



# 2018 ORIENTEERING QUEENSLAND CHAMPIONSHIPS

Long Distance Championships - Program





In memoriam: Robin Simson 1936 - 2018

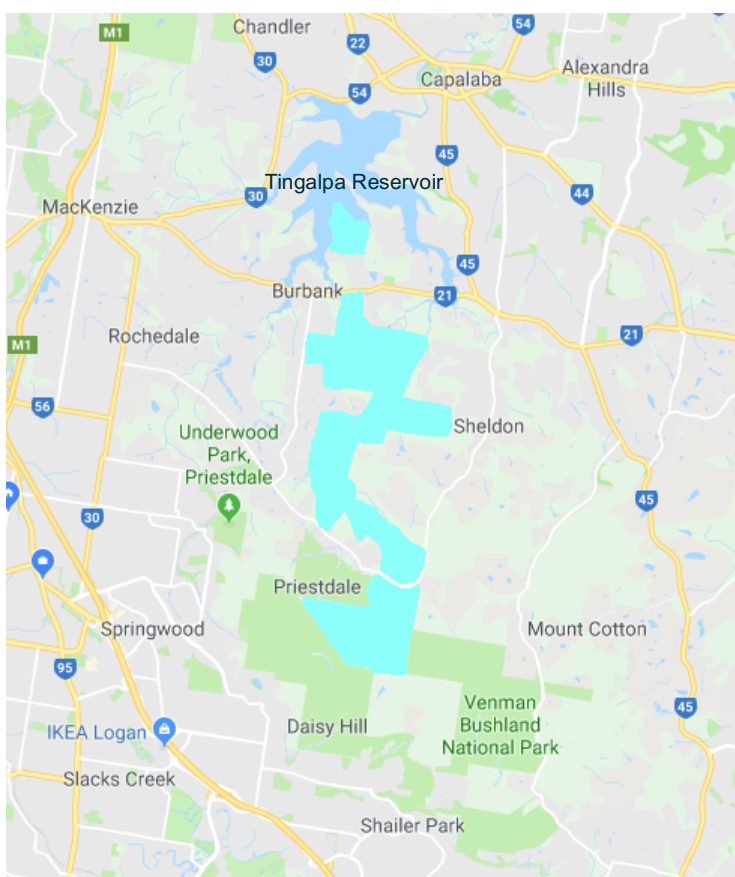
## TINGALPA CREEK PRECINCT

This year's Queensland Orienteering Championships will be held near Tingalpa Reservoir in Brisbane. Logan City, Redland Shire, Brisbane City Council and the Queensland Parks and Wildlife Service own large pockets of adjoining land in the area extending from Kimberley Forest, Shailer Park in the south to Tingalpa Reservoir, Burbank in the north. The area includes Venman Bushland National Park, Mount Cotton to the east, Daisy Hill Conservation Park to the west (*Daisy Hill* map), Neville Lawrie Reserve and the Don & Christine Burnett Conservation Area, (*Buhot Creek* map) Priestdale. Across Ford/Avalon Road, Brisbane Koala Bushlands continue north including (*Buhot Creek North* map) Sheldon, (*Stockyard South* map) Burbank, Emu Street Reserve, Sheldon, (*Stockyard Creek* map) Burbank, Summit Street Reserve, Sheldon and another pocket of land on the edge of Tingalpa Reservoir which includes J.C. Trotter Memorial Park. The *Tingalpa Creek* map combines *Buhot Creek North* with *Stockyard Creek South* and Emu Street Reserve.

Tingalpa Creek headwaters start in Venman Bushland National Park. Buhot Creek headwaters start in Daisy Hill Conservation Park. The two creeks flow north intersecting about 1km short of the northern end of the *Tingalpa Creek* map then continue north to Tingalpa Reservoir. The actual dam wall is known as Leslie Harrison Dam. From the dam wall Tingalpa Creek continues to flow north, north east to Thornlands where it spills out into Moreton Bay.

