | | Nigel McGuckian BG V | mp | 1(50) 4:34 4:34 15(71) ---- | 2(79) 6:07 1:33 16(79) ---- | 3(90) 10:52 4:45 17(93) ---- | 4(46) 14:32 3:40 18(95) ---- | 5(99) 16:57 2:25 19(49) ---- | 6(84) ----- 40:39 20(96) ---- | 7(95) 57:36 ----- 21(47) ----- | 8(102) ----- ----- 22(83) ----- | 9(48) ----- ----- 23(92) ----- | 10(81) ----- ----- 24(94) ----- | 11(91) ----- ----- 25(83) ----- | 12(83) 1:02:31 ----- Finish 1:08:24 0:36 | 13(75) ----- ----- 1:01:32 1:04:21 | 14(73) ----- ----- ----- 1:06:25 |
| | | Julie Flynn BG V | mp | 1(75) 2:59 15(46) 43:52 2:46 | 2(73) 5:37 16(99) 46:44 2:52 | 3(71) 7:09 17(84) 1:00:50 14:06 | 4(79) 11:10 18(95) 1:02:56 2:06 | 5(93) ----- 19(49) 1:04:16 1:20 | 6(95) 20:29 20(96) 1:05:18 1:02 | 7(102) 22:20 21(47) 1:08:04 2:46 | 8(48) 22:54 22(83) 1:09:01 0:57 | 9(81) 27:35 23(92) 1:13:58 1:45 | 10(91) 29:39 24(94) 1:15:43 1:28 | 11(83) 30:46 25(83) 1:17:11 0:51 | 12(50) 33:47 Finish 1:18:02 0:36 | 13(79) 35:22 3:01 1:18:02 ----- | 14(90) 41:06 5:44 1:11:33 ----- |
| | | Ken Dowling EU V | mp | 1(50) 3:39 15(46) 46:10 2:50 | 2(79) 5:30 16(99) 51:22 5:12 | 3(93) 8:19 17(84) 1:02:26 11:04 | 4(95) 13:09 18(95) 1:05:20 2:54 | 5(102) 15:41 19(49) 1:06:51 1:31 | 6(48) 16:22 20(96) 1:08:14 1:23 | 7(81) 17:56 21(47) 1:10:37 2:23 | 8(91) ----- 22(83) 1:11:42 1:05 | 9(83) 20:56 23(92) 1:13:38 1:56 | 10(75) 24:05 24(94) 1:15:53 2:15 | 11(73) 27:02 25(83) 1:17:31 1:38 | 12(71) 29:57 Finish 1:18:07 0:36 | 13(79) 35:16 5:19 ----- ----- | 14(90) 43:20 8:04 ----- ----- |
| | | Jenny Bourne EU V | dnf | 1(92) 1:34 1:34 15(81) 34:37 2:07 | 2(94) 3:11 1:37 16(91) 35:21 0:44 | 3(83) 4:40 1:29 17(83) 36:05 0:44 | 4(75) 6:53 2:13 18(50) ----- ----- | 5(73) 8:52 1:59 19(79) ----- ----- | 6(71) 10:37 1:45 20(93) ----- ----- | 7(79) 14:06 3:29 21(95) ----- ----- | 8(90) 19:05 4:59 22(49) ----- ----- | 9(46) 20:50 1:45 23(96) ----- ----- | 10(99) 23:00 2:10 24(47) ----- ----- | 11(84) 28:29 5:29 25(83) ----- ----- | 12(95) 30:19 1:50 Finish 55:48 19:43 | 13(102) 32:00 1:41 ----- ----- ----- | 14(48) 32:30 0:30 ----- ----- ----- |
| | | Margi Freemantle YV V | dnf | 1(75) 3:59 3:59 15(79) ----- | 2(73) 7:03 3:04 16(93) ----- | 3(71) 9:33 2:30 17(95) ----- | 4(79) 16:31 6:58 18(102) ----- | 5(90) 23:49 7:18 19(48) ----- | 6(46) 26:33 2:44 20(81) ----- | 7(99) 30:48 4:15 21(91) ----- | 8(84) 39:39 8:51 22(83) ----- | 9(95) 42:00 2:21 23(92) ----- | 10(49) 43:44 1:44 24(94) ----- | 11(96) 45:17 1:33 25(83) ----- | 12(47) 54:31 9:14 Finish 58:04 1:46 | 13(83) 56:18 1:47 ----- ----- ----- | 14(50) ----- ----- ----- ----- ----- |
