



Event Program

Queen's Birthday Weekend 2018

**Clandulla State Forest
&
Rylstone Common**



Saturday 9th June 2018 Middle Distance SL7

Day 1 Clandulla State Forest – Jarrawood property, 843 Bylong Valley Way

- 12:00 Registration and Information at Event Arena
- 12:00-14:30 Start window Day 1
- 12:00 Registration open for EOD courses
- 16:00 Course closure

Sunday 10th June 2018 Long Distance SL8

Day 2 Clandulla State Forest – Jarrawood property, 843 Bylong Valley Way

- 9:30 – 12:00 Start window Day 2 (2 starts)
- 9:30 Registration open for EOD courses
- 10:00-12:00 String Course available
- 14:30 Course closure

Monday 11th June 2018 Bush Sprint SL9

Day 3 Rylstone Common – Cudgegong Road, Rylstone

- 9:30 – 11:30 Start window Day 3
- 9:30 Registration open for EOD courses
- 10:00-12:00 String Course available
- 12:30 Course closure

(We are not having any presentations this year.)

Event Organiser:

Colin Price mobile: 0415210339

email: colinp53@yahoo.com.au

General Information for All Days

We encourage you to take a whistle with you – 3 blasts every minute, if you need help.

Start Procedure:

We will be operating a **queuing start** – there will be no timed start lists – please come to the start when you ready and queue for the next available space.

Please note we will be slotting split-start people (couples with young children) and staggering NSW Squad Juniors (4 minute gaps) into the queue.

For Day 1 and Day 2 starts will be at 2 minute intervals.

For Day 3 starts will be at 1 minute intervals.

Day 1 & 2						
Clear & Check	Queue behind your course lane or advise Start official if you require an early start	Start -6	Start -4	Start -2	0	
		Enter lane for your course when empty Competitor – SI check unit	Collect control descriptions	Line up behind your course map box	Collect Map	Punch start unit before looking at map

Day 3						
Clear & Check SI Air battery check	Queue behind your course lane or advise Start official if you require an early start	Start -3	Start -2	Start -1	0	
		Enter lane for your course when empty Competitor – SI check unit	Collect control descriptions	Line up behind your course map box	Collect Map	Punch start unit before looking at map

Map boxes and control descriptions will be clearly labelled with the **Course number** and each **Class** running that **Course**.

PLEASE NOTE on Day 1 There are large numbers of competitors on H2,H3 and H4.

As a result we have split Day 1 H3 into two courses - H3A and H3B, see matrix (page 5) for class vs course.

For Day 1 H2,H3A,H3B and H4, we recommend getting to the start early so we can stay within the Start Window.

Follow streamers to Starts:

Day 1: Blue and white streamers to the start (one start for all courses)

Day 2/Start 1: Blue and white streamers to (H1,H2,H3,H4,H5,H6,H7,H8 and Moderate)

Day 2/Start 2: Yellow and black streamers (Easy and Very Easy)

Day 3: Blue and white streamers to the start (one start for all courses)

Control descriptions:

These will be printed on the maps and will also be available at the start (see start procedure). On maps the control descriptions will be IOF for all Hard and Moderate courses, and English for Easy and Very Easy. Both IOF and English descriptions will be available at the pre-Start for Moderate, Easy and Very Easy courses.

Maps:

All maps will be printed on Pretex synthetic paper which is water proof and tear resistant.

Electronic Punching: The SPORTident electronic punching system will be used.

It is the competitor's responsibility to clear and check their SI card before starting each day. The clear and check units will be at the start (see start procedure). If an SI unit fails, record your passage through the control by punching in the reserve boxes on the map using the back-up punch on the control stand.

SPORTident Active Card (SIAC):

For the Day 3 Sprint race SI Air "sticks" may be used – normal SI sticks may be used as well. If you intend using a different SI stick for Day 3 please give the Registration tent your name and new stick number in writing on either Day 1 or Day 2.

Course/Class matrix:

Please check the matrix on Page 4 – many classes will change course numbers over the 3 days.

Results:

All competitors are to report to the finish. After punching the finish control proceed to the download tent and follow instructions.

eResults:

Results will be available on Eventor.

Map return:

There will be no map collection – please take responsibility for not discussing or showing your map to other competitors until they have finished.

Water:

There will be water controls on the longer courses, marked on control descriptions. There will be water at the start on Day 2 and at the Finish on all days.