The bushland pockets have been protected to conserve the habitat of the local koala population. In the forest you may also encounter wallabies, possums, birds and lizards. The Koala Centre at the Daisy Hill picnic area is home to sick and injured koalas. The display and presentations will teach you how to spot koalas in the wild and there is a tree discovery trail leaving from the Daisy Hill picnic area. Alperton Road picnic area, Burbank has an interactive display featuring bird calls and other forest sounds. All free, and all are worth a visit.

Bushwalking, horse riding and mountain biking are popular pursuits in the forest. Horses and mountain bikes are required to stay on designated tracks. Orienteers are permitted to bush bash, so if you encounter horses or bikes, please give them right of way by taking a detour through the bush. A designated horse riding trail passes through the mapped area.



## WELCOME

On behalf of Orienteering Queensland, I would like to welcome all competitors to the 44<sup>th</sup> Queensland Long Distance Orienteering Championships. The event returns to the Greater Brisbane area this year and will be held in the heartland of the Toohey Forest Orienteering club. It will be tinged with some sadness with the recent passing of Rob Simson. Rob has made a tremendous contribution to orienteering in Queensland over many years. From running major events, to organising club activities, coaching juniors and just being a happy face ready for a chat after a run, Rob was always there and willing to help. Please take a moment while you are at the event to reflect on the impact he may have had on your own orienteering experiences. We will all miss him greatly.

I would like to pass on thanks to the Toohey Forest team involved in organising this year's competition. The tasks involved in putting together such an event are significant. This year there have been a number of added challenges and it is a credit to all involved that it has been successfully pulled together.

Enjoy your time at the championships. The two-day cumulative format offers different challenges to a single day event. Whether you are setting the pace after Day 1 or looking to make up time on Day 2, I wish you the best for your time out in the bushland.

Tim McIntyre

President, Orienteering Queensland

## ACKNOWLEDGEMENTS

Orienteering Queensland wishes to acknowledge the traditional owners of the land. The competition area falls within the Yuggera and Turrbal clan areas. We wish to thank the Redland Shire Council for the use of Ford Road Conservation Area and Emu Street Bushland Reserve, the Department of Environment and Science for access to part of their Avalon Road site and to Brisbane City Council for the use of the Brisbane Koala Bushlands. Also, thank you to the kind landowners who donated their land to the councils for conservation.

## VOLUNTEERS

Toohey Forest Club thanks our hard-working team of volunteers. It is not easy for us to host such a complex event. We are a small club with many veteran members. We also have been struck with a bout of serious illnesses. Many of our veteran and/or ill members have volunteered for major jobs. Please be patient with our volunteers. Any spectators are asked to help in small ways, such as offering to bring clothing back from the start or offering to collect a coffee from catering for our officials. If you have a blue card you could make yourself comfortable at the Toy Tent. Every little gesture of kindness will help make the event go smoothly.

## KEY PERSONNEL

Controller	Geoff Peck
Mapper	Geoff Peck
Event Organiser	Neil Simson/Rob Simson
Course Setter	Mark Nemeth
Entry Administrator	Tony Bryant
Computer Support	Stephen Morris