| | | Alan Kuffer YV V | dnf | 1(50) 3:10 3:10 15(83) 1:16:00 1:27 *73 48:29 | 2(79) 5:12 2:02 16(75) ----- ----- *71 52:04 | 3(90) 12:00 6:48 17(73) ----- ----- *79 59:38 | 4(46) 14:49 2:49 18(71) ----- ----- *93 1:02:32 | 5(99) 19:37 4:48 19(79) ----- ----- *95 1:05:44 | 6(84) 28:27 8:50 20(93) ----- ----- *49 1:06:59 | 7(95) 30:58 2:31 21(95) ----- ----- *96 1:07:57 | 8(102) 33:55 2:57 22(49) ----- ----- *47 1:09:36 | 9(48) 34:52 0:57 23(96) ----- ----- ----- ----- | 10(81) 37:11 2:19 24(47) ----- ----- ----- ----- | 11(91) 38:30 1:19 25(83) ----- ----- ----- ----- | 12(83) 39:09 0:39 Finish 1:16:36 0:36 | 13(92) 1:12:40 33:31 ----- ----- ----- ----- | 14(94) 1:14:33 1:53 *75 45:22 ----- |
| | | Anitra Dowling EU V | dnf | 1(92) 3:10 3:10 15(83) 1:31:55 1:51 *48 1:25:02 | 2(94) 6:04 2:54 16(75) ----- ----- ----- ----- | 3(83) 9:48 3:44 17(73) ----- ----- ----- ----- | 4(50) 16:07 6:19 18(71) ----- ----- ----- ----- | 5(79) 19:38 3:31 19(79) ----- ----- ----- ----- | 6(90) 31:18 11:40 20(93) ----- ----- ----- ----- | 7(46) 40:21 9:03 21(95) ----- ----- ----- ----- | 8(99) 46:30 6:09 22(49) ----- ----- ----- ----- | 9(84) 1:01:11 14:41 23(96) ----- ----- ----- ----- | 10(95) 1:05:01 3:50 24(47) ----- ----- ----- ----- | 11(102) 1:12:43 7:42 25(83) ----- ----- ----- ----- | 12(48) 1:13:57 1:14 Finish 1:34:10 2:15 | 13(81) 1:17:22 3:25 ----- ----- ----- ----- | 14(91) 1:30:04 12:42 *102 1:23:35 ----- |
| | | Rod Gray EU V | dns | | | | | | | | | | | | | | |
| | | Ian Collins TK V | dns | | | | | | | | | | | | | | |
| | | Nick Byrne BG V | dns | | | | | | | | | | | | | | |
| 1 (14) | | | | | | | | | | | | | | | | | |
| 1 | | Cormac McCarthy YV V | 41:11 | 1(82) 1:45 1:45 15(95) 31:16 0:47 | 2(78) 3:51 2:06 16(49) 32:16 1:00 | 3(79) 5:03 1:12 17(81) 37:24 5:08 | 4(87) 7:25 2:22 18(91) 38:11 0:47 | 5(97) 11:11 3:46 19(83) 38:45 0:34 | 6(101) 12:27 1:16 Finish 41:11 2:26 | 7(48) 13:49 1:22 ----- ----- ----- | 8(85) 15:24 1:35 ----- ----- ----- | 9(83) 16:37 1:13 ----- ----- ----- | 10(74) 19:53 3:16 ----- ----- ----- | 11(72) 22:38 2:45 ----- ----- ----- | 12(79) 25:30 2:52 ----- ----- ----- | 13(93) 28:21 2:51 ----- ----- ----- | 14(101) 30:29 2:08 ----- ----- ----- |