Out Of Bounds:

The residential areas at Jarrawood are out of bounds – please follow tapes to the Event Arena and ensure children do not play on the old equipment on the farm. There is also a large Out of Bounds dam on the property and a creek which may have water holes after rain. Please look after your children.

String Course:

There will be a string course for young children available from registration on Days 2 and 3 – courtesy the Peel family – many thanks.

Clothing return:

If the weather is cold or wet - there will be a clothing return operating from the Main Start on Day 2 only.

Catering:

"Café Sassy" coffee van Saturday from 1pm, Sunday and Monday from 8am, catering by the NSW Juniors on each day, supplying hot options on Sunday. Sassy will be donating 10% of their profit to NSW Juniors so please support them.

First Aid:

Will be located at the Registration tent - we will be manning any First Aid requirements with volunteers from within the Orienteering community.

Mobile Phone coverage:

There is some Telstra and Optus coverage around the Arena area.

O Shop:

"Aussie O Gear" will be open limited hours, see Colin Price on the day. "NSW OGear" will also be on site.

Enter On the Day:

Available on Day 1, 2 and 3. See the helpers at the Registration Tent.

EOD Courses available:

Day 1 - Middle	Day 2 - Long	Day 3 - Sprint	Entry
H3	H4	H1,H2,H3,H4*	} Senior \$28
Moderate	Moderate	Moderate	} Junior 13 – 20 \$19
Easy	Easy	Easy	} Sub-Junior <13 \$14
Very Easy	Very Easy	Very Easy	} Group max \$75
SI rental	\$4		
Extra Map - EOD	\$2		

*Note we have added extra *EOD Hard* courses for the Bush Sprint on Day 3

Follow link for ONSW Rules for Competitors – good bedtime reading!

<https://onsw.asn.au/images/stories/admin/manual2016/401.pdf>

Acknowledgements

We say a big thank you to our landholders:

Forestry Corporation - Clandulla State Forest

Rylstone Environment Society - "The Common"

And especially to -

Eddie and Cheryl Farrugia, who have once again welcomed us to "Jarrawood".

If you see them make sure you say hello and thanks.

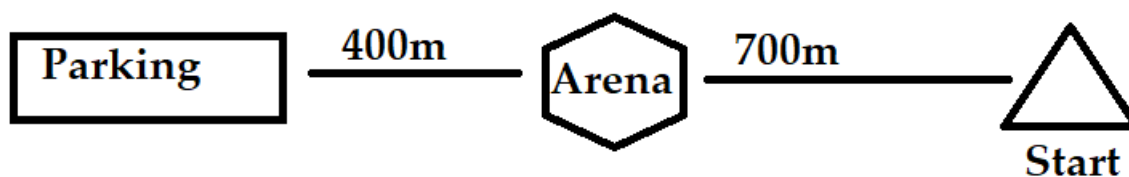
Central Coast also wish to thank the many other club orienteers and **Ron, Alex and Rob** in particular, who have helped either before or during the event. CCN is a small club and there is no way we could have delivered this hopefully, successful event, without a lot of extra help – MANY THANKS guys!