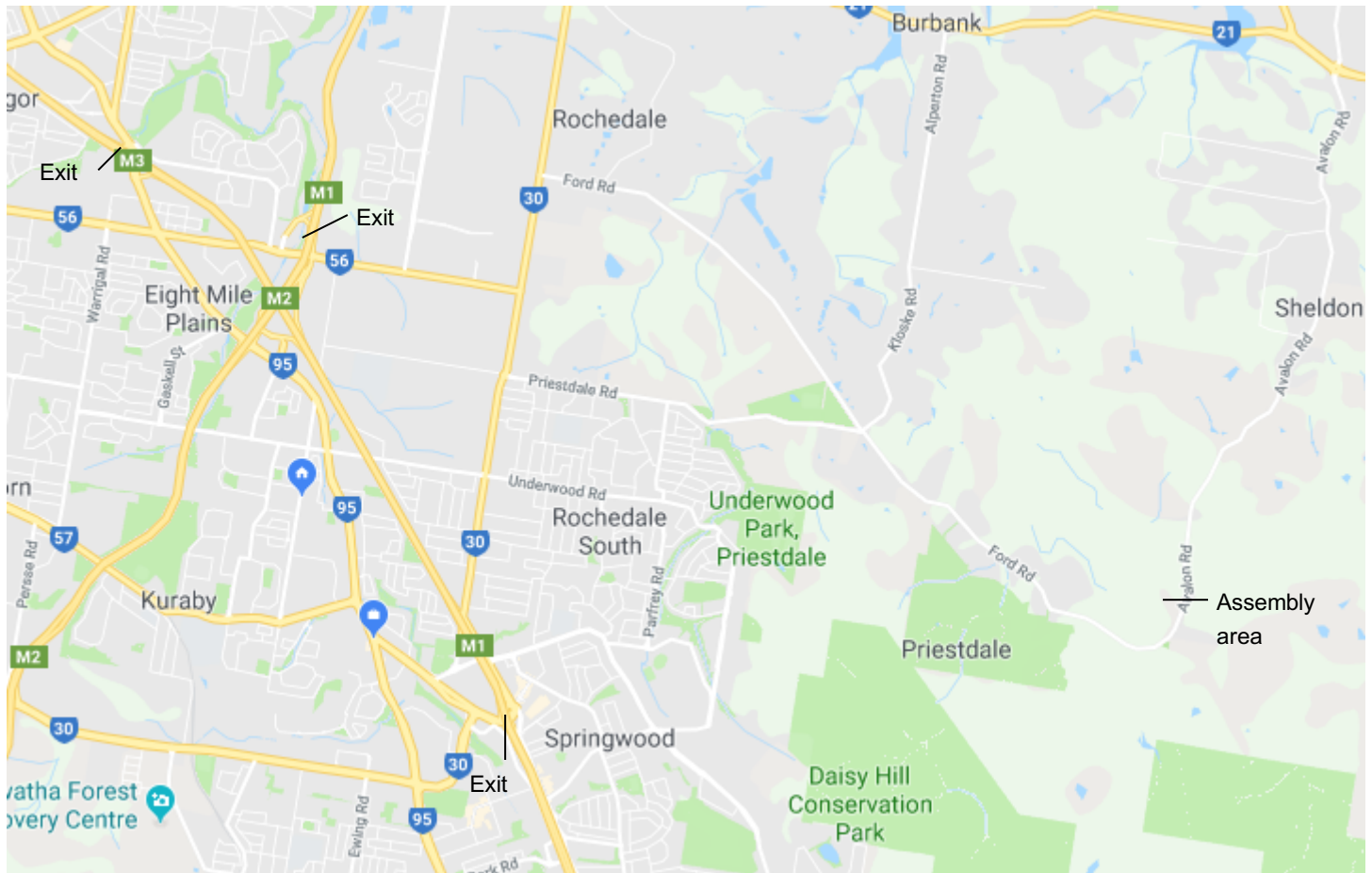
## INQUIRIES

Email [oqchamps@oq.asn.au](mailto:oqchamps@oq.asn.au)

