

State League No. 13, NSW Sprint Championships, Pyrmont

Sunday 13 October 2013

EVENT INFORMATION

Organiser: Jamie Kennedy 0435 049 395, email: jamieken74@gmail.com

Planner & mapper: Ross Barr

Cartographer: Carol Jacobson

Controller & field check: Andrew Lumsden

Map: "Sugar Rush", 1:4,000, 2m contour interval

Parking: There is only paid parking in the area. On-street meter parking is available; \$3.30 per hour (you will need coins or credit card). Wilson Car Park at Jones Bay, 300m from assembly area, (www.wilsonparking.com.au/go/wilson-car-parks/nsw/promontory) has all day parking for \$7.

Consider public transport; use www.131500.com.au. The Light Rail (www.131500.com.au/plan-your-trip/on-light-rail) can take you from Lilyfield or Central to Pyrmont for \$4.90 adults, \$3.50 concession. The finish is approx. 30 minutes walk from Wynyard or Town Hall stations – a very pleasant walk around the waterfront from the Pyrmont end of Pyrmont Bridge (please cross over to the cliff side of Pirrama Road at Jones Bay Wharf).

APPROACHING THE ASSEMBLY AREA, WARM-UPS AND SPECTATORS

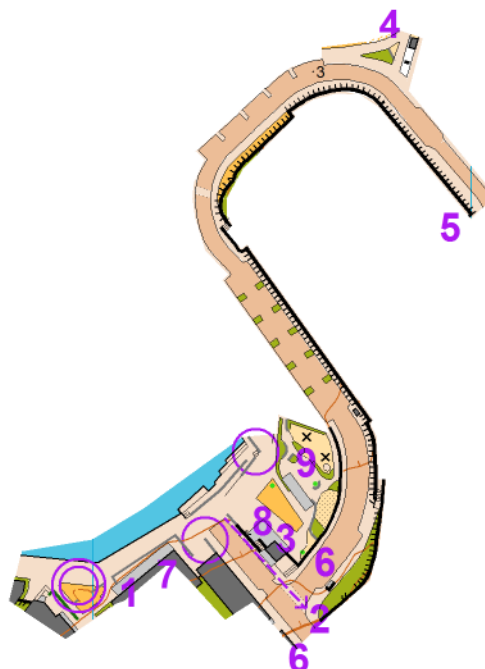
Before the event, please:

- **DO NOT** reconnoitre the area;
- **do** approach the assembly area along Harris St or Pirrama Rd;
- **do** restrict your warm-ups to the area on the assembly area map below.

There are two spectator controls in the assembly area – most courses will visit one of these. After you have run your course, feel free to wander around the competition area. Cheering on competitors is encouraged!

Assembly Area:

Assembly area is Pirrama Park, Pirrama Road, Pyrmont. This is at the north end of Harris Street. A map of the assembly area is shown below.



Assembly area map legend

1	Registration/finish downloads (and after 12 noon the very pleasant Sugaroom Restaurant)
2	Streamers to start (they continue on for another few hundred meters)
3	Toilets
4	Additional toilets
5	Entrance to Wilson Car Park, Jones Bay
6	Bus stops
7	Zebra Lounge Café – open during the event
8	Pirrama Park Café– open during the event
9	Playground

Risk warnings

The sport of orienteering is a recreational activity that may involve significant risk of physical harm and has certain inherent and obvious risks due to its conduct in both urban and natural environments. Included in these risks are injury due to: rough terrain and obstacles; the effects of heat, cold or other adverse weather conditions; plant and animal life; vehicular traffic; and remoteness to medical services or evacuation difficulties if you are disabled.

You should recognise that orienteering can be a dangerous recreational activity and the enjoyment of orienteering is derived in part from the inherent and obvious risks associated with the activity. You should be aware that there is no personal accident insurance on your participation in the sport and you participate at your own risk.








It is the responsibility of parents and guardians to decide whether their children are capable of orienteering by themselves at each event. Parents and guardians are responsible for determining the level of supervision required by their children and for ensuring that their children are appropriately supervised at all times

Particular risks at this event

1. Unfenced wharves – the finish and parts of the courses are on unfenced wharves. Parents of young children should note this – there is an excellent playground further away from the water.
2. Traffic on roads and driveways – NSW Road Rules apply (see ONSW Competitors' Rules).
3. Stairways – most courses have long stairways to descend.
4. Blind corners – watch out for competitors, vehicles and other pedestrians coming the other way.
5. Outdoor cafes – if the weather is fine, there will be several on the map. They have not been marked on the map. Please run around them.

MARSHALS AND DISQUALIFICATION

The usual sprint orienteering rules regarding out of bounds and forbidden to cross features apply. The organiser can disqualify you if you breach these rules. The features are listed below.

Out of bounds or forbidden to cross	
harbour	
hedge	
gardens, private property	
buildings	
cliff or wall - impassable	
fence - impassable	
temporary out of bounds	

Marshals will be in place at relevant parts of the map. They will be dressed in Hi Vis gear. Their task will be to warn you if you before you ‘inadvertently’ cross an out of bounds feature and to disqualify you if you do cross.

The organisers are not marking any of these features with tape.