Course / Classes matrix for all Days

<u>Day 1 Middle</u>	<u>Km & climb</u>	<u>Day 2 Long</u>	<u>Km & climb</u>	<u>Day 3 Bush Sprint</u>	<u>Km & climb</u>
Hard 1	5.1/ 180	Hard 1	12/350	Hard 1	3/105
M21A,M35A		M21A		M21A,M16A,M20A,M35A, EODH1	
Hard 2	4.3/ 160	Hard 2	9.2 /115	Hard 2	2.4/80
M20A,M40A,M45A,M50A, M55A,W21A		M20A,M35A,M40A		M40A,M45A,M50A,M55A,M 60A,M65A,W20A,W21A,W3 5A,W40A,W45A,M21AS, EODH2	
Hard 3A	3.5/ 130	Hard 3	7.3/ 105	Hard 3	1.7/75
M60A, M65A, W20A, W35A, W40A, W45A, W50A		M45A,W21A		M70A,M75A,W16A,W50A,W 55A,W60A,W65A,W70A,M3 5AS,M45AS,M55AS, W21AS,W35AS,W45AS, W55AS,EODH3	
Hard 3B	3.5/ 130	Hard 4	6.1/ 90	Hard 4	1.6/45
M16A,M70A,W16A,W55A, W60A,M21AS,M35AS,EODH		M50A,W20A,W35A,W40A, W45A,M21AS,EODH		M80A,M85A,W75A,W80A,W 85A,M65AS,W65AS, EODH4	
Hard 4	3.1/ 85	Hard 5	5.4/ 125	Moderate	2.0/75
M75A,W65A,W70A,M45AS, M55AS,W21AS,W35AS, W45AS,W55AS		M16A,M55A,M60A,M65A, W50A,M35AS		M14A,W14A,M Open B, W Open B,M Junior B , W Junior B,EODM	
Hard 5	1.7/ 35	Hard 6	4.6/ 60	Easy	1.9/50
M80A,M85A,W75A,W80A, W85A,M65AS,W65AS		M70A,W16A,W55A,W60A, M45AS,W21AS		M12A,W12A, Open Easy,EODE	
Moderate	2.7/ 85	Hard 7	3.8/ 45	Very Easy	1.5/40
M14A,W14A,M Open B, W Open B,M Junior B , W Junior B,EODM		M75A,W65A,W70A,M55AS, W35AS,W45AS,W55AS		M10A,W10A,M/W10N, Open VE,EODVE	
Easy	2.3/ 50	Hard 8	2.5/ 30		
M12A,W12A, Open Easy,EODE		M80A,M85A,W75A,W80A, W85A,M65AS,W65AS			
Very Easy	1.9/ 40	Moderate	3.8/30		
M10A,W10A,M/W10N, Open VE,EODVE		M14A,W14A,M Open B, W Open B,M Junior B , W Junior B,EODM			
		Easy	2.6/30		
		M12A,W12A, Open Easy,EODE			
		Very Easy	1.8/20		
		M10A,W10A,M/W10N, Open VE,EODVE			

Saturday 9th June 2018 Middle Distance

Day 1



Map: "Carwell's Labyrinth" Scale 1:7,500 Contours 5m Hard and Moderate courses

"Jarrawood" Scale 1:7,500 Contours 5m Easy and Very Easy courses

Mappers: Eric Andrews, Rob Vincent.

Planner: Paul Prudhoe

Controller: Alex Davey

Travel Directions Day 1 and Day 2: From Rylstone- take the Bylong Valley Way towards Kandos, at Kandos turn right to follow Bylong Valley Way-just after bridge over Carwell Creek turn sharp right into property "Jarrawood"- (17km, 14 minutes) follow signs to parking. From Mudgee take the Castlereagh Highway towards Lithgow- just north of Ilford turn left onto Bylong Valley Way, and after 8.5km -turn left into property "Jarrawood"- follow signs to parking.

Parking Day 1 (and Day 2): *Gold coin donation for landowner on Day 1 please.*

Parking is on a flat open area 150m from property entrance. Park as directed.

Arena: Follow blue and white tapes from car park - the arena is located on an open area with some small areas of shade. Spectators will be able to observe runners at the end of the courses on both days.

Warning- there is a large dam near the arena and this is Out of Bounds to all competitors at ALL times- please take care of children.

Toilets: will be next to the track between parking and the arena.

Start: Queuing Start from 12 noon to 2:30pm - there is one start for all courses. Follow blue and white streamers from the Arena.

Terrain: The area is a combination of sandstone rock and spur gully terrain. There are a series of deep valleys with some impassable cliffs. There are numerous boulders, narrow passages and other rock features. While the forest has generally good visibility and runnability, areas near the cliffs can be more difficult to run or walk due to thicker vegetation. The area is scattered with termite mounds which range in size from 0.5m to 1.5m. There will be one fence crossing marked on the map and on the ground for all Hard and the Moderate courses.

On the Easy and Very Easy courses there is a 75m section of narrow path beside a 2m drop to the creek – please take care along this section.

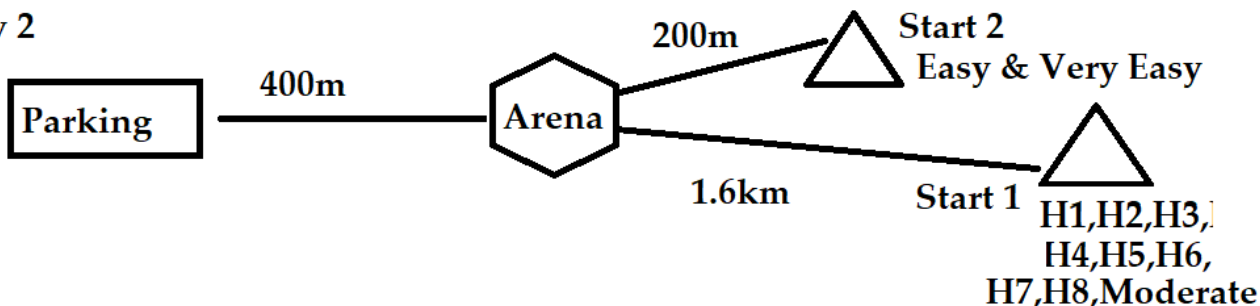
We ask competitors to use the marked fence crossing or open gates, as climbing the property fences is not easy.