Phone Neil Simson Mobile 0413 119 324

## EVENT LOCATION

### Directions

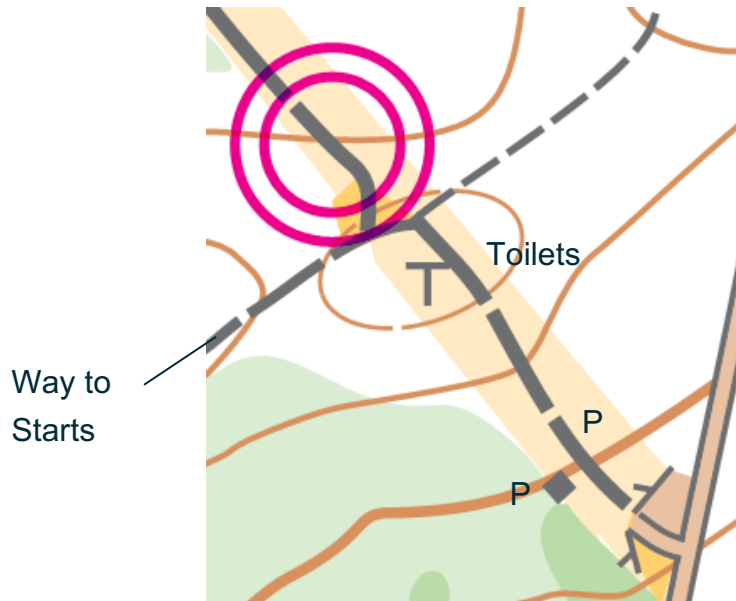


- From City (M3) take the Logan Road exit (top left on map above), turn right into Logan Road, go under the motorway. Turn left into Miles Platting Road. Go to end of Miles Platting Road and turn right onto Rochedale Road. At roundabout turn left onto Priestdale Road. Follow directions from Priestdale Road.
- From Gold Coast (M1 heading north) take the Springwood exit (bottom on map above), at traffic lights turn right, go under the motorway then left into Rochedale Road. Travel north for 3 km, past 2x 24 hour service stations until you reach a roundabout. Turn right into Priestdale Road. Follow directions from Priestdale Road.
- From Northern Suburbs (M1 heading south) take M1 Gateway Motorway south to Mile Platting Road exit (exit 88 – M1 exit on map above). Turn left into Miles Platting Road. Go to end of Miles Platting Road and turn right onto Rochedale Road. At roundabout turn left onto Priestdale Road. Follow directions from Priestdale Road.
- From Ipswich (M2) from the Ipswich Motorway, exit left, go under the motorway and onto M2 Logan Motorway (toll road). Travel east until you reach the Gateway Motorway exit (road works in this area) and go north on the Gateway Motorway (toll road). After crossing the Pacific Motorway take exit to Miles Platting Road (M1 exit on map above). Turn left onto Miles Platting Road and go to end. Turn right onto Rochedale Road. At roundabout turn left onto Priestdale Road. Follow directions from Priestdale Road.
- From Priestdale Road travel east for 3 km until you reach another roundabout. Turn right into Ford Road, continue for 3 km until you see the O signs. Turn left into the assembly area under the power lines at the big bend between Ford and Avalon Roads.

Car Parking will be either side of the power lines. Space is limited. Car pool if possible.

## Assembly area

- The assembly area, is common to both days and is close to the main car park.
- Port-a-loo toilets will be located adjacent to the assembly area
- Spectators may sit on either side of the finish chute. BYO shade. The forest is out-of-bounds.



## OVERVIEW OF ACTIVITIES

Saturday 18 <sup>th</sup> August		Sunday 19 <sup>th</sup> August	
11:30 am	Registration opens	8:00 am	Registration opens
12:00 noon - 4:00 pm	Drinks and coffee for sale	9:00 am - 1:30 pm	Drinks and coffee for sale
12:30 pm	First official starts	9:00 am	First official starts
1:30 pm - 2:00 pm	Novice (M/W10N) start window	10:00 am – 10:30 am	Novice (M/W10N) start window
		1:00 pm	Presentations
4:00 pm	Course closure	1:00 pm	Course closure

## PRESENTATION OF AWARDS

Awards will be presented to all place getters at approximately 1:00pm on the Sunday.

- Encouragement Award: all MW10N, M10A and W10A participants
- Certificate and Badge: 1<sup>st</sup> place 2<sup>nd</sup> place 3<sup>rd</sup> place all classes except MW10N
- Trophies: M21A winner W21A winner
- Perseverance Cup: Competitor who finished with the longest time, accumulated over 2 days

## EVENT INFORMATION

Note: Please bring your own paper or electronic copy of this program. Several copies will be available for viewing at registration. Start lists will also be posted at registration and at the start.

