

ACT MTBO Series #3

2 September 2018, Sunday at Sparrow Hill

ACT Mountain Bike Orienteering with Red Roos support brings on ACT MTBO Series consisting of 3 MTBO events in beautiful suburbs of Canberra utilizing quick and enjoyable mtb single tracks of local forests. ACT MTBO Series is a Series for everyone! Those who have practiced MTBO skills for a while; for experienced orienteers who would like to try MTB orienteering; and for absolute beginners.

Start Times: from 10:00am till 11.00am, **Course closure:** 1.00pm

Map: Sparrow Hill 1:10 000, 5m contours

Course Setter: Eoin Rothery **Controller:** Cath Chalmers

Assembly Area: Sparrow Hill MTB Park parking, off Sparrow Hill Rd.

Classes: Long (M/F), Middle (M/F), Short (M/F)

Comments from Course Setter:

Harvesting has begun, but we are in an area not affected by it. Lots of smooth, flowing, raked single track to enjoy. Note: a handful of short “link” tracks have some branches thrown over them. These will be marked as dash tracks on the map.

Class	Course Lengths (Optimum Route)	Expected winning time
LONG	17 km	@ 15 km/hr = 1h 10m
MIDDLE	11 km	@ 12 km/hr = 55 minutes
SHORT	8 km	@ 10km/hr = 50 minutes

Entry fee on a day: \$10 adult, \$7 concession

Map Board are available for hire: \$5

Event at Eventor: <https://eventor.orienteering.asn.au/Events/Show/6144>

For further information or assistance please contact
Eoin Rothery 0487 380 049
or Cath Chalmers 0416 966 236

Learn to navigate at higher speed!