

## Coaching at Perseverance, 21/7/18

**Map**: Perseverance Dam Scale - 1:10000. Undulating to steep spur gully.

Starts: Two identical sessions – start at 10am or 12 midday

**Facilities:** Toilets, playground, BBQ if you wish to have a picnic lunch.

## **Courses:**

Very Easy (linear features), Easy (aiming off), Moderate (contour only, route choice) and Hard (contour only, route choice) exercises.

As a guide for Darling Downs team members, the standard for Qld Schools competition is:

Boys/Girls 11 yrs – Very Easy
Junior Boys/Girls – Moderate

Boys/Girls 13 yrs – Easy
Senior Boys/Girls – Hard

However, you are welcome to step up or down a level depending on your experience.

## **Directions:**

From **Toowoomba**, take the New England Highway towards Crows Nest. At Pechey, turn right to Lake Perseverance and Lake Cressbrook. The assembly area is at the Picnic grounds.

## **Entry fees:**

OQ members – \$5 individual/\$15 family Non-members \$8 individual/\$25 family

Notes: The day is open to everyone, including newcomers. Register online or email Felicity <a href="mailto:rroc@oq.asn.au">rroc@oq.asn.au</a> .

Phone contact on the day - 0427523541, otherwise 46981538