### Registration

The registration and information tent will be open from

- 11:30 am on Day 1 - Saturday 18<sup>th</sup> August
- 8:00 am on Day 2 - Sunday 19<sup>th</sup> August

It will be the information centre for the championships. All enquiries should be directed here - please do not disturb the finish officials.

There is no need for competitors to register unless you need to collect a hired SI card. You can also visit registration to view: copies of the program, IOF control description decipher sheets, the map legend and the start list. You may borrow a basic base plate or simple thumb compass. Whistles will be on sale. A container will be available for leaving car keys, valuables, and telecommunication devices. A copy of the competition rules will be made available for competitors to read. Please see registration for information, enquiries, comments, complaints, map return and clothing return. If you need to speak to the organiser, controller or finish officials, this must be arranged via registration.

Note that there is no Enter-on-the-Day available.

### Facilities

- BYO folding chairs: or bring a cushion to sit on; the ground is hard and stony
- BYO shade shelters: there is no shade in the assembly area. Bring a hat and sunscreen.
- Toilets: Port-a-loos will be provided in the assembly area
- Toy Tent: A toy tent will be provided: however, this will be unmanned. Toys will be provided for babies through to 12 years. Parents are advised to look in the crates under the table for toys and activities. The table in the toy tent can be used for nappy changing – please use your own change mat. There will be enough shade in the toy tent to keep babies in prams out of the sun. Please supervise your own children. Split start times will be available for parents with young children.
- Water: Water will be available at the finish and at the starts. To assist the organisers please bring along your own supplies as well. Water points will be placed at designated control sites as shown on the control descriptions.

### Catering

- Coffee van A coffee van will be in attendance on both days.
- Drinks Soft drinks will be on sale at registration on both days.
- Food There will be no food for sale beyond offerings from the coffee van. Please bring your own lunch.

### First aid

A first aid service will be available in the assembly area. If you require assistance outside the hours the first aid service is operating, then please go to registration. If you require a doctor then go to Springwood. Hospitals are located at Kessels Road, Nathan (opposite Griffith University entrance) or Loganlea Road, Meadowbrook (Logan Hospital).

### Safety

- Whistles should be carried by all competitors but should only be used in cases of severe injury where assistance is required. The distress signal is six short blasts repeated at short intervals. If you hear such a signal, you are requested to abandon your course and give assistance. Where vehicle or medical assistance is required, this should be reported to the information tent as soon as possible.

- Overdue competitors Please report overdue competitors to the registration tent. DO NOT organise your own search. In the event of an emergency, the event organiser should be contacted via the registration tent. Please do not disturb the finish officials.
- Snakes are unlikely to be encountered during bush orienteering events. They will generally move away if they sense you coming. Should you be unlucky enough to be bitten, blow your whistle to attract assistance and stay still. If possible, the bitten limb should be immobilised by firm strapping to prevent the venom from travelling to other parts of the body.
- Safety bearing – Navigate to the power line which passes through the map, then follow the powerline south to registration.
- Mobile phone reception – mobile phones will work in the assembly area.
- No Smoking - in the assembly area, in the car park, in the bush.
- No Children to be left unattended in cars or in the car park - if you have difficulty supervising children, please bring them to the Toy Tent where there will be some sports equipment, and books to entertain older kids, toys and activities to entertain the younger kids. All parents and anyone with a blue card, are requested to volunteer to supervise the toy tent when they can.

