

Coaching at Leyburn, 24/6/18

Map: Leyburn State Forest Scale - 1:10000. Undulating to steep spur gully. Leg covering is recommended

<u>Starts:</u> Group talk at 10.30am, followed by map walk. Other activities can be completed in your own time. Courses close 2pm.

Facilities: Bush toilets. Please BYO food and drinks, there will be some water available at assembly.

Courses:

Very Easy -2 courses to practice map orientation, checking control numbers and linear features Easy -2 activities to practice aiming off, linear features, checking control numbers and map orientation Moderate -1 attack point exercise, 1 compass and pacing exercise Hard -1 route choice exercise, 1 compass and pacing exercise

This coaching is compulsory for the Darling Downs team. As a guide, team members should enter the standard appropriate for their age (as below), but are welcome to step up or down a level.

Boys/Girls 11 yrs – Very Easy

Junior Boys/Girls – Moderate

Boys/Girls 13 yrs – Easy

Senior Boys/Girls – Hard

Directions:

From **Toowoomba**, take the New England Highway towards Warwick. About 14km south of Toowoomba, turn right into the Cambooya/Leyburn Road. After passing through Cambooya, take the road to Leyburn. In Leyburn, turn left into Leyburn Forestry Rd (beside the police station) and follow for about 7km to the assembly area. Allow 50 mins travel time from Toowoomba.

From **Warwick**, take the Cunningham Highway (Route 15) westwards through town. Follow this highway through town and continue westwards on Route 42 towards Inglewood for 34km, before turning right into Thanes Creek Road. The first 4km of this road is bitumen and it then becomes a good gravel road. 3.8km after the start of the gravel, take the right hand fork at a junction and travel a further 8km to the assembly area on Forestry Road. Allow 40 mins travelling time from Warwick.

From **Stanthorpe**, take the New England Highway north to Warwick and at the first set of traffic lights (the intersection with the Cunningham Highway), turn left and follow the directions as above.

Entry fees:

OQ members – \$5 individual/\$20 family

Non-members \$8 individual/\$30 family

Notes: The day is open to everyone, including newcomers. Register online https://oq.asn.au/events/6835 or email Felicity rroc@oq.asn.au. If you wish to time your exercises, bring your SI stick (start and finish units only).

LEG COVERING IS RECOMMENDED.

Phone contact on the day – 0427107148, otherwise 46981538