

Junior Arrows Orienteering camp 2018

Please make sure you return your camp forms asap.

We are cooking a vegan/vegetarian meal option each night but if you want your own snacks, please bring your own. 😊

What to bring:

- SLEEPING BAG AND PILLOW
- Orienteering shoes
- 4 sets of orienteering clothing, shirts, pants, socks
- Strapping tape (if you need it)
- LUNCH FOR MONDAY
- Shoes
- Socks x5
- Pjs
- Warm jacket x 2
- Thermals
- Warm pants x2
- Beanie
- Gloves
- Lunch box
- Pens
- Orienteering journal or notebook
- Plastic sleeve for map bag
- Own lollies
- Phone, charger
- Underwear for 5 days
- Toiletries
- **Head lamp for night orienteering.**
- Shirts x5
- Shorts
- Towel
- Raincoat

Program

Monday 9th July	Activity	information
1pm	Sprint training at Flinders Uni	Drop off at the education building at Flinders Uni. -35.0282, 138.5752
2pm	Session 2-	
3pm	Finish session and collect controls	
4pm-4:30	Arrive at Shiloh Hills	Pole road, Iron Bank. -35.0437, 138.6871
6pm- 7pm	Dinner	Lasagne and vegetarian option
7:30pm	Evening information session- Australian Orienteering champs preparation	
9pm	Lights out	
Tuesday		
8am	Breakfast	Make own lunch
8:45am	Leave for training to Kuitpo	
10am	Kuitpo airstrip= bearings and long legs	Kuitpo Airstrip -35.2483, 138.6963 (the exact place could change) Bring all gear for event in the afternoon as well.
11am	Training	
12:30ish	lunch	
1pm	Moderate long legs, Peg relay	Meet at Kuitpo HQ on Brookmans road. -35.2148, 138.7004
2:30pm	Collect controls.	
4pm ish	LEAVE	
5:30pm	NIGHT ORIENTEERING at Shiloh Hills	
7:30pm	Dinner	
8pm	Showers	
9pm	Lights out	
Wednesday		
8:00am	Breakfast and make lunch for the day	
8:45am	Leave for Pewsey Vale	Bring all gear for event in the afternoon as well.

10:30am	Training at Pewsey Vale Moderate- linear features Hard- line course	Meet at end of Goodchild road, Eden Valley. -34.6034, 139.0115
12:30pm	Lunch	
1pm	Training at pewsey vale session 2. Moderate- Harder control sites Hard- Control picking	
3:30pm	Leave event	
5pm	Showers	Arrive back at Shiloh Hills.
6pm	Dinner	
7pm	Trivia night and orienteering games.	
9pm	Lights out	
Thursday		
8am	Breakfast and making lunch	
8:45	Leave for Bundy forest	
10am	Training at Bundy Forest	Dickers road, Mt Crawford. -34.7593, 138.9533
12pm	Lunch	
12:30pm	Travel to Lucky hit	
1pm-	Lucky Hit relay games	Lucky Hit Forest- Lucky Hit road, Cromer -34.7850, 138.9821
4pm	Leave training	
5pm	Arrive back at Shiloh hills and showers	
6pm	Dinner	
7pm	Course setting competition	
9pm	Lights out.	
Friday		
7:30am	Breakfast and pack up	Pack up and leave Shiloh Hills
8:30am	Leave for Pewsey Vale	
10am	CAMP CHAMPS- Pewsey Vale	Meet at end of Goodchild road, Eden Valley. -34.6034, 139.0115
12:30pm	Lunch and leave events	Those going with parents from the event need to let me know.
3pm Approx	Drop off at South Terrace, under Pulteney Foot bridge	-34.9357, 138.6025