## TECHNICAL INFORMATION

### Competition Rules

- Competition Rules The competition rules of Orienteering Australia shall apply to these Championships. A copy of these rules will be available for perusal at the information tent. Competitors are reminded that controls must be visited in the order shown on the course and that talking to, collaborating with or distracting other competitors during the competition is not permitted.
- GPS Devices Competitors are not permitted to use or carry any telecommunication equipment. GPS-enabled devices (watches etc.) can be carried provided that they have no map display and are not used for navigation purposes.
- Control Descriptions Individual international control descriptions for each course will be provided to competitors at the pre-start on each day. Control descriptions will also be printed on the front of maps. All hard courses will use international control descriptions only. English descriptions will be provided on the maps for Moderate, Easy and Very Easy courses. International control description decipher sheets will be available for viewing at registration. Competitors are responsible for learning to read IOF control descriptions prior to reaching the pre-start, for assistance ask at registration. Do not disturb the start officials.

### Timing and control sites

- Control Stands Most controls will be blank control flags suspended from T bar stands with an SI unit and punch. The control identification number will be on the top of these. In some places the ground is too hard to use T bar stands. These controls will have the SI unit attached to a hanger beside the flag. Please note that some controls will be in close proximity to others. It is the competitor's responsibility to CHECK THE CONTROL NUMBER prior to punching.
- Sportident Electronic Timing will be used for these championships. Note that SI-air functionality is NOT enabled.
- Clear and Check your SI stick prior to each event, to delete previous event information stored on it. Clear and check units will be positioned on the way to the pre-start area on each day.
- SI Unit Malfunction If an SI unit at a control malfunctions (no *beep* or *flash* when the stick is inserted), the competitor must use the punch to mark one of the reserve boxes printed on the map. Failure to do this will result in a mis-punch being recorded. If use a manual punch at any control, please advise the Finish officials as they will need to take your map at the completion of your course.



## Map

- Map Scale - 1: 10,000
- Map Protection The maps will be bagged ONLY in the event of forecasted wet weather. High quality bags will be available at the start for competitors to protect their maps if they wish. The maps are NOT printed on waterproof paper.
- Map Detail The map has been drawn to the new ISOM (2017) standard, so you'll notice that termite mounds are now brown triangles, and you should note that the grid lines are now 300 m apart (not 250 m). There are some other subtle changes but you probably won't notice them. Variations from the ISOM are the use of the green stripe symbols (undergrowth) to show patches of lantana, and the omission of a major power line which crosses the area; this is depicted as a yellow (rough open) strip and the pylons are drawn using the small tower (T) symbol. Root mounds (fallen timber) are not mapped. Out of bounds areas are shown using the old ISOM vertical purple lines symbol. Buhot and Tingalpa Creeks are drawn using the "uncrossable body of water" symbol (thin black lines bordering blue) with gaps showing recommended crossing points. Please note that the depth of the creeks (especially in larger ponds) has not been surveyed, so competitors risk having to swim if they choose to ignore the crossing points. The vegetation near these major creeks is often very thick and unpleasant, except where shown otherwise.

## START INFORMATION

- Start Times have been randomly distributed, except for officials who are volunteering and competing. Requests for changes to start times cannot be considered unless there are exceptional circumstances.
- M/W10N Courses: N is for Novice. Shadowing is permitted on this course but "shadows" must have completed their course first. Entrants may start at their advertised time or within the special late start window (see program overview). Report to the "Late Start" official at the Start if the latter is the case. An encouragement award will be given to all participants on the novice course.
- W10A and M10A: A is for Advanced. These courses are for children turning 10 in 2018, or younger who can navigate the course without an adult shadowing. No "shadows" allowed. In the A classes, awards will be given to all place getters. Those who miss out on a place will receive an encouragement award.
- Start Procedure A 2-minute start sequence will be used on each day. The starter will not repeat information provided in published event information. Clear and check your SI stick before entering the pre-start.

Competitors enter the pre-start area when the pre-start clock shows your race time (call up time). This will be 6-minutes before your official start time. Your name and the last two numbers on your SI stick will be checked by the officials, so please ensure your stick is clearly visible and that it has been cleared. Only competitors missing from the pre-start area will be called by name.

At the 4-minute mark, starters will progress to a table to collect control descriptions for their course.