Special symbol X (black) is rubbish or wreckage and  (brown) for some rootstocks .

Course closure: 4:00 pm **(Make sure you start early if needed).**

Sunday 10th June 2018 Long Distance

Day 2



Map: "Prosser's Reef" Scale 1:10,000 Contours 5m Hard and Moderate courses

"Jarrawood" Scale 1:7,500 Contours 5m Easy and Very Easy courses

Mappers: Rob Vincent

Planner: Alice Prudhoe

Controller: Paul Prudhoe

Arena: Same arena as Day 1

Warning- there is a large dam near the arena and this is Out of Bounds to all competitors at ALL times- please take care of children.

Toilets: as Day 1

Travel Directions: same as Day 1

Parking: Same as Day 1. Take care when driving into the property – Easy and Very Easy runners will be using the car park gateway and running alongside the track.

Start: Queuing Start from 9:30 am till 12 noon.

There are two starts, signed from the Arena.

- Start 1 – For H1,H2,H3,H4,H5,H6,H7,H8 and Moderate courses the start is 1.6km from the Arena with 70m climb – allow 20 to 30 mins, follow blue and white streamers and signs to Start 1. If the weather is cold or wet - there will be a clothing return operating from the Start 1 on Day 2.
- Start 2 – For Easy and Very Easy courses the start is a 200m easy walk from the Arena. Follow yellow and black streamers and signs to Start 2.

Terrain:

Mostly undulating spur gully with some steeper sections along the western edge and in the north. Rock detail, which is mostly confined to the south-western part of the map, includes rock shelves and cliffs up to 3 metres, boulder fields, rocky ground and bare rock (only longer courses will experience this area). Evidence of mining activity in the north-east (accessed by longer courses only) comprises trenches, pits and clearings. The central and eastern parts of the map vary from flat to gently undulating with subtle gully and vegetation detail.

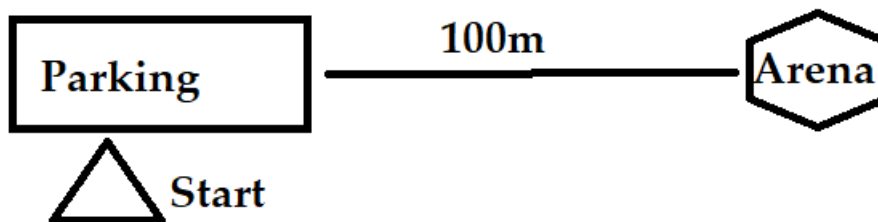
Special symbols **X** (green) distinct large tree.

There are many MTB and trial bike trails in the forest which have not been mapped. In some areas they might be helpful, but be careful not to get pulled off course!

Course closure: 2:30 pm

Monday 11th June 2018- Bush Sprint

Day 3



Map: "The Common" Scale 1:5000 Contours 2.5m

Mapper: Rob Vincent

Planner: Colin Price

Controller: Rob Vincent

Travel Directions: From north (Mudgee) travel along main street of Rylstone (Louee St) turn right into Cox St, and then left into Carwell St, (which becomes Cudgegong Rd), travel 1.2km to parking- watch for right turn sign.

From south (Kandos) on entering Rylstone turn left at Hospital into Melon St, at T junction (Golf Course) turn left into Carwell St, (which becomes Cudgegong Rd), travel 400m to parking- watch for right turn sign.

Parking: in a cleared area – follow signs and park as directed.

Arena: The arena is 100m from the parking area

Registration/information/first aid, coffee van and catering will be located in the arena. Toilets will be sited between the car park area and the arena.

From the parking to the arena all the forest is out of bounds. All competitors must remain on the track.

Start: Queuing start from 9:30 to 11:30am - next to car park area – follow signs to single start for all courses.

Terrain: gully/spur terrain with some rock, erosion gullies, termite mounds, blackberry patches and a few paths. Mostly eucalypt forest with some areas of cypress pine (lower visibility and slow run).

Special feature symbols: X (black) rubbish or wreckage, X (brown) termite mound

Course closure: 12:30pm