USING THE MAPRUN SMARTPHONE APP AT WOD

1. Have you loaded the MapRun App onto your phone? If not, go to the website www.maprunners.weebly.com and load it from Google Play or the Apple App Store. If you already have it on your phone, make sure you have the latest version. It's been recently upgraded.

2. Downloading the APP will use 2MB's of Data. To download the Map and Course will use approx. 0.5 to 1MB's of data. Best to do these on your home WIFI. Then when you're at the event, you use the "reload" button.

3. On the day, the App does not even need data switched on while running, or, if it is, Google Maps will use very little.

4. Be sure to also register your personal details on the App before you compete. You only have to do this once.

5. Make sure your phone is charged enough to last an hour and turn off the screensaver on your phone if you can.

6. Open the App and click on "Select Event", or, "reload", then the folder

7. "Queensland" and/or the event "West Creek Park PXAS"

8. Click on "Go to start". You can now view the map and course.

9. If you're doing the course at the actual time of the event, be sure to pick up a hard copy of the map and course from the organisers to carry round with you. You can then carry your phone in a pocket once you get started.

10. Press "Start the GPS" on the APP to give the GPS time to lock on. You will get a warning on the screen if the GPS is not locked on.

11. **NOTE**: As you get going, it's best to stay clear of the Finish control area to avoid it thinking you want to finish. If it does, it will ask if you're finishing before collecting the rest of the controls. Just answer "no" or "yes".

12. Now proceed to the starting triangle on the map. As soon as you get close to the start, the App will "punch" the start with a beep and the timer will start.

13. You have 30 minutes to collect as many of the 20 controls as you like in any order. Controls will have a points value of 2 for Cs 70-75; 3 for Cs 76-80; 4 for Cs 81-85; 5 for Cs 86-90.. a total possible score of 70

14. As you approach the control site, You'll hear a beep if you pass the right spot. If you don't hear a beep, you may have to try passing again, then double check you're in the right spot. Don't be surprised if it beeps within 5m's of the actual control site due to GPS variations in accuracy.

15. **NOTE:** The latest version of the APP allows you continue where you've left off, if you drop out altogether for some reason.

16. As you approach the finish, the App will beep and "punch" the finish and the timer will stop, as long as you've collected ALL the controls.If you've missed some, it may ask if you want to finish anyway. Reply "Yes" or "No"

17. Click on "Show Results", "My Results" to see your track, your elapsed timed and your score. Note that a penalty of 2 points will be automatically applied for each minute over 30 minutes

18. Finally, press "Upload Results" to have your results included in the World orienteering Day results. You'll be able to see how you went against the other smartphone competitors under "All Results".