At the 2-minute mark, starters will progress to their map box, which will be marked with the course number and age class. The starter will give any special instructions. The competitor is responsible for checking the map is for the correct course. You will be permitted to briefly turn the map over and check the course name. If you do not appear to have the correct map, draw this to the attention of the start official immediately.

A pen will be provided for you to write your name on the back of the map. It's important to be sensible and write your correct name, just in case an SI unit fails, and you hand punch in the reserve punch boxes. If this happens your map will be required for verification by the finish team and organiser.

Please ensure that you only pick up one map. On the final "beep" of the start clock competitors must **punch the start SI-unit** and then follow the streamers to the start triangle as marked on their map and on the ground. A stand with a blank control flag with no SI unit will be placed at the start location.

- Start Facilities

Toilet: Day 1 – the assembly area toilets are close to the start. Day 2 – please ensure you have gone to the toilet before heading to the start. A toilet for officials may be present if the ground is not too hard to dig!

Start List: A copy of the start list will be made available

Water: Water will be provided for use at the start only. Brisbane is hot and humid, you will need water, so please provide your own water in a water bottle or camelback for while you are out on the course.

Clothing Return: There will be no clothing return available

- Starts for the Officials: Officials may be allocated early or late starts.
- Late Starts: Competitors who miss their allocated start time on any day should report to the Pre-start officials who will direct them to the late Start Official. They will be started as soon as possible but will be regarded as having started at the time stated on the official start list, unless the organisers are at fault.

## FINISH INFORMATION

- Finish Procedure After punching the last control, all competitors must navigate to the Finish Banner where there will be multiple SI finish units on stands. You must punch one of these.

After finishing you will be asked to place your map in the appropriate box for your course before proceeding to the Finish Tent to have the information on your SI stick downloaded into the computer. A print out of your split times will be made available. If you have had to use the punch boxes on your map because a unit has failed, please notify Finish Officials so they can take your map and verify the punch marks.

If you are using a rental SI stick and/or a borrowed compass and this is your last event, please return the stick/compass to finish official after completing the download process.

You must report to the finish even if you have not completed your course. At the closure time, you must return to the Finish as soon as possible or a search will be mounted for you. Go to the Finish Control and proceed up the Finish Chute. If injury prevents you from doing this, please ensure that your return to the Assembly Area is reported to Registration. The officials will pass the information onto the Finish Team.

- Map Return Maps will be available for collection after last starts on Day 2. They will be distributed in boxes according to course numbers. You will find the map return close to the Registration Tent. Please take the map with your name on it. For anyone who did not start, your maps will be put aside, so you will need to ask the Registration Official for your map.
- Results Display Provisional results will be displayed on a results display as soon as possible after each competitor has finished. Queries about results are to be made at the Registration Tent and not at the Finish Tent. Please do not disturb the Finish Officials.
- Comments Registration will have a comments book for you to write comments in. The comments book will be read by the organiser and controllers. Please do not disturb the Finish Officials.
- Complaints and Protests Complaints and protests will be handled under Orienteering Australia rules. A complaint can be made orally or in writing to the organiser (or a representative at registration) as soon as possible after the results for an age class are complete. Complaints will be adjudicated by the organiser. The complainant shall be informed about the decision immediately. If the complainant is still dissatisfied, they may lodge a formal protest in writing no longer than 15 minutes after being informed of the dismissal of the complaint. A jury appointed by the organiser and approved by the controller will consider all protests. The controller will chair the jury meeting but will not vote on the outcome. The decision of the jury will be final. There is no fee for lodging a complaint or protest.
- Restrictions We ask that you respect the land and keep disturbance to a minimum. In places we will be very close to neighbouring landowners and their residences.  
  
In keeping with Orienteering Queensland policies, competitors, spectators and officials are requested to abide by our rules of No smoking, No fires, No dogs and No littering at the event, this includes in the Assembly Area.
- Out-of-Bounds Areas Competitors and spectators must obey all out-of-bounds signs and keep within designated areas on both days, both near the assembly area and along the route to the start. Any competitor seen in an out-of-bounds area without permission of the organiser, whether before or after their run, will be disqualified.