MAPPER'S NOTES:

The Pymont peninsular has been completely transformed from its industrial past, and is now a quiet apartment and foreshore parkland mecca. Although just about all the old sugar/timber/shipbuilding/quarrying industries have gone, several old buildings remain, as do many of the small pathways, lanes and old stairways from those days. Together with the many new paths, parks, wharves and stairways, Pymont ‘transformed’ has much to offer the sprint orienteer.

The area has been mapped using IOF sprint map symbols.

The area has a number of 10-20m high cliffs. Almost all are topped with high fences. The high cliffs are generally mapped using the impassable cliff with tags symbol; lower cliffs do not have the tags. .

Extensive use has also been made of the olive green out of bounds or ‘forbidden to cross’ symbol. This covers everything from the many parkland garden beds and native planting areas, to private property – often between apartment buildings, and not always obviously out of bounds.

There are many street and footpath trees throughout Pymont, although virtually none are mapped. Trees that are shown (large and small symbols) are generally in parkland areas. Also not mapped are the numerous seats and street and footpath lights – also way too numerous to include. We do however, feature several sculptures and play equipment installations (black X) and postal drop boxes and other odd MMF’s if relevant - as black circles.

The map also uses a light/dark brown for pavement areas with no traffic/traffic. Pedestrian crossings are marked as light brown with the dotted vegetation boundary symbol.

Finally, note that the wharf frontages that completely surround Pymont have ‘swallowed’ the 2m contour line. The lowest line on the map is at four metres.

COURSE SETTERS NOTES

Course			Length*	Climb	Controls
Hard 1/2/3	M21A, M-20A, M35A, M40A	W21A	3.3km	80m	21
Hard 4/5	M-18A, M45A, M50A, M21AS	W-20A, W35A, W40A	3.0km	60m	20
Hard 6/7	M-16A, M55A, M60A, M65A, M35AS	W-18A, W45A W50A	2.6km	60m	19
Hard 8/9	M70A, M75A, M45AS, M55AS	W-16A, W55A, W60A, W65A, W70A, W21AS, W35AS, W45AS,	2.3km	50m	16

		W55AS			
Moderate	M-14A, MOpenB	W-14A, WOpenB	2.4km	50m	18
Easy	M-12A	W-12A, M/WOpenC	2.2km	20m	19
Very Easy	M-10A	W-10A, M/W-10N	1.6km	10m	17

* Course length is shortest route, not straight line.

Most controls have been fixed to an immovable object – for security reasons. Controls will be very close to the feature described.

Courses have been designed to comply with NSW Sprint Champ ‘winning time’ rules, to maximise the ‘sprint’ challenge (naturally) with many controls, changes of direction and leg length variety - and to also make the most of the areas features. Expect to encounter inspiring views, interesting architecture, wharves, narrow stairways and a variety of parks both large and small. There is perhaps more climb here compared to a campus map, but running should not be impeded.

The Easy/Very Easy courses have been drawn to keep competitors away from roads, and use a cunning bridge and stair link to facilitate this.

All other courses cross numerous roads, although early Sunday should be fairly quiet. Harris Street (particularly) and Bowman Street are the two most busy ones, and competitors need to take care when crossing.

Control descriptions

Control descriptions will be printed on the front of the map (symbols only). Control descriptions will also be available in the pre-start – Hard courses (symbols only), other courses both symbols and English.

Complaints and protests

Complaints and protests may be made in accordance with ONSW and OA rules. The jury members are Gordon Wilson (ONSW Technical Director’s appointee), Hilary Wood (NSW) and Mace Neve (ACT).

Courses/Classes: The full NSW State League range of classes. Ages are as at 31 December 2013. Winning times will be in accordance with ONSW standards, for a Sprint Distance event.

Sportident: Sportident (SI) electronic timing will be used on all courses. If you do not have an SI stick, then hire one as part of the Eventor entry (go to “Order Services”).

Entries: Enter and pay securely on line through Eventor, at <http://eventor.orienteering.asn.au>. You must first register with Eventor, this is a once-only process which stores your name and contact details. Once registered, go to event calendar, find the event (State League 13), click on the selection box and click "Enter selected events".

Closing Date for entries: 11:59 pm on Friday 4 October 2013.

Late Entries: It is not possible to make a late entry via the website. Late entries will be allowed only at the discretion of the Organiser, who should be contacted for further information.

Entry fees: Members: Senior \$20.00, Junior (under 21) \$13.50, Sub-junior (under 13) \$10, Family maximum \$60. Under ONSW rules non-members of an orienteering club shall pay a \$3.00 non-member surcharge.

Enter on the Day: Those not pre-entered will be able to enter on the day at the Registration area. Courses available; Very Easy, Easy, Moderate and Hard; distances as above, Hard will be on the Hard 4/5 course (3.0 km). Starts will be available after all pre-entries have started; from 10:00 am for Hard and from 9:30 for all other courses, until 11:00 am. Cost is \$13 for members of an Orienteering club, \$16 for non-members, plus \$3 for SI hire if required.

Results: Results will be displayed near the finish (slats will not be used). They will also be available live at: <http://www.sportident.itsdamp.com/showresult.php?NSWSprints> (Thanks to Big Foot Orienteers for their assistance.)