| Pl | tno | Name | Time | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|---------------|-----|--|----------------|--|---|---|---|--|---|-----------------------------|-----------------------------|-------------------------|-----------------------------|---------------------------|---------------------------|---------------------------|----------------------------|
| 1 (14) | | | | <i>(cont.)</i> | | | | | | | | | | | | | |
| 2 | | Caitlyn Steer BG V | 43:23 | 1(74) 3:10 3:10 15(93) 35:10 3:14 | 2(72) 7:20 4:10 16(101) 37:49 2:39 | 3(79) 10:52 3:32 17(48) 39:58 2:09 | 4(87) 13:23 2:31 18(85) 42:05 2:07 | 5(97) 16:46 3:23 19(83) 42:52 0:47 | 6(101) 19:06 2:20 Finish 43:23 0:31 | 7(95) 19:57 0:51 | 8(49) 20:50 0:53 | 9(81) 23:45 2:55 | 10(91) 25:10 1:25 | 11(83) 26:05 0:55 | 12(82) 28:40 2:35 | 13(78) 30:54 2:14 | 14(79) 31:56 1:02 |
| 3 | | Louise Hall BG V | 55:50 | 1(74) 3:29 3:29 15(97) 42:38 2:55 | 2(72) 7:58 4:29 16(101) 44:20 1:42 | 3(79) 13:12 5:14 17(48) 51:35 7:15 | 4(93) 16:05 2:53 18(85) 53:35 2:00 | 5(101) 19:00 2:55 19(83) 55:08 1:33 | 6(95) 20:16 1:16 Finish 55:50 0:42 | 7(49) 21:33 1:17 | 8(81) 25:38 4:05 | 9(91) 27:07 1:29 | 10(83) 28:02 0:55 | 11(82) 33:06 5:04 | 12(78) 35:00 1:54 | 13(79) 36:25 1:25 | 14(87) 39:43 3:18 |
| 4 | | Ruth Goddard YV V | 59:02 | 1(82) 2:02 2:02 15(95) 45:10 1:40 | 2(78) 3:37 1:35 16(49) 46:39 1:29 | 3(79) 5:24 1:47 17(81) 55:05 8:26 | 4(93) 8:28 3:04 18(91) 57:05 2:00 | 5(101) 13:22 4:54 19(83) 58:04 0:59 | 6(48) 15:06 1:44 Finish 59:02 0:58 | 7(85) 18:04 2:58 | 8(83) 19:41 1:37 | 9(74) 23:35 3:54 | 10(72) 28:20 4:45 | 11(79) 33:00 4:40 | 12(87) 36:03 3:03 | 13(97) 41:46 5:43 | 14(101) 43:30 1:44 |
| 5 | | Terry Davidson BG V | 1:18:38 | 1(82) 2:58 2:58 15(95) 1:03:57 1:45 | 2(78) 4:58 2:00 16(49) 1:06:14 2:17 | 3(79) 6:23 1:25 17(81) 1:13:54 1:13:54 | 4(87) 9:20 2:57 18(91) 1:15:23 1:29 | 5(97) 12:38 3:18 19(83) 1:16:26 1:03 | 6(101) 14:49 2:11 Finish 1:18:38 2:12 | 7(48) 18:06 13:17 | 8(85) 30:54 2:48 | 9(83) 32:40 1:46 | 10(74) 42:18 9:38 | 11(72) 46:03 3:45 | 12(79) 52:17 6:14 | 13(93) 56:06 3:49 | 14(101) 1:02:12 6:06 |
| 6 | | Dianne Searle BG V | 1:26:48 | 1(74) 4:09 4:09 15(95) 1:12:56 3:16 | 2(72) 23:26 19:17 16(49) 1:16:37 3:41 | 3(79) 29:15 5:49 17(81) 1:23:30 6:53 | 4(87) 34:00 4:45 18(91) 1:24:58 1:28 | 5(97) 39:02 5:02 19(83) ----- 1:50 | 6(101) 41:27 2:25 Finish 1:26:48 1:50 | 7(48) 44:17 2:50 | 8(85) 49:15 4:58 | 9(83) 51:28 2:13 | 10(82) 55:19 3:51 | 11(78) 58:24 3:05 | 12(79) 1:00:31 2:07 | 13(93) 1:05:16 4:45 | 14(101) 1:09:40 4:24 |
| 7 | | Sheila Colls YV V | 1:30:25 | 1(82) 3:38 3:38 15(93) 59:16 3:17 | 2(78) 5:32 1:54 16(101) 1:20:44 21:28 | 3(79) 7:04 1:32 17(48) 1:22:43 1:59 | 4(87) 10:01 2:57 18(85) 1:26:45 4:02 | 5(97) 13:40 3:39 19(83) 1:29:17 2:32 | 6(101) 15:19 1:39 Finish 1:30:25 1:08 | 7(95) 18:44 3:25 | 8(49) 20:09 1:25 | 9(81) 37:34 17:25 | 10(91) 39:21 1:47 | 11(83) 41:02 1:41 | 12(74) 46:35 5:33 | 13(72) 51:23 4:48 | 14(79) 55:59 4:36 |
| 8 | | Judy Prendergast EU V | 1:30:52 | 1(74) 4:31 4:31 15(95) 1:17:27 2:42 | 2(72) 17:22 12:51 16(49) 1:21:23 3:56 | 3(79) 26:05 8:43 17(81) 1:26:05 4:42 | 4(93) 30:44 4:39 18(91) 1:28:15 2:10 | 5(101) 35:42 4:58 19(83) 1:29:47 1:32 | 6(48) 41:05 5:23 Finish 1:30:52 1:05 | 7(85) 44:27 3:22 | 8(83) 47:27 3:00 | 9(82) 54:53 7:26 | 10(78) 58:26 3:33 | 11(79) 1:00:27 2:01 | 12(87) 1:07:17 6:50 | 13(97) 1:12:00 4:43 | 14(101) 1:14:45 2:45 |
| | | David Goddard YV V | ot | 1(82) ----- 15(93) ----- | 2(78) ----- 16(101) ----- | 3(79) ----- 17(48) ----- | 4(87) ----- 18(85) ----- | 5(97) ----- 19(83) ----- | 6(101) ----- Finish ----- | 7(95) ----- | 8(49) ----- | 9(81) ----- | 10(91) ----- | 11(83) ----- | 12(74) ----- | 13(72) ----- | 14(79) ----- |
| | | Pam Prime TK V | mp | 1(74) 4:39 4:39 15(93) 1:05:42 5:02 | 2(72) 15:47 11:08 16(101) 1:09:50 4:08 | 3(79) 21:46 5:59 17(48) 1:13:02 3:12 | 4(87) 25:56 4:10 18(85) 1:15:58 2:56 | 5(97) 31:11 5:15 19(83) 1:17:50 1:52 | 6(101) 34:05 2:54 Finish 1:18:56 1:06 | 7(95) ----- | 8(49) 37:58 3:53 | 9(81) 48:45 10:47 | 10(91) 49:44 0:59 | 11(83) 51:33 1:49 | 12(82) 55:09 3:36 | 13(78) 58:34 3:25 | 14(79) 1:00:40 2:06 |
| | | Anne Garvey TK V | dnf | 1(82) 3:24 3:24 15(95) ----- | 2(78) 5:34 2:10 16(49) ----- | 3(79) 7:13 1:39 17(81) ----- | 4(93) 12:59 5:46 18(91) ----- | 5(101) 16:34 3:35 19(83) ----- | 6(48) 27:31 10:57 Finish 1:24:50 15:54 | 7(85) 31:07 3:36 | 8(83) 33:06 1:59 | 9(74) 38:09 5:03 | 10(72) 1:08:56 30:47 | 11(79) ----- | 12(87) ----- | 13(97) ----- | 14(101) ----- |
| | | Richard Sallmann | dns | | | | | | | | | | | | | | |
| | | Nicole Baxter | dns | | | | | | | | | | | | | | |
| | | Lincoln Erm NE V | dns | | | | | | | | | | | | | | |
| 1 (5) | | | | 2.6 km 0 m 10 C | | | | | | | | | | | | | |
| | | | | 1(79) | 2(87) | 3(97) | 4(76) | 5(100) | 6(84) | 7(49) | 8(85) | 9(91) | 10(83) | Finish | | | |
| 1 | | Sophie Taverna CH V | 32:42 | 5:21 5:21 | 8:04 2:43 | 11:45 3:41 | 14:15 2:30 | 18:51 4:36 | 20:58 2:07 | 23:59 3:01 | 26:27 2:28 | 31:40 5:13 | ----- | 32:42 1:02 | | | |
| 2 | | Wendy Taverna CH V | 47:44 | 5:26 5:26 | 8:09 2:43 | 11:06 2:57 | 14:20 3:14 | 18:48 4:28 | 21:00 2:12 | 23:52 2:52 | 37:07 13:15 | 46:27 9:20 | 47:06 0:39 | 47:44 0:38 | | | |
| 3 | | John Steer BG V | 1:02:57 | 12:39 12:39 | 18:02 5:23 | 24:12 6:10 | 29:56 5:44 | 42:36 12:40 | 47:25 4:49 | 52:42 5:17 | 57:48 5:06 | 59:52 2:04 | 1:02:00 2:08 | 1:02:57 0:57 | | | |

| Pl | tno | Name | Time | | | | | | | | | | | |
|--------------|--------------------------------------|----------------|-------------|-------------------|--------------|--------------|--------------|--------------|----------------|--------------|--------------|---------|---------|--------|
| 1 (5) | | | | 2.6 km 0 m | | 10 C | | | <i>(cont.)</i> | | | | | |
| | | | | 1(79) | 2(87) | 3(97) | 4(76) | 5(100) | 6(84) | 7(49) | 8(85) | 9(91) | 10(83) | Finish |
| 4 | Susan Davidson BG V | 1:14:11 | 10:34 | 15:01 | 33:31 | 38:59 | 47:43 | 51:55 | 57:23 | 1:02:52 | 1:10:02 | 1:11:47 | 1:14:11 | |
| | | | 10:34 | 4:27 | 18:30 | 5:28 | 8:44 | 4:12 | 5:28 | 5:29 | 7:10 | 1:45 | 2:24 | |
| | Bob Leicester BK V | mp | 11:01 | 43:43 | 1:00:25 | 1:06:04 | 1:26:28 | ----- | 1:42:53 | ----- | ----- | ----- | 1:52:09 | |
| | | | 11:01 | 32:42 | 16:42 | 5:39 | 20:24 | | 16:25 | | | | 9:16 | |
| 1 (2) | | | | 3.0 km 0 m | | | 8 C | | | | | | | |
| | | | | 1(31) | 2(32) | 3(33) | 4(34) | 5(35) | 6(36) | 7(31) | 8(83) | Finish | | |
| 1 | Hugo Byrne BG V | 28:34 | 1:24 | 5:09 | 11:16 | 14:38 | 19:23 | 23:19 | 26:28 | 28:07 | 28:34 | | | |
| | | | 1:24 | 3:45 | 6:07 | 3:22 | 4:45 | 3:56 | 3:09 | 1:39 | 0:27 | | | |
| 2 | Isobel Byrne BG V | 29:56 | 1:25 | 5:14 | 11:18 | 15:51 | 20:55 | 25:20 | 27:47 | 29:22 | 29:56 | | | |
| | | | 1:25 | 3:49 | 6:04 | 4:33 | 5:04 | 4:25 | 2:27 | 1:35 | 0:34 | | | |