## MAP DETAILS

Competitors at this year's state championships will enjoy an amazing variety of terrain, from undulating spur/gully to steep slopes with deep gullies, from subtle erosion to detailed mining areas, from super fast running (even faster than Stockyard Creek) to slow areas not unlike Buhot Creek, and the longer courses will also enjoy the challenge of crossing Buhot and Tingalpa Creeks. Some of the area has been used before (parts of the old Stockyard South and Buhot North maps) but we also have heaps of new land recently acquired by BCC and RCC.

### Day 1 Saturday 18<sup>th</sup> August

Map: *Buhot Creek North* a new map which merges the former *Buhot Creek North* and *Stockyard Creek South* maps with areas we have recently acquired permission to use.

Scale: 1:10,000

Course Setter: Mark Nemeth

Controller: Geoff Peck

Landowners: Redland Shire Council and Brisbane City Council

Terrain and vegetation: Forested hillsides, steep in places, with many gullies. Some earthworks associated with investigations for hard rock quarrying. The forest is fast except along the main creek and some occasional areas of lantana. A network of fire trails are found throughout the area. A large power line cuts through the area.

Starts: Start times will be from 12:30 pm. The pre-start is located adjacent to the assembly area to the south west along the track.

Out-of-Bounds: All adjoining land is private property. Please stay out of private property (marked as out of bounds on the map).

Course closure: Course closure will be 4:00 pm

### Day 2 Sunday 19<sup>th</sup> August

Map: *Tingalpa Creek* a new map which merges *Buhot Creek North*, *Stockyard Creek South* with areas we have recently acquired permission to use.

Scale: 1:10,000

Course Setter: Mark Nemeth

Controller: Geoff Peck

Landowners: Redland Shire Council, Brisbane City Council and the State of Queensland.

Terrain and vegetation: Forested hillsides, steep in places, with many gullies. Some earthworks associated with investigations for hard rock quarrying. The forest is very fast except along the main creek and some occasional areas of lantana. There are some areas of revegetation that are slower. A network of fire trails are found throughout the area. A large power line cuts through the area.

Starts: Start times will be from 9:00 am. There is a 1 km walk (45 m climb) to the pre-start mostly on tracks. Head past the Day 1 start and follow the streamers.

Out-of-Bounds: All adjoining land is private property. Please stay out of private property (marked as out of bounds on the map). Some of the courses pass close to a revegetation area which is marked as out-of-bounds. This is a work site and competitors must stay out.

Course closure: Course closure will be 1:00 pm

## DAY 1 AND DAY 2 COURSE DETAILS

Note: Details correct at time of compilation. In the event of a burn off occurring prior to the event then some late changes may be required.

Course	Day 1		Day 2		Class		
	Distance (km)	Climb (m)	Distance (km)	Climb (m)	Men	Women	Open
Hard 1	6.2	320	9.5	475	M21A		
Hard 2	5.0	290	7.6	400	M-20A M35A M45A	W21A	
Hard 3	3.6	210	5.6	280	M21-34AS	W-20A W35A	
Hard 4	3.3	180	5.0	250	M-16A M35-44AS M55A	W45A	
Hard 5	2.9	160	4.5	230	M-20AS	W-16A W21-34AS W55A	
Hard 6	2.3	110	3.9	195	M65A M45-54AS	W-20AS W35-44AS	
Hard 7	1.9	115	3.4	170	M55+AS M75A	W65A W45-54AS	Open Hard
Hard 8	1.4	70	1.9	115	M85+A	W75A W85+A W55+AS	
9 Moderate	2.9	175	3.4	215	M-14A M Junior B		M Open B
10 Moderate	2.3	140	2.6	160		W-14A W Junior B	W Open B
11 Easy	1.7	90	2.0	95	M-12A	W-12A	Open Easy
12 Very Easy	1.4	70	1.4	40	M-10A	W-10A	M/W-10N Open